Colchester County High School for Girls
Parent Weekly Bulletin
29 September 2023

Term Dates 2023 – 2024

Autumn Term
Monday 4 September
Wednesday 20 December

Half Term
Monday 23 October
Friday 27 October

Spring Term
Thursday 4 January
Thursday 28 March
Bank Holiday
Friday 29 March

Half Term
Monday 19 February
Friday 23 February

Summer Term
Monday 15 April
Tuesday 23 July
Bank Holiday
Monday 6 May

Half Term
Monday 27 May
Friday 31 May

Non-Pupil Days
Monday 4 September
Monday 25 September
Tuesday 3 October
Friday 20 October
Wednesday 20 December
Thursday 4 January
Friday 5 January
Monday 22 July
Tuesday 23 July

Term dates 2024-2025

Autumn Term
Monday 2 September
Friday 20 December
Half Term
Monday 28 October
Friday 1 November

Spring Term
Monday 6 January
Friday 4 April
Half Term
Monday 17 February
Friday 21 February

Summer Term
Tuesday 22 April
Tuesday 22 July
Half Term
Monday 26 May
Friday 30 May

Bank Holiday
5 May

Non – Pupil Days
TBC

Safeguarding: Never Acceptable
to report a concern:
Click Here to make an Anonymous Report
Link to Whisper an anonymous third-party service for CCHSG

Dates for Your Diary

Monday **Week A**	Oct	2	Y7 Road Safety Play
Tuesday	Oct	3	Non Pupil day Y12 & Y13 Senior Maths Challenge 11+ Alternative Testing day
Wednesday	Oct	4	Y11 assembly in the Hall
Thursday	Oct	5	Y9 Assembly on TEAMS Y8 Information Evening 19:00 CTTC Open Evening
Friday	Oct	6	Y7 Assembly on TEAMS Y13 Biology Field Trip
Saturday	Oct	7	Y13 Biology Field Trip
Sunday	Oct	8	Y13 Biology Field Trip

Nut Free School
We ask everyone to ensure no nuts or nut products are brought into school. This includes during travel to and from school via public or shared transport. Thank you.

Votes for schools
This week's topic was: Should UK supermarkets warn us about shrinkflation?

Colchester teacher Training Consortium Open Evening
Colchester Teacher Training Consortium (CTTC) will host an Open Evening recruitment event on Thursday 5 October 2023 5pm to 7pm. Please see the poster below for information.

Year 7 - 11 Flu Immunisations – Thursday 12 October
The Immunisation team will be in school to administer the vaccination, parents have been sent information and need to complete the consent form within the letter by Monday 9 October
If you have any queries, we ask that you do not contact the school, as we will be unable to help, but please contact the immunisation service via 0300 7900597.

Curricular and Enrichment Activities

Schoolcloud sign up for extracurricular clubs
Please use the schoolcloud to sign up your child for extracurricular clubs SchoolCloud - Colchester County High School for Girls

Swimming
If your child can not confidently swim 25m front crawl and 25m backstroke, please email Miss Mather (kmatherhutchinson@cchsg.com) It is very important we know this information so that we can put support in place for your child to learn this important life skill.

CCHSG Sport – Gifted and Talented
If your child has achieved high level sporting successes recently, please fill out the form below.
https://forms.office.com/Pages/ResponsePage.aspx?id=la3pq0GH7kuhsVbSrAP_KlB89m46209KrlJdsnmxnE1UNVo2VDhVSTZPNFBVODYwVVFCMUc0R01NMC4u

History Book club
The history book club will be debating the book 'The Help' the book can be borrowed from libraries or brought for a discount price through ParentPay. Please see information attached.

Mathematics Revision Sessions
Please see the information below regarding revision sessions that the Mathematics department are running

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Sports Fixtures

Date	Time	Event/Fixture	Against	Location	Years
02.10.23	15:25-17:00	Football	Gosfield School	CCHSG	Y 8 and 9
04.10.23	16:00-17:30	District Netball Tournament	Various	CCHSG	Y10 and 11
5.10.23	15:45 – 17:00	Netball Friendly	St Marys and St Bens	CCHSG	Y8
6.10.23	15:00 -	Regional Relay Champs	Various	Watford Leisure Centre	Y7, 8 , 9, 10

Wellbeing Information
Any student who feels they need wellbeing support, should contact any of the following:
EWMHS: 0800 953 0222
Young Minds: https://www.youngminds.org.uk/
Kooth: https://www.kooth.com/
Sexual abuse or harassment can also be reported to neveracceptable@cchsg.com or see the anonymous reporting link on the front of the Bulletin.
Childline: 0800 1111 NSPCC: 0808 800 5000
The School Nurse and School Counsellor are available for student appointments.

eSafety
Keeping Children Safe on TikTok

A recent report by Ofcom highlighted that **over half of 3-17-year-olds are using TikTok**.
There are six security settings that can help you to keep TikTok safe for your child and prevent them from seeing anything that might worry or upset them:

- **Family pairing –** This allows you to connect your child's account with your own. It gives you access to parental controls to help manage who they can speak to and how long they can spend on the app.
- **Private account –** Setting your child's account to private means that only approved followers will be able to watch their videos.
- **Restricted mode –** This feature helps to filter out videos that may contain inappropriate or adult topics and stop them from appearing on your child's 'For You Page'.
- **Comment filters –** Enable you to manage who can comment on your child's videos and stop inappropriate comments from appearing on their feed.
- **Direct messages –** This can help them manage who can contact them privately on the app. You can choose who can send them direct messages by selecting 'Friends only' or 'No one'.
- **Daily screen time –** This setting allows you to manage how long your child can spend on the app. You can set a daily time limit, and once it's up you'll need to enter a passcode to keep using the platform.

