Colchester County High School for Girls
Parent Weekly Bulletin
20 October 2023

Term Dates 2023 – 2024

Autumn Term
Monday 4 September
Wednesday 20 December

Half Term
Monday 23 October
Friday 27 October

Spring Term
Thursday 4 January
Thursday 28 March
Bank Holiday
Friday 29 March

Half Term
Monday 19 February
Friday 23 February

Summer Term
Monday 15 April
Tuesday 23 July
Bank Holiday
Monday 6 May

Half Term
Monday 27 May
Friday 31 May

Non-Pupil Days
Monday 4 September
Monday 25 September
Tuesday 3 October
Friday 20 October
Wednesday 20 December
Thursday 4 January
Friday 5 January
Monday 22 July
Tuesday 23 July

Term dates 2024-2025

Autumn Term
Monday 2 September
Friday 20 December
Half Term
Monday 28 October
Friday 1 November

Spring Term
Monday 6 January
Friday 4 April
Half Term
Monday 17 February
Friday 21 February

Summer Term
Tuesday 22 April
Tuesday 22 July
Half Term
Monday 26 May
Friday 30 May

Bank Holiday
5 May

Non – Pupil Days
TBC

Safeguarding: Never Acceptable
to report a concern:
Click Here to make an Anonymous Report
Link to Whisper an anonymous third-party service for CCHSG

WE WISH ALL STUDENTS AND THEIR FAMILIES A RESTFUL HALF TERM BREAK

Dates for Your Diary

Monday **Week B**	Oct	30	Y12 Assembly in the Hall
Tuesday	Oct	31	DofE Silver and Gold Introductory Session 15:45 – 17:30 Y10 Assembly in the Hall
Wednesday	Nov	1	Y11 GCSE Drama NEA Performance P1 and P2 Y9 Assembly in the Hall
Thursday	Nov	2	Y8 Assembly in the Hall Sixth Form Open Evening **Early Closure 12:35**
Friday	Nov	3	DofE Bronze group A Introductory Session 15:45 – 17:30

Nut Free School
We ask everyone to ensure no nuts or nut products are brought into school. This includes during travel to and from school via public or shared transport. Thank you.

Votes for schools
This week's topic was: Should opinions be shared as part of news reporting?

CCHSG Alumni Network – CCHSG Connect
Over the coming academic year, we will be working with the education charity Future First to help us build an even more thriving professional and social network among our alumni community. We would very much like to get back in touch with past students and enable them to benefit from links to our wider alumni network. In addition, our former students have wide ranging experience and expertise which could be hugely beneficial in informing and inspiring our current students. Please help us reach out to our former students using your own networks. We will be inviting our current students in Years 12 & 13 to join this network and reaching to past students via social media too, but in the meantime, your support in sharing this with past students that you are in contact with is greatly appreciated.
Past students can sign up at: https://www.futurefirsthub.org.uk/register/cchsgconnect or scan the QR-code

Vaccinations
Catch up Flu vaccination Clincs are now running for any students that missed the vaccination, please poster below.

Parent Elected Governor
We would like to thank those parents that submitted their votes. We are delighted to announce that Mr Paul Archer has been elected to the Parent Governor vacancy. The appointment will be noted at the Local Governing Board in November and final approval will take place at the Trust Board meeting in December. We would also like to thank Mr Kakaraparthi, Mr Majevadia and Mr Umurzoqova for putting themselves forward for this role and for supporting the students and staff at the school.

Y11 CCHSG Sixth Form Open Evening – Thursday 2 November 18.00 – 20.30
Y11 students and parents are invited to find out more about life in our Sixth Form at our Open Evening. There will be a welcome from Mrs Marshall, Mrs Hughes, Dr Parrott and our Sixth Form students in the Hall 18.30-19.00. The Sixth Form will be open for tours and staff and students will be available to discuss subject choices.

