Colchester County High School for Girls
Parent Weekly Bulletin
24 November 2023

Term Dates 2023 – 2024

Autumn Term
Monday 4 September
Wednesday 20 December

Spring Term
Thursday 4 January
Thursday 28 March
Bank Holiday
Friday 29 March

Half Term
Monday 19 February
Friday 23 February

Summer Term
Monday 15 April
Tuesday 23 July
Bank Holiday
Monday 6 May

Half Term
Monday 27 May
Friday 31 May

Non-Pupil Days
Wednesday 20 December
Thursday 4 January
Friday 5 January
Monday 22 July
Tuesday 23 July

Term dates 2024-2025

Autumn Term
Monday 2 September
Friday 20 December
Half Term
Monday 28 October
Friday 1 November

Spring Term
Monday 6 January
Friday 4 April
Half Term
Monday 17 February
Friday 21 February

Summer Term
Tuesday 22 April
Tuesday 22 July
Half Term
Monday 26 May
Friday 30 May

Bank Holiday
5 May

Non – Pupil Days
Monday 2 September
Monday 23 September
Tuesday 1 October
Thursday 24 October
Friday 25 October
Friday 20 December
Monday 21 July
Tuesday 22 July

Safeguarding: Never Acceptable
to report a concern:
Click Here to make an Anonymous Report
Link to Whisper an anonymous third-party service for CCHSG

Dates for Your Diary

Monday **Week B**	Nov	27	Cyberfirst Girls Competition Online Y8 Parent Afternoon Tea with WARMS 13:45 – 15:00 Y12 Assembly in the Hall Y11 Mock Examinations all week Y8 PC1 to Parents Y12 PC1 to Parents
Tuesday	Nov	28	Y9 Religion & Worldviews Matrix Day (9AA,9BB & 9CC) Y10 Assembly in the Hall Y13 History Tudors Conference
Wednesday	Nov	29	
Thursday	Nov	30	Y12 Parent Consultation Evening UCAS Remaining Course Deadline
Friday	Nov	31	Y8 Assembly in the Hall DofE Group A Training Session 2 15.45- 17.30

A parent calendar is available on the school website (link)

The Sixth Form at CCHSG
Applications for Sixth Form are now open and can be submitted using this link. Colchester County High School for Girls Sixth Form Application Form (24 Entry) (office.com)

Nut Free School
We ask everyone to ensure no nuts or nut products are brought into school. This includes during travel to and from school via public or shared transport. Thank you.

Votes for schools
This week's topic was: Would you know how to support a friend if someone important to them died?

Winter Concert
CCHSG Winter Concert – Tuesday 5 and Wednesday 6 December
Start your festive season with the CCHSG Music Department's annual Winter Concert, a celebration on the theme of colour. Tickets now available at £8 via https://www.trybooking.co.uk/CSZF

Parent Voice
We wish to invite members of our parent body to the reintroduction of our termly Parent Voice Forums.
The first in person meeting will be held on Thursday 07 December from 10.30 to 11.30, where we will be asking for your views on school communication.
In order to attend the meeting please complete the electronic form via the link: Parent Voice meeting by Tuesday 5 December

Mock interview support
Our Sixth Form are currently preparing for their university interviews for Oxbridge and subjects which include Medicine, Veterinary Science, Dentistry, English, Philosophy, Geography, History, Engineering, Music, Law, Languages, Computing, Mathematics, Politics & International Relations, Sports & Exercise Science, Psychology, Economics & Finance and Optometry. If you would be willing to conduct interviews to support our Sixth Form mock interview programme, which will be taking place over the next couple of weeks, please contact us via this link Mock interview support

Parent Weekly Bulletin
24 November 2023

Term and Holiday Dates – Academic Year 2024-2025
Please find attached a summary of the term and holiday dates for the next academic year.

Mock Examination Period
During the mock examination period, all students are expected to attend school as normal. Any absence to revise from home will not be authorised.

