Colchester County High School for Girls
Parent Weekly Bulletin
13 October 2023

Term Dates 2023 – 2024

Autumn Term
Monday 4 September
Wednesday 20 December

Half Term
Monday 23 October
Friday 27 October

Spring Term
Thursday 4 January
Thursday 28 March
Bank Holiday
Friday 29 March

Half Term
Monday 19 February
Friday 23 February

Summer Term
Monday 15 April
Tuesday 23 July
Bank Holiday
Monday 6 May

Half Term
Monday 27 May
Friday 31 May

Non-Pupil Days
Monday 4 September
Monday 25 September
Tuesday 3 October
Friday 20 October
Wednesday 20 December
Thursday 4 January
Friday 5 January
Monday 22 July
Tuesday 23 July

Term dates 2024-2025

Autumn Term
Monday 2 September
Friday 20 December
Half Term
Monday 28 October
Friday 1 November

Spring Term
Monday 6 January
Friday 4 April
Half Term
Monday 17 February
Friday 21 February

Summer Term
Tuesday 22 April
Tuesday 22 July
Half Term
Monday 26 May
Friday 30 May

Bank Holiday
5 May

Non – Pupil Days
TBC

Safeguarding: Never Acceptable
to report a concern:
Click Here to make an Anonymous Report
Link to Whisper an anonymous third-party service for CCHSG

Dates for Your Diary

Monday **Week A**	Oct	16	GCSE Music Solo performances Y13 Assembly in the Hall Y11 PC1 to Parents
Tuesday	Oct	17	Y8 Biology Visit to Colchester Zoo Y11 Assembly in the Hall
Wednesday	Oct	18	University Admission Testing (BMAT, ENGAA, NSAA, TSA and TMUA) Y9 Assembly on TEAMS Y11 Parent Consultation Evening
Thursday	Oct	19	Oxford Admissions Tests (CAT, ELAT, GAT and MAT) Y9 Assembly on Teams
Friday	Oct	20	Non Pupil Day Y13 Geography Field trip to Iceland

The school calendar is available on the school website (link)

Nut Free School
We ask everyone to ensure no nuts or nut products are brought into school. This includes during travel to and from school via public or shared transport. Thank you.

Votes for schools
This week's topic was: Are Black British women's stories told in our history?

Launching CCHSG 500 Club 2023/34
We would like to thank all those students (over 16 only), staff, parents and carers who have supported us in raising £4,144.40 last academic year with a total of £2,072.20 paid out to winners of the 10 monthly draws.
Would you like to support the CCHSG 500 Club for the 2023/24 academic year (October 2023 – July 2024)? Membership takes the form of a one-off payment of £40, which entitles participants to be entered into ten monthly draws for the prize money of up to £500. All the funds raised will go directly towards the provision of additional resources and equipment for our students.

You can purchase tickets via https://www.trybooking.co.uk/CNQO

Please purchase by 16.00 Tuesday 17 October ahead of the first draw of ten which takes place on Wednesday 18 October 2023.
Visit https://www.cchsg.com/about-cchsg/the-500-club/ for further details and Club Rules.

Curricular and Enrichment Activities

Mathematics Revision Sessions
Please see the information below regarding revision sessions that the Mathematics department are running

Oxbridge Physics Club – G2 Thursday Lunchtime:
If students are considering applying to Oxbridge for the Physical Sciences they should come along. We will be going through the application process, the entrance exams, and mock interview questions.

Sci-fi and Science Documentary club - G3 Tuesday:
If your child enjoys watching either science fiction or science documentaries, then they should come along to G3 with their lunch.

Winter Concert Auditions
If any students sing or play an instrument or are looking for a performance opportunity then they should come and audition on Wednesday 1 November at 3:35-5pm in M2
They will need to prepare a piece on the theme "songs with colours in the title" e.g., Mr Blue Sky.

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Extracurricular activities
Please sign up for all extracurricular clubs via: SchoolCloud - Colchester County High School for Girls

DofE Enrolment for Y10 and Y12
The closing date for DofE Silver (Y10) and Gold (Y12) enrolment is Thursday 19 October at 15:00.