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Early School Closure on Thursday 2 November 2023
On Thursday 2 November, we are holding our Sixth Form Information Evening. This is an opportunity for our current Year 11 students and their parents, as well as students from other schools, to come and discuss the work and life in our Sixth Form.
Formal lessons finish at 12.35 on this day and students will leave school at this time, to aid staff in the preparation for this very busy evening. It is not possible for us to arrange for the school buses that transport students from surrounding schools to arrive early, therefore parents need to make appropriate arrangements for your child to travel home.
Students who have free school lunches or who require lunch may still do so, a limited lunch service will be available in the Dining Hall.
If suitable arrangements cannot be made for your child to travel home at 12.35 students can remain in school to work on her studies under supervision until 15.35. Please indicate if your child will remain in school by using the electronic consent form, which can be found following this link: Consent for Early Closure Supervision.
It is important that all parents record their preference via this electronic form so the school is aware of who will be remaining in school so that suitable arrangements can be made. Students will be informed of the supervision arrangements nearer the time.
Please complete the electronic consent form by Monday 30 October 2023.

Curricular and Enrichment Activities

Mathematics Revision Sessions
Please see the information below regarding revision sessions that the Mathematics department are running

Oxbridge Physics Club – G2 Thursday Lunchtime:
If students are considering applying to Oxbridge for the Physical Sciences they should come along. We will be going through the application process, the entrance exams, and mock interview questions.

Sci-fi and Science Documentary club - G3 Tuesday:
If your child enjoys watching either science fiction or science documentaries, then they should come along to G3 with their lunch.

Winter Concert Auditions
If any students sing or play an instrument or are looking for a performance opportunity then they should come and audition on Wednesday 1 November at 3:35-5pm in M2 They will need to prepare a piece on the theme “songs with colours in the title” e.g., Mr Blue Sky. All instruments, all grades, and all year groups welcome.

Sports Fixtures

Date	Time	Event/Fixture	Against	Location	Years
31.10.23	15:35-17:30	Colchester Netball League Match	Paxman	Paxman School	Year 11
31.10.23	15:45-17:00	Colchester Netball League Match	TLA	CCHSG	Year 9
01.11.23	15:45-17:00	Colchester Netball League Match	TLA	CCHSG	Year 10
01.11.23	13:30-17:30	Cross Country	Various	Mayflower School	Year 7-11
02.11.23	15:45-17:30	Netball Central Venue	Various	Philip Morant School	Year 8

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Careers
Careers Lead – Mr Summers
Careers Appointments with our new advisor Ms Poyser are available. Students who wish to make an appointment may list their name on the sign-up sheet on the M-Block Office Door opposite M8. Students will be emailed with confirmation of their appointment and date.

Wellbeing Information
Any student who feels they need wellbeing support, should contact any of the following:
EWMHS: 0800 953 0222
Young Minds: https://www.youngminds.org.uk/
Kooth: https://www.kooth.com/
Sexual abuse or harassment can also be reported to neveracceptable@cchsg.com or see the anonymous reporting link on the front of the Bulletin.
Childline: 0800 1111 NSPCC: 0808 800 5000
The School Nurse and School Counsellor are available for student appointments.

Parent invite to Coffee with WARMS
Mid and North East Essex Mind's WARMS team are offering parent support on a range of topics. This will be a chance to learn Cognitive Behavioural Therapy (CBT) tools and strategies to support both parents and their child, as well as having a group discussion with those experiencing similar difficulties.

Coffee mornings/Afternoon tea	Topic
Monday 27 November- 13:45- 15:00	Emotional Regulation
Monday 5 February- 9.15-10:45	Low Mood/Lack of motivation
Monday 11 March- 13:45- 15:00	Anxiety and worries
Monday 20 May- 9.15-10:45	TBC following previous coffee mornings/afternoon tea
Monday 1 July- 13:45- 15:00	Looking after wellbeing over the summer break

First Draw for the CCHSG 500 Club 2023/24 - 18 October
We are very grateful to all those parents and staff who have purchased tickets for the CCHSG 500 Club this academic year. The prize winners of the first draw of ten were:
1st Prize – £102.00 - Ticket number 279380-4041533 (Parent of Year 7 student)
2nd Prize – £61.20 - Ticket number 279380-4012205 (Parent of Year 7 student)
3rd Prize – £40.80 - Ticket number 279380-3918751 (Parent of Year 8 student)

Draw 2 for 2023/24 academic year to be held on Wednesday 15 November 2023
Tickets are still available to purchase for the remaining 9 draws via https://www.trybooking.co.uk/CNQO
Membership takes the form of a one off payment of £40, which entitles participants to be entered into monthly draws.