Curricular and Enrichment Activities
Please continue to use schoolcloud for signing up to clubs. New PE clubs are now available. SchoolCloud - Colchester County High School for Girls

RA Young Artists' Summer Show
Do you know a young artist? Registration and submissions for the Young Artists' Summer Show 2024 open soon. Why not use the Christmas Holidays to get creative? Registration and submissions are open from 8 January – 27 March 2024.
Young Artists' Summer Show | Royal Academy

Mathematics Revision Sessions
Please see the table below regarding the revision sessions that the Mathematics department are running

	Week A	Week B
A Level	Pure Thursday 19.00 on TEAMS Mrs Roshen	Statistics Wednesday 20.00 on TEAMS Mrs Bradnum
	Thursday Lunch selected students Mrs Roshen M11	Mechanics Wednesday lunch Mr Glease M6
	FM Core Pure Wednesday 20.00 Mrs Bradnum	
Year 12	Homework support, Wednesday Lunch Mr Glease	
GCSE Revision	Friday open to all Mrs Burnett M9	Thursday open to all Mrs King M8
Add Maths	Wednesday Year 10 Mrs Kordzaia Humphreys M11 Year 11 Mr Walsh M12	Wednesday Year 10 Mrs Kordzaia Humphreys M11 Year 11 Mr Walsh M12

Y13 Chemistry Revision 12.45 in G20

Thursday 16 November	Alkanes
Thursday 23 November	Alkenes
Thursday 30 November	Alcohols
Thursday 7 December	Haloalkanes
Thursday 14 December	Organic Synthesis
Thursday 11 January	Analytical Techniques (IR, MS and Spectroscopy)
Thursday 18 January	Aromatics & Carbonyls
Thursday 25 January	Carboxylic Acids & Esters
Thursday 1 February	Nitrogen Compounds

Parent Weekly Bulletin
24 November 2023

Sports Fixtures

Date	Time	Event/Fixture	Against	Location	Years
28.11.23	14:15-18:00	U14 Netball Essex Cup	St Marks	St Marks	Year 8 and 9
28.11.23	15:45-17:15	Central Venue Netball Tournament	Various	Philip Morant	Year 7
29.11.23	12:30-18:30	Lee Valley Indoor Athletics FINALS	Various	Lee Valley	Year 8 and 9
30.11.23	15:45-17:00	Colchester League Netball match	Paxman	Paxman	Year 11

Careers
Careers Lead – Mr Summers
Careers Appointments with our advisor Ms Poyser are available. Students who wish to make an appointment may list their name on the sign-up sheet on the M-Block Office Door opposite M8. Students will be emailed with confirmation of their appointment and date.

Wellbeing Information
Any student who feels they need wellbeing support, should contact any of the following:
EWMHS: 0800 953 0222
Young Minds: https://www.youngminds.org.uk/
Kooth: https://www.kooth.com/
Sexual abuse or harassment can also be reported to neveracceptable@cchsg.com or see the anonymous reporting link on the front of the Bulletin.
Childline: 0800 1111 NSPCC: 0808 800 5000
The School Nurse and School Counsellor are available for student appointments.

Parent invite to Coffee with WARMS
Mid and North East Essex Mind's WARMS team are offering parent support on a range of topics. This will be a chance to learn Cognitive Behavioural Therapy (CBT) tools and strategies to support both parents and their child, as well as having a group discussion with those experiencing similar difficulties.

Coffee mornings/Afternoon tea	Topic
Monday 27 November- 13:45- 15:00	Emotional Regulation
Monday 5 February- 9.15-10:45	Low Mood/Lack of motivation
Monday 11 March- 13:45- 15:00	Anxiety and worries
Monday 20 May- 9.15-10:45	TBC following previous coffee mornings/afternoon tea
Monday 1 July- 13:45- 15:00	Looking after wellbeing over the summer break

How to book: Please email c.porter@mnessexmind.org at least two weeks before the session you would like to attend.
Please note there are a maximum of 20 spaces per session.