Reimagine 2024 Competition
The Reimagine competition involves creating a short animation/video about tackling climate change. The top three teams will have the opportunity to attend the final awards ceremony at the Science Museum in London.
Students who are interested in graphic design, animation, or climate change, should come to G2 at 12.45 on Monday 16 October to find out more.

Sports Fixtures

Date	Time	Event/Fixture	Against	Location	Years
17.10.23	15:40 – 17:30	Central Venue Netball Tournament	Various	Phillip Morant	Y7
18.10.23	12:45 – 19:00	Lee Valley Indoor Athletics Final	Various	Lee Valley	Y10 & Y11
18.10.23	15:35 – 17:00	Colchester League Netball Match	CRGS	CCHSG	U19 2nd Team
19.10.23	15:35 – 17:00	Colchester League Netball Match	Colchester Academy	CCHSG	Y10
19.10.23	15:35 – 17:00	Colchester League Netball Match	St Benedict's	CCHSG	Y9 & Y11

Y11 Parent Consultation Evening
The Y11 Parent Consultation Evening is on Wednesday 18 October 2023 16.15 to 19.15. Y11 students have been making appointments with their subject teachers.

Careers

Careers Lead – Mr Summers

Careers Appointments with our advisor Ms Poyser are available. Students who wish to make an appointment may list their name on the sign-up sheet on the M-Block Office Door opposite M8. Students will be emailed with confirmation of their appointment and date.

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Wellbeing Information
Any student who feels they need wellbeing support, should contact any of the following:
EWMHS: 0800 953 0222
Young Minds: https://www.youngminds.org.uk/
Kooth: https://www.kooth.com/
Sexual abuse or harassment can also be reported to neveracceptable@cchsg.com or see the anonymous reporting link on the front of the Bulletin.
Childline: 0800 1111 NSPCC: 0808 800 5000
The School Nurse and School Counsellor are available for student appointments.

Coffee with WARMS
Mid and North East Essex Mind's WARMS team are offering parent support on a range of topics. This will be a chance to learn Cognitive Behavioural Therapy (CBT) tools and strategies to support both parents and their child, as well as having a group discussion with those experiencing similar difficulties. Refreshments will be provided.

Coffee mornings/Afternoon tea	Topic
Monday 27 November- 13:45- 15:00	Emotional Regulation
Monday 5 February- 9.15-10:45	Low Mood/Lack of motivation
Monday 11 March- 13:45- 15:00	Anxiety and worries
Monday 20 May- 9.15-10:45	TBC following previous coffee mornings/afternoon tea
Monday 1 July- 13:45- 15:00	Looking after wellbeing over the summer break

How to book: Please email c.porter@mnessexmind.org at least two weeks before the session you would like to attend.
Please note there are a maximum of 20 spaces per session.

This week at Colchester Teacher Training Consortium
This week primary and secondary trainee teachers have continued their weekly training in Centre, and some have started to teach activities in lessons in their placement school.

This week also saw our first Open Evening of the new academic year. It was wonderful to see so many potential trainee teachers visiting our bespoke training centre on site at CCHSG. Applications for teacher training courses starting in September 2024 have opened this week. If you, or someone you know, is interested in finding out more about training to be a primary or secondary teacher from September 2024, please see www.colchesterttc.org.uk for further information or contact us at enquiries@colchesterttc.org.uk or 01206 364728.

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Dining Room Arrangements
No coats or bags are permitted in the Dining Hall at breakfast, break or lunchtime. Students should put their coats and bags on the racking.
Breakfast – served between 08.00 – 08.35, accessed via the Dining Hall Extension Doors outside the servery.
Breaktime – Years 7 – 11 Break service in Dining Hall.
Lunchtime – hot food in Dining Hall at allocated time for each Year Group, cold food and pre-ordered panini/sandwiches available from the Snack Shack 12.35 – 13.00. Years 12 & 13 pre-ordered food in Sixth Form Refectory from 12.15.