All the funds raised will go directly towards the provision of additional resources and equipment.
Visit https://www.cchsg.com/about-cchsg/the-500-club/ for further details and Club Rule

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This week at Colchester Teacher Training Consortium
This week we welcomed some of our mentors to the Centre for a day's Level 2 training on Instructional Coaching. Instructional Coaching is a key aspect in trainee's weekly meetings with their mentors. In the training mentors refined target setting for trainees and rehearsed deliberate practice strategies, which allows trainees to practice teaching elements within the safety of a mentor meeting before trying it out in the classroom. We are grateful for the support and guidance the mentors provide for our trainees and would like to take this opportunity to publicly thank them for their work.

MENSA Brainteasers
Which mathematician is hiding in this sequence?
8, 34, 1, 610, 377, 1, 2, 2, 34

Answer to last week's brainteaser:
The list. The words are anagrams of rose, leek, shamrock and thistle which are symbols of parts of the UK. THE LIST is an anagram of thistle.

Word of the Week for w/c 30 October
Word of the week is**: Indispensable** Meaning extremely desirable or useful, or not to be done without.

Dining Room Arrangements
No coats or bags are permitted in the Dining Hall at breakfast, break or lunchtime. Students should put their coats and bags on the racking.
Breakfast – served between 08.00 – 08.35, accessed via the Dining Hall Extension Doors outside the servery.
Breaktime – Years 7 – 11 Break service in Dining Hall.
Lunchtime – hot food in Dining Hall at allocated time for each Year Group, cold food and pre-ordered panini/sandwiches available from the Snack Shack 12.35 – 13.00. Years 12 & 13 pre-ordered food in Sixth Form Refectory from 12.15.

Students in Years 7 – 11 can eat their packed lunches, school sandwiches and paninis in the Hall from 12.35 – 13.00.

We strongly suggest students pre-order sandwiches and salad pots to avoid lengthy queues.

Pre-orders must be made by 08.30 via the Civica Eats APP

Please ensure your child's ParentPay meal account is in credit.

Dining Arrangements students to Dining Hall for Lunch:

Week A		**Week B**	
12.35	Y13 , 12, 11	**12.35**	Y 13, 12, 11
12.50	Y 8 & 7	**12.50**	Y 9 & 10
13.00	Y 9 & 10	**13.00**	Y 7 & 8

Students should arrive promptly for their slot

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Menu for w/c 30 October

Monday	Tuesday	Wednesday	Thursday	Friday
Lamb Fried Rice	Spaghetti Bolognese & Sweetcorn (G)	Burger Chips & Salad (G)	Chicken fajita fried rice	Breaded Cod Fish Finger Roll & Salad (F) (D) (E) (G)
Vegetable Pasta & Salad (G) (Vegan)	Sweet potato dhal Pie & Salad (Vegan)	Macaroni Cheese & Peas (D) (G)	Vegetable Chilli & Rice	Cheese, Onion & Potato Tart Salad (D) (G)
Chocolate Sponge & Chocolate Sauce (D) (E) (G)	Blackberry & Apple Crumble (D) (G)	Cheesecake (D)	Lemon meringue pie	Pancakes (D) (E)
Pudding £1.30				
Panini £3.30				
Soup of the Day (changes daily) £0.60 with Homemade Bread £0.40				
Soup Vegetable (Vegan)	Soup Carrot & Coriander (Vegan)	Soup Tomato & Basil (D)	Soup Leek & potato (Vegan)	Soup Butternut squash & Sweet potato (Vegan)

Allergen key - Celery (C) Dairy (D) Eggs (E) Fish (F) Gluten (G) Soya (S) Shellfish (C)
Dishes with allergens will be displayed in this key

CivicaEats App
If your child would like to pre order cold food for lunch from the Canteen they can use the CivicaEats App. Your child can pre order sandwiches, cakes, paninis and salads. For more information please contact reception or Mr Martin, Catering Manager.