Parent Weekly Bulletin
24 November 2023

MENSA Brainteaser:
Which 6-letter girls names begins this list?
?, had, inland, ran, man, pain

Answer to last week's Brainteaser:
Water, Chemical formulae: $C_2H_4O_2 + C_6H_6O + CO_2 - C_9H_8O_4 = H_2O$

Word of the Week for w/c 27 November
Word of the week is**: Propaganda** information put out by an organisation or government to promote a policy, idea or cause.

Dining Room Arrangements
No coats or bags are permitted in the Dining Hall at breakfast, break or lunchtime. Students should put their coats and bags on the racking.
Breakfast – served between 08.00 – 08.35, accessed via the Dining Hall Extension Doors outside the servery.
Breaktime – Years 7 – 11 Break service in Dining Hall.
Lunchtime – hot food in Dining Hall at allocated time for each Year Group, cold food and pre-ordered panini/sandwiches available from the Snack Shack 12.35 – 13.00. Years 12 & 13 pre-ordered food in Sixth Form Refectory from 12.15.

The hall will be available next week Monday 27 and Tuesday 28 November. Wednesday – Friday students will eat in their tutor bases and will need to be out by 13.00 leaving the classroom clean and tidy.

We strongly suggest students pre-order sandwiches and salad pots to avoid lengthy queues.

Pre-orders must be made by 08.30 via the Civica Eats APP

Please ensure your child's ParentPay meal account is in credit.

Dining Arrangements students to Dining Hall for Lunch:

Week A		**Week B**	
12.35	Y13 , 12, 11	**12.35**	Y 13, 12, 11
12.50	Y 8 & 7	**12.50**	Y 9 & 10
13.00	Y 9 & 10	**13.00**	Y 7 & 8

Students should arrive promptly for their slot

Menu for w/c 27 November

Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
Chilli Con Carnie & Rice	Roast Turkey, Roast Potatoes, Chipolata & Stuffing (G)	Pizza Chips & Salad (D) (G)	Sweet & Sour Chicken Noodles (G) (S)	Fishcake & Green Beans (F) (D) (E) (G)
Mediterranean Pasta & Salad (G) (Vegan)	Rice & Vegetable Bake (D) (G) (E)	Macaroni Cheese & Peas (D) (G)	Vegetable Chilli & Rice (Vegan)	Vegetable Lasagne Salad (D) (G)
Apple & Blackberry Crumble (D) (G)	Chocolate Mousse (D) (E) OR Christmas Pudding (G)	Eton Mess (D) (E)	White chocolate Cheesecake (D)	Sticky toffee pudding & Custard (D) (G) (E)
Pudding £1.30				
Panini £3.30				
Soup of the Day (changes daily) £1.30 with Homemade Bread £0.40				
Soup Butternut Squash & Sweet Potato (Vegan)	Soup Vegetable (Vegan)	Soup Tomato & Basil (D)	Soup Leek & Potato (Vegan)	Soup Carrot & Coriander (Vegan)

Allergen key - Celery (C) Dairy (D) Eggs (E) Fish (F) Gluten (G) Soya (S) Shellfish (C)
Dishes with allergens will be displayed in this key

CivicaEats App
If your child would like to pre order cold food for lunch from the Canteen they can use the CivicaEats App. Your child can pre order sandwiches, cakes, paninis and salads. For more information please contact reception or Mr Martin, Catering Manager.

Parent Weekly Bulletin
24 November 2023

E Safety
With Christmas only a few weeks away, many of our students and their parents will be using social media to share their excitement with friends and family. Being active on social media is a great way to show others how much fun you're having, but it's important that students know how to use these apps safely and securely. By following these social media safety tips in the guide below, they can make sure that their personal information stays private, their postings are positive and that their social media use overall is responsible, healthy and most of all enjoyable.

Correspondence Sent out this Week
Year 7 Bushcraft
Golden Hinde History Trip.
Careers Letter

Deadline for Replies and Payments

Year Group	Trip or Event	Deadline for Response
Y7	Bushcraft	8 December
Y11 History Students	Golden Hinde History Trip	8 January
All Parents	Careers Letter	1 December

Healthy Living Rotation
Y8 8Y Rotation 2 Monday 27 November period 4 and period 5.
Y8 8X Rotation 2 Tuesday 28 November period 2 and period 3.