TikTok provides a parents' guide to help. By understanding the potential of the app, this will alert parents to any likely dangers and security issues so that they can put strategies in place to minimise them. Knowing how to block inappropriate content and report it to TikTok is crucial.

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Careers

Careers Lead – Matthew Summers

Careers Appointments with our new advisor Ms Poyser will be available next week. Students who wish to make an appointment may list their name on the sign-up sheet on the M-Block Office Door opposite M8. Students will be emailed with confirmation of their appointment and date.

Virtual Work Experience Opportunity
Virtual NHS Healthcare Careers Work Experience Programme is available for students, especially at Sixth Form, considering a Career in Health Care or Medicine. Work Experience days will be on the first Sunday each month from October-March. Virtual work experience is completed digitally rather than in person and gives students the opportunity to complete the day at home. Students will be awarded certificates for attending each day(s). Any interested in a career in Healthcare and gaining work experience should email Mr Summers or Ms Poyser jpoyser@cchsg.com our Careers advisor to find out more.

MENSA Brainteasers
What comes next in the sequence?
7, 8, 5, 5, 3, 4, 4, ?

Answer to last week's brainteaser:
18. (Boxing – 6, Gym – 9, Pool – 16).

Word of the Week for w/c 2 October
Word of the week is**: Superfluous** meaning in excess of what is needed

Dining Room Arrangements
No coats or bags are permitted in the Dining Hall at breakfast, break or lunchtime. Students should put their coats and bags on the racking.
Breakfast – served between 08.00 – 08.35, accessed via the Dining Hall Extension Doors outside the servery.
Breaktime – Years 7 – 11 Break service in Dining Hall.
Lunchtime – hot food in Dining Hall at allocated time for each Year Group, cold food and pre-ordered panini/sandwiches available from the Snack Shack 12.35 – 13.00. Years 12 & 13 pre-ordered food in Sixth Form Refectory from 12.15.

Students in Years 7 – 11 can eat their packed lunches, school sandwiches and paninis in the Hall from 12.35 – 13.00 except on Monday 2 October, Thursday 5 October and Friday 6 October when students should eat in their Tutor bases as the Hall will be unavailable. Please ensure the classrooms are tidy and cleared by 13.00.

We strongly suggest students pre-order sandwiches and salad pots to avoid lengthy queues.

Pre-orders must be made by 08.30 via the Civica Eats APP

Please ensure your child's ParentPay meal account is in credit.

Dining Arrangements students to Dining Hall for Lunch:

Week A		**Week B**	
12.35	Y13 , 12, 11	**12.35**	Y 13, 12, 11
12.50	Y 8 & 7	**12.50**	Y 9 & 10
13.00	Y 9 & 10	**13.00**	Y 7 & 8

Students should arrive promptly for their slot

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Menu for w/c 29 September

Monday	Tuesday	Wednesday	Thursday	Friday
Beef in black bean sauce & Rice (S)	Non Pupil Day	Beef Burger, Chips & Beans (G)	Chicken Fajita Rice	Breaded Cod, New potatoes & Veg (F) (D) (E)
Vegetable Pasta (Vegan) (G)		Macaroni Cheese & Peas (D) (G)	Cheesy Stack Wrap & Salad (D) (G)	Vegetable Stir Fry Noodles (S) (G)
Sticky Toffee pudding & Custard (D) (G) (E)		Profiteroles & Chocolate sauce (D) (E) (G)	Rice Pudding & Jam (D)	Pancakes (G)
Pudding £1.30				
Panini £3.30				
Soup of the Day (changes daily) £0.60 with Homemade Bread £0.40				
Soup Tomato & lentil (Vegan)		Soup French onion (Vegan)	Soup Leek & Potato (Vegan)	Soup Tomato & Basil (D)

Allergen key - Celery (C) Dairy (D) Eggs (E) Fish (F) Gluten (G) Soya (S) Shellfish (C)
Dishes with allergens will be displayed in this key

CivicaEats App
If your child would like to pre order cold food for lunch from the Canteen they can use the CivicaEats App. Your child can pre order sandwiches, cakes, paninis and salads. For more information please contact reception or Mr Martin, Catering Manager.