Correspondence Sent out this Week
Y7 Parent Tutor Consultation Evening
Netball Dress letter (Selected Students)
Ski Trip Information Evening (Selected Students)
Sixth Form Open Evening (Y11 students)
Sixth Form Taster Day (Y11 Students)
Computer Science Revision and Exams Clincs (Selected Students)
DofE Bronze Group A Award Scheme (Selected Students)
DofE Bronze Group B Award Scheme (Selected Students)
Sixth Form Evening Early closure letter (All students)

Deadline for Replies and Payments

Year Group	Trip or Event	Deadline for Response
Selected	DofE Bronze Group A Award Scheme	31 October
Selected	DofE Bronze Group B Award Scheme	31 October

Healthy Living Rotation
Y8: 8X Rotation 2 Will have their session on Tuesday 31 October Period 2 and Period 3
The recipe and ingredients have ben emailed to students and parents.

Lost Property
We urge all belongings to be clearly named.
All unnamed lost property that has been handed is photographed and displayed on SharePoint via CCHSG Lost Property
Items can be collected from Reception and will be kept for two school weeks before being recycled.

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PTFA
Registered Charity No. 1110464

1. Autumn Term Dates for Your Diary

- **Christmas Market Planning Meeting:** Monday 30 November 2023
- **PTFA Meeting:** Monday 6 November 2023 (via TEAMS)
- **Nearly New Uniform Sale:** Saturday 25 November 2023
- **Annual Christmas Market:** Saturday 2 December

2. New Year 7 Welcome Party

The PTFA was delighted to welcome so many new Year 7 students and parents attending the Welcome Party last Friday. DJ Scott Dewing was amazing as always in the student disco, and the canapes provided by Nikki's Kitchen and Dan Cook from Cooksters catering in the parent reception were as always, well received. The PTFA raised £916.03, after catering and entertainment expenses. Sincere thanks goes to all the PTFA volunteers and school staff who helped to make this a fantastic night for everyone. An extra special thank you goes to the 25 Sixth Form volunteers, who gave up their Friday night to come and help the event run smoothly.

3. Christmas Market Planning Meeting: Monday 30 October 2023 7pm-9pm

The next Christmas Market Planning Meetings will take place on Monday 30 October. For anyone interested in catering planning, please join the meeting via Microsoft Teams at 7pm. The meeting will last for an hour until 8pm. If you are interested in helping to run a PTFA stall or assisting with Santa's Grotto, then please join the meeting from 8pm-9pm. Anyone who is interested in both catering and stall planning is of course welcome to join the meeting from 7pm-9pm. You can join the meeting on Teams via the following link: Christmas Market Planning Meeting

4. PTFA Meeting: Monday 6 November 2023 6.30pm-8.00pm

The next PTFA meeting will be held on Monday 6 November from 6.30pm to 8.00pm. In order to facilitate the attendance of parents who cannot make the meetings in person at the school, the PTFA have made the decision to hold the PTFA meetings via Teams in future. The Annual General Meeting every September will remain an in-person meeting to be held at CCHSG, but the termly ordinary PTFA meetings will now move online. To join the meeting via Microsoft Teams, please click on the following link: PTFA Meeting

5. Autumn Term Nearly New Uniform and Books Sale: Saturday 25 November 2023 10.00-12.30

This term's Nearly New Uniform and Books Sale will take place in the Main Hall, on Saturday 25 November 2023 from 10.00-12.30. We appeal for donations of clean, good quality uniform items that your child has outgrown and revision books. Donations can be deposited in the clearly marked blue wheelie bins outside the school reception. Please send donations by **Friday 17 November t**o allow the PTFA uniform team to prepare all items for sale. Please sign up via the link below if you would like to help at the sale. Thank you in advance for your continued support.