The recipe and ingredients have been emailed to students and parents.

Lost Property
We urge all belongings to be clearly named.
All unnamed lost property that has been handed is photographed and displayed on SharePoint via CCHSG Lost Property
Items can be collected from Reception and will be kept for two school weeks before being recycled.

CCHSG BYOD Windows 11 Upgrade
If your child has a BYOD device, please see below the dates where we require your child to bring their BYOD device to the ICT Service office for the Windows 11 upgrade.

We will try to get the upgrade completed within the school day but may require your child to pick the device up the following school day. When the device has been dropped off, a ticket will be made on our helpdesk and an email will be sent to your child's school email address when their device is ready to be picked up.

Please note that if your child's device is already running Windows 11, then there is no need for them to bring their device to us. If your child has missed the time below, they should bring their device to ICT Services as soon as possible.

Form Group	Date From	Date To
10C 10E	22/11/2023	24/11/2023
10H 10L	27/11/2023	29/11/2023
10O 10S	29/11/2023	01/12/2023
11C 11E	04/12/2023	06/12/2023
11H 11L	06/12/2023	08/12/2023
11O	11/12/2023	13/12/2023
Catchup for any remaining	13/12/2023	15/12/2023

Parent Weekly Bulletin
24 November 2023

PTFA
Registered Charity No. 1110464

1. Autumn Term Dates for Your Diary

- **Nearly New Uniform Sale:** Saturday 25 November
- **Annual Christmas Market:** Saturday 2 December
- **Winter Concert:** Tuesday 5 and Wednesday 6 December

2. Autumn Term Nearly New Uniform and Books Sale: Saturday 25 November 2023, 10.00-12.30
This term's Nearly New Uniform and Books Sale will take place in the Main Hall, on Saturday 25 November 2023 from 10.00-12.30.

3. Annual Christmas Market: Saturday 2 December 12:00-15:00
The Christmas Market is the biggest event in the PTFA calendar and will be held on Saturday 2 December from 12.00-15.00. This event is a very enjoyable community celebration, which also raises a significant amount of funds for the benefit of students. However, its success each year does rely on the support of a team of amazing parent and staff volunteers. We are now urgently seeking volunteers to run the last few unmanned stalls. If you would like to volunteer to help on our catering or cake teams or you would like to run one of the very popular PTFA games stalls, please sign up via the following link
Christmas Market Volunteer Sign Up

4.Grand Prize Christmas Draw
The PTFA is delighted to announce that the Grand Prize Christmas Draw tickets are now on sale on trybooking.com.
1st Prize: £250 Cash Prize
2nd Prize: Fortnum and Mason Hamper worth £150
- co-sponsored by Seven Seas Bespoke Kitchen Worktops
3rd Prize: Imperial Dinner for Two Restaurant Voucher
sponsored by Lian's Chinese Restaurant in Witham.
Tickets are £5 each and can be purchased by clicking on the following link :https://www.trybooking.com/uk/CWAK
The draw will be held on Friday 15 December at 10.30 am. Winners will be notified via email. Winning ticket numbers, but not the names of the winners, will also be posted in the school's Parent and Staff Bulletins, Facebook Page and on Classlist.

5.Christmas Market Sponsors We are delighted to announce that Colchester Teacher Training Consortium (CTTC) is sponsoring our brand-new Santa's Grotto. Lian's Chinese Restaurant in Witham and Seven Seas Bespoke Kitchen Worktops are both sponsoring our Christmas Raffle. The PTFA is currently searching for sponsors for the Christmas Market. If you own a business or work for a business that would like to sponsor the Christmas Market, please contact cchsgptfa@gmail.com.