The hall will be available for packed lunches Monday 16, Tuesday 17 and Thursday 19 October. On Wednesday 18 October, students will need to eat in their tutor bases and ensure everything cleared away by 13.00

We strongly suggest students pre-order sandwiches and salad pots to avoid lengthy queues.

Pre-orders must be made by 08.30 via the Civica Eats APP

Please ensure your child's ParentPay meal account is in credit.

Dining Arrangements students to Dining Hall for Lunch:

Week A		**Week B**	
12.35	Y13 , 12, 11	**12.35**	Y 13, 12, 11
12.50	Y 8 & 7	**12.50**	Y 9 & 10
13.00	Y 9 & 10	**13.00**	Y 7 & 8

Students should arrive promptly for their slot

Menu for w/c 16 October

Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
Cottage pie & Sweetcorn (D)	Lasagne & Salad (D) (G)	Sausage Chips & Beans (G)	Sweet & Sour chicken, Noodles (G) (S)	**Non Pupil Day**
Vegetable Curry & Rice (Vegan)	Mediterranean pasta & Salad (G)	Macaroni cheese & Peas (D) (G)	Gnocchi in tomato sauce (Salad) (G)	
Syrup Sponge pudding & Custard (D) (E) (G)	Apple Crumble & Custard (D) (G)	Chocolate Mousse (D) (E)	Banana & Toffee Sponge & Toffee sauce (D) (E) (G)	
Pudding £1.30				
Panini £3.30				
Soup of the Day (changes daily) £0.60 with Homemade Bread £0.40				
Tomato & Lentil Soup (Vegan)	Vegetable Soup (Vegan)	Tomato & Basil Soup (D)	Soup French Onion Soup (Vegan)	

Allergen key - Celery (C) Dairy (D) Eggs (E) Fish (F) Gluten (G) Soya (S) Shellfish (C)
Dishes with allergens will be displayed in this key

CivicaEats App
If your child would like to pre order cold food for lunch from the Canteen they can use the CivicaEats App. Your child can pre order sandwiches, cakes, paninis and salads. For more information please contact reception or Mr Martin, Catering Manager.

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Correspondence Sent out this Week
DofE Gold Programme Booklet (All Yr 12 Students)
Sixth Form Non – Uniform Charity Day (Y12 and Y13)
Festival of Learning
Y11 Parent Consultation Evening
Y10 Firstsite Art Trip
Sixth Form Disneyland Letters
DofE Silver Programme Booklet (All Y10 Students)

Deadline for Replies and Payments

Year Group	Trip or Event	Deadline for Response
Selected Students	Festival of Learning	19 October
Y10 Art Students	Firstsite Art Trip	30 October
Selected Students	Sixth Form Disney letter	30 October

Healthy Living Rotation
Y7: 7Y Rotation 1 Will have their session on Monday 16 October Period 4 and Period 5
Y7: 7X Rotation 1 Will have their session on Tuesday 17 October Period 2 and Period 3
The recipe and ingredients have ben emailed to students and parents.

Lost Property
We urge all belongings to be clearly named.
All unnamed lost property that has been handed is photographed and displayed on SharePoint via CCHSG Lost Property
Items can be collected from Reception and will be kept for two school weeks before being recycled.

MENSA Brainteasers
What completes the list?
Sore, Keel, Cosh Mark

Answer to last week's brainteaser:
Answer: (37, 38, 39). These are the smallest triples of consecutive numbers in each language where the last letter of a number is the first letter of its successor.

Word of the Week for w/c 16 October
Word of the week is**: Insidious** meaning slowly and subtly harmful or destructive.

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PTFA
Registered Charity No. 1110464

1. Autumn Term Dates for Your Diary

- **New Year 7 Welcome Party:** Friday 13 October 2023
- **PTFA Meeting:** Monday 6 November 2023
- **Nearly New Uniform Sale:** Saturday 25 November 2023
- **Annual Christmas Market:** Saturday 2 December

2.New Year 7 Welcome Party: Friday 13 October 19.00-21.00
The PTFA is looking forward to welcoming all Year 7 students and their parents/carers to tonight's Year 7 Welcome Party from 19.00 - 21.00.
Students will be entertained with a disco, and vegetarian snacks and drinks will be provided. Please be advised, that students are not permitted to bring mobile phones or recording equipment into the disco. Complimentary canapes will be served at the separate parent reception, and there will be a licensed bar and hot drinks available to purchase.
We will be holding a raffle-**1st Prize** is a meal for two at Lian's Restaurant in Witham.