6. Annual Christmas Market: Saturday 2 December

The Christmas Market is the biggest event in the PTFA calendar and will be held on Saturday 2 December from 12pm-3pm. This event raises an amazing amount of funds for the PTFA, but we could not do this without a team of dedicated volunteers. We are in need of volunteers to help run the various PTFA stalls, to assist on the catering team and with clearing up after the event. This year's catering theme will be 'Around The World'.
To make this a success, we are appealing to all parents across the school community to join our Catering and Beyond team. If you are interested please email cchsgptfa@gmail.com

7. Christmas Market Sponsors

The PTFA is currently searching for sponsors for the Christmas Market. If you own a business or work for a business that would like to sponsor the Christmas Market, please contact cchsgptfa@gmail.com.

8. Beresford's Marketing Boards

The Christmas Market is once again being sponsored by Beresford's estate agents who will be printing and displaying boards advertising the market, outside properties across the CO and CM postcodes. The boards do make an incredible impact on footfall through the market and therefore our ability to raise funds. If you own a property in the CO or CM postcodes and would like to support the Christmas Market and join the marketing board list, please email cchsgptfa@gmail.com by Wednesday 25 October at the latest.

9. Volunteer Sign Up Links

None of our planned events can run without the kind support of volunteer staff/parents/carers. Could you help? To sign-up, please click on the link for the individual event to go to the sign-up sheet.

EVENT	SIGN-UP LINK
Nearly New Uniform and Books Sale: Friday 25 November 2023	https://volunteersignup.org/AJE4L

PTFA CONTACTS:
PTFA Chair: Mrs Anni Cullen
For all enquires related to PTFA, email cchsgptfa@gmail.com
https://www.cchsg.com/parent-carers-hub/cchsg-ptfa/

CAN YOU HELP?

Advertise our most popular annual event with a

Beresfords Estate Agents Advertising Board

Do you own a property in COLCHESTER or CHELMSFORD which is in a prominent location with public access and visibility and would like to volunteer your address?

Boards are installed no more than 3 weeks before the event and removed during the week afterwards. Family and friends can also volunteer.



GET IN TOUCH TODAY!

cchsgptfa@gmail.com

with the following information:

- full address
- preferred contact email
- preferred contact number

PTFA

Thank you for your support!

For all things CCHSG PTFA related, visit
www://cchsg.com/parent-carers-hub/cchsg-ptfa/

Revision Sessions Mathematics Department 2023 -2024

WEEK A	WEEK B
Pure Thursday 7:00 pm (teams) Mrs Roshen	Stats Wednesday 8:00pm (teams) Mrs Bradnum
Thursday lunch selected students Mrs Roshen	Mechanics Wednesday Lunch Mr Glease
FM Core Pure Wednesday 8:00pm (teams) Mrs Bradnum	

Y13 Pure Maths, Statistics

Additional Maths

YEAR 10	**YEAR 10**
WEEK A	WEEK B
Wednesday M8	Wednesday M8
Year 11	**Year 11**
Wednesday M12	Wednesday M12

GCSE Revision

WEEK A	WEEK B
Mrs Burnett Friday Lunchtime M9	Mrs King Thursday Lunchtime M8

Y12 Homework Correction Support

WEEK A
Mr Glease Wednesday Lunchtime M10

NHS
Essex Partnership University
NHS Foundation Trust

FLU VACCINE CATCH UP CLINICS

Has your child missed their school vaccinations?

We are running catch up clinics in north east Essex for flu.

Your nearest catch up clinics this winter:

- **Clacton**
  14 & 23 October & 18 November
- **Colchester:**
  24 October, 4 November & 16 December
- **Harwich:**
  25 October & 2 January

It's easy to catch up.
Book your nearest clinic NOW on 0300 790 0597 or for more information on missed vaccinations.



#DOYOURBITESSEX