6. Donation Station at the Nearly New Uniform Sale: Saturday 25 November
The Christmas Market is fast approaching and the PTFA is appealing for donations support our festive games stalls. We are urgently appealing for:

- **Soft Toys** for our Soft Toy Tombola
- **Books** - both children's and adult fiction or non fiction books for our "Winter's Tale Secret Book Stall"
- **Sweets and chocolate** as small prizes across all our games stalls.
- **Nail polish and temporary children's tattoos** for our "Mrs Claus' Magical Glitter and Tattoo Stall

Could we ask that any donations are brought to our Nearly New Uniform and Books sale where there will be a **Donation Station** on Saturday 25 November from 10.00-12.30. If you would like to support the Christmas Market by donating any of these items, please come along and drop them off to our friendly PTFA volunteers and enjoy a mince pie and hot drink on us. **Please do not send donations into school at any other time. Thank you.**

7.Winter Concert: Tuesday 5 and Wednesday 6 December
The PTFA will be running a licenced bar and refreshments stalls at the Winter Concert. We are appealing for volunteers to run the stalls- if you would like to volunteer, please sign up via the links below.

EVENT	SIGN-UP LINK
Nearly New Uniform and Books Sale and Donation Station: Friday 25 November 2023	https://volunteersignup.org/AJE4L
Christmas Market 2023: Saturday 2 December 2023	https://volunteersignup.org/T4EH4
Winter Concert-Tuesday 5 December 2023	https://volunteersignup.org/9K3J7
Winter Concert- Wednesday 6 December 2023	https://volunteersignup.org/8EQPX

PTFA CONTACTS:
PTFA Chair: Mrs Anni Cullen
https://www.cchsg.com/parent-carers-hub/cchsg-ptfa/

For all enquires related to the PTFA, please email cchsgptfa@gmail.com

PTFA

AUTUMN TERM NEARLY NEW UNIFORM & BOOK SALE

Saturday 25 Nov 2023
10.00 - 12.30
Main Hall, CCHSG

Open to all year groups

As some of the uniform may have been altered, we recommend that you bring your child along with you to try the items before purchasing. You will also need to bring a bag or two for your purchases.

Payment accepted:

Cash or credit/debit cards only.

Email:

cchsgptfa@gmail.com



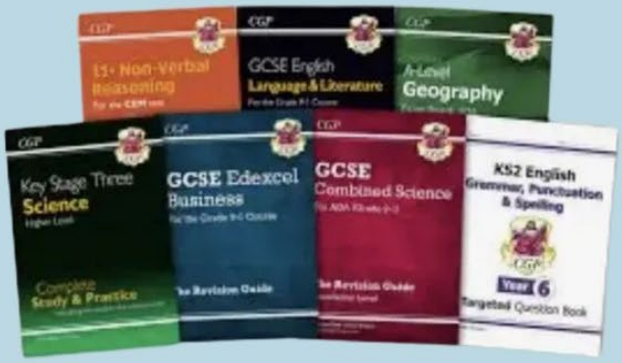






Uniform and book donations gratefully received until Friday 17 November. Please place donations in clearly marked wheelie bins outside reception.







PTFA

CHRISTMAS MARKET

SATURDAY 2 DECEMBER 2023

12NOON - 3PM

- Grand Raffle Draw
- Christmas crafts
- Games with prizes to be won
- Seasonal Gift ideas
- Produce stalls
- Curries, snacks, drinks and cakes (our PTFA Cafe is always buzzing!)
- Live Christmas music and much more!
- FREE parking

FREE ENTRY

Sponsored by:

Beresfords

For stall reservation,
cchsgptfa@gmail.com

Reserve your stall by 3 November 2023. Spaces are limited. Book now to avoid disappointment.