3. Autumn Term Nearly New Uniform and Books Sale: Saturday 25 November 2023 10.00-12.30
This term's Nearly New Uniform and Books Sale will take place in the Main Hall, on Saturday 25 November 2023 from 10.00-12.30. We appeal for donations of clean, good quality uniform items that your child has outgrown and revision books. Donations can be deposited in the clearly marked blue wheelie bins outside the school reception. Please send donations by **Friday 17 November t**o allow the PTFA uniform team to prepare all items for sale. Please sign up via the link below if you would like to help at the sale. Thank you in advance for your continued support.

4. Annual Christmas Market: Saturday 2 December
The Christmas Market is the biggest event in the PTFA calendar and will be held on Saturday 2 December from 12pm-3pm. This event raises an amazing amount of funds for the PTFA, but we could not do this without a team of dedicated volunteers. We are in need of volunteers to help run the various PTFA stalls, to assist on the catering team and with clearing up after the event. This year's catering theme will be 'Around The World' and we are hoping to offer cuisine from all over the globe, reflecting the incredible diversity in our school community. We will be holding a meeting via Microsoft Teams on Monday 16 October 19.00-20.00 for everyone who wants to get involved in the Christmas Market this year. You can join the meeting via the following link: Christmas Market 2023 Teams Meeting

5.Volunteer Sign Up Links
None of our planned events can run without the kind support of volunteer staff/parents/carers. Could you help? To sign-up, please click on the link for the individual event to go to the sign-up sheet (or copy it into your web browser if clicking does not work).
CCHSG PTFA thanks you in advance for your support.

EVENT	SIGN-UP LINK
Nearly New Uniform and Books Sale: Friday 25 November 2023	https://volunteersignup.org/AJE4L

PTFA CONTACTS:
PTFA Chair: Mrs Anni Cullen
For all enquires related to PTFA, email cchsgptfa@gmail.com
https://www.cchsg.com/parent-carers-hub/cchsg-ptfa/

CAN YOU HELP?

Advertise our most popular annual event with a

Beresfords Estate Agents Advertising Board

Do you own a property in COLCHESTER or CHELMSFORD which is in a prominent location with public access and visibility and would like to volunteer your address?

Boards are installed no more than 3 weeks before the event and removed during the week afterwards. Family and friends can also volunteer.



GET IN TOUCH TODAY!

cchsgptfa@gmail.com

with the following information:

- full address
- preferred contact email
- preferred contact number

PTFA

Thank you for your support!

For all things CCHSG PTFA related, visit
www://cchsg.com/parent-carers-hub/cchsg-ptfa/

Revision Sessions Mathematics Department 2023 -2024

WEEK A	WEEK B
Pure Thursday 7:00 pm (teams) Mrs Roshen	Stats Wednesday 8:00pm (teams) Mrs Bradnum
Thursday lunch selected students Mrs Roshen	Mechanics Wednesday Lunch Mr Glease
FM Core Pure Wednesday 8:00pm (teams) Mrs Bradnum	

Y13 Pure Maths, Statistics

Additional Maths

YEAR 10	**YEAR 10**
WEEK A	WEEK B
Wednesday M8	Wednesday M8
Year 11	**Year 11**
Wednesday M12	Wednesday M12

GCSE Revision

WEEK A	WEEK B
Mrs Burnett Friday Lunchtime M9	Mrs King Thursday Lunchtime M8

Y12 Homework Correction Support

WEEK A
Mr Glease Wednesday Lunchtime M10

Tickets for 2023/24



500 Club

now available via Trybooking

https://trybooking.co.uk/CNQO

(Terms & conditions apply)

Email: 500clubcoordinator@cchsg.com