PTFA

CHRISTMAS MARKET 2023

Sponsored by: Beresfords

School's Out INFLATABLE FUN

GRAND PRIZE DRAW

1st Prize

£250

Sponsored by CCHSG PTFA

2nd Prize

Luxury Christmas Hamper

Sponsored by Seven Seas Marble & Granite

3rd Prize

Imperial Banquet for 2

Sponsored by Lian Oriental Restaurant

Scan QR-code for tickets

National Online Safety®

#WakeUpWednesday

12 Social Media Online Safety Tips

FOR CHILDREN WITH NEW DEVICES

With Christmas only a few weeks away, many of you will be using social media to share your excitement with friends and family. Being active on social media is a great way to show others how much fun you're having, but it's important that you know how to use these apps safely and securely so that bad things don't happen. By following our safety tips below, you can make sure that your personal information stays private, your postings are positive and that your social media use overall is responsible, healthy and most of all enjoyable.

1 DON'T ACCEPT FRIEND REQUESTS FROM STRANGERS

Make sure that you set your profile to private so that people you don't know can't find you online. Always tell a trusted adult if a stranger or somebody you don't know sends you a message or a friend request.

2 NEVER SHARE YOUR PERSONAL INFORMATION WITH PEOPLE YOU DON'T KNOW

Keep your personal information personal. Sometime people online aren't always who they say they are and might ask you to share things that you don't feel comfortable sharing.

3 DON'T SHARE EMBARRASSING PHOTOS OR VIDEOS OF OTHERS ONLINE

This could really upset them and could get you into a lot of trouble. Always think twice before posting anything on social media and treat people online as you would in real-life.

4 NEVER SEND NAKED PICTURES OF YOURSELF TO OTHERS

This is illegal if you are under 18 and you could get into trouble with the Police. If you are being pressured by someone, always say no and tell a trusted adult. Even if you think it is innocent fun, the photo could be shared with other people and you won't be able to control who else sees it.

5 CREATE A POSITIVE ONLINE REPUTATION

Always be kind and polite when posting comments on social media and only upload pictures and videos of things you are proud of. This forms part of your digital footprint. Everything you do online can be tracked and monitored and could affect what people think of you in real-life if it is negative.

6 LIMIT YOUR SCREEN TIME

Social media can be addictive, and it is easy to keep checking newsfeeds or your notifications every 5 minutes which can affect your behaviour and stop you from doing other things. Remember to only use your phone at certain times of the day, turn notifications off at bedtime and go out and have as fun as much as possible. This will keep you fit and healthy and make you appreciate there's more to life than just what's on social media.

7 BLOCK ONLINE BULLIES

Sometimes people might say nasty things to you online or post offensive comments on your pictures or videos. If this happens, always tell a trusted adult who will help you block them from your profile and support you in taking further action.

8 REPORT INAPPROPRIATE CONTENT

If you see something on social media that you don't like, offends you or upsets you, you should always report it to a trusted adult. You should also report it to the social media app who will be able to remove the content if it is against their user policy and can block the person who posted it.

9 ONLY USE APPS WHICH YOU ARE OLD ENOUGH TO USE

Before downloading any new social media app, always check the age-rating. If you need help, ask your parent or carer to make sure that the app is safe for you to use and never download anything which you are too young for as it may contain content that isn't safe for you to see.

10 ALWAYS SECURE ALL YOUR SOCIAL MEDIA PROFILES WITH A PASSWORD

This will help to keep your private information safe and won't allow others to access your profiles without your permission. Make sure your passwords are memorable and personal to you but something which other people can't guess, and always share them with your parents just in case you forget them.

11 ASK PARENTS TO SET-UP 'PARENTAL CONTROLS' FOR SOCIAL MEDIA

When you download a social media app, you should always ask a trusted adult to help you set it up for the first time. This will help you control who sees what you post, who can contact you and make sure you are able to enjoy using the app safely and securely.

12 ALWAYS TALK TO YOUR TRUSTED ADULT IF SOCIAL MEDIA IS MAKING YOU UNHAPPY

Sometimes, social media can make us feel bad about ourselves or sad that we aren't the same as someone else or doing the same things as someone else. Remember, if you ever feel this way, it's really important to talk to your trusted adult(s) like your parents, carers, other adult family members or a teacher, all of whom will be able to support you and discuss your feelings with you to help make you feel better.