Correspondence Sent out this Week
Y8 Biology Trip to Colchester Zoo
Y7 Welcome Party
Y7-11 Flu Immunisation
Devised Technical Rehearsal
Invitation to view GCSE Devised Performance

Deadline for Replies and Payments

Year Group	Trip or Event	Deadline for Response
Y8	Colchester Zoo	6 October
Y7	Y7 Welcome Party	6 October
Y7-11	Flu Immunisation	9 October
Y11 Selected Students	Devised Technical Rehearsal	2 October
Y9, Y10 Selected Students	Invitation to view GCSE Devised Performance	2 October

Healthy Living Rotation
Year 7 7X R1 Monday Period 4 and Period 5
Students and Parents have been emailed with the initial recipe for ingredients.

Lost Property
We urge all belongings to be clearly named.
All unnamed lost property that has been handed is photographed and displayed on SharePoint via CCHSG Lost Property
Items can be collected from Reception and will be kept for two school weeks before being recycled.

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Registered Charity No. 1110464

- New Year 7 Welcome Party: Friday 13 October 2023
- PTFA Meeting: Monday 6 November 2023
- Nearly New Uniform Sale: Saturday 25 November 2023
- Annual Christmas Market: Saturday 2 December

1 .PTFA Annual General Meeting
Thank you to all those who attended the PTFA Annual General meeting last night. Thank you to all the PTFA volunteers, staff and Duke of Edinburgh Year 9 students who all made last year's events and fundraising possible. We are also very grateful to Mrs Tracey Siggers and Mrs Emma Arnold who have stepped down as Treasurer and Vice-Chair respectively. We thank them for their hard work and dedication. We also welcome as Treasurer Mrs Cornell Nell, and as Vice Chairs, Mrs Eve Brindley and Mr Vinodh Gurusamy. We look forward to another successful year of fundraising.

2.New Year 7 Welcome Party: Friday 13 October 19.00-21.00
The PTFA is pleased to invite all Year 7 students and their parents/carers to a social evening on Friday 13 October from 19.00 - 21.00.
Tickets are available to purchase at £12.50 per child via www.classlist.com. Students will be entertained with a disco, and vegetarian snacks and drinks will be provided. Please be advised, that students are not permitted to bring mobile phones or recording equipment into the disco. Parents/carers are invited to attend a separate reception while the students are at their party. Complimentary canapes will be served and there will be a licensed bar and hot drinks available to purchase.
Tickets must be purchased by 23.55 on Friday 6 October. If you have not yet signed up to Classlist, please join this safe parent community through the link given above.

3. Autumn Term Nearly New Uniform and Books Sale: Saturday 25 November 2023 10.00-12.30
This term's Nearly New Uniform and Books Sale will take place in the Main Hall, on Saturday 25 November 2023 from 10.00-12.30. We appeal for donations of clean, good quality uniform items that your child has outgrown and revision books. Donations can be deposited in the clearly marked blue wheelie bins outside the school reception. Please send donations by Friday 17 November to allow the PTFA uniform team to prepare all items for sale. Please sign up via the link below if you would like to help at the sale. Thank you in advance for your continued support.

4.Beresford's Advertising Boards
This year, once again, we are delighted to be sponsored by Beresford Estate Agents. Beresfords will be providing Christmas Market advertising boards across CO and CM postcodes. This year's board list is up and running- thank you to all those who have already volunteered to host an advertising board at their address. If you own a property in Colchester or Chelmsford which is in a prominent location with public access or visibility and would like to volunteer your address please let us know. Boards are installed no more than 3 weeks before the event and removed during the week afterwards. Family and friends can also volunteer. Email cchsgptfa@gmail.com with your full address, preferred email and contact phone number if you would like to register for a board.

5.Volunteer Sign Up Links
None of our planned events can run without the kind support of volunteer staff/parents/carers. Could you help? To sign-up, please click on the link for the individual event to go to the sign-up sheet (or copy it into your web browser if clicking does not work).
CCHSG PTFA thanks you in advance for your support.

EVENT	SIGN-UP LINK
Year 7 Welcome Party: Friday 13 October 2023	https://volunteersignup.org/PPAQ7

PTFA CONTACTS:
PTFA Chair: Mrs Anni Cullen
For all enquires related to PTFA, email cchsgptfa@gmail.com
https://www.cchsg.com/parent-carers-hub/cchsg-ptfa/

YEAR 7 SOCIAL EVENING

for Parents/Carers & Students

Organised by:

PTFA

Friday, 13 October 2023

19.00 - 21.00 I Doors open 18.30

Tickets @ £12.50 available on www.classlist.com
(What's on -> Events -> Upcoming -> Year 7 Social Evening 2023)

Ticket purchase deadline: Friday 6 October 2023, 23.59

STUDENTS - entry through Main Hall side entrance.
Enjoy the disco with DJ Scott Dewing, snacks & refreshments.

PARENTS/CARERS - entry through foyer
Canapes & refreshments, licensed bar available.
Siblings including infants strictly not allowed.

Classlist

Email: cchsgptfa@gmail.com

CAN YOU HELP?

Advertise our most popular annual event with a

Beresfords Estate Agents Advertising Board

Do you own a property in COLCHESTER or CHELMSFORD which is in a prominent location with public access and visibility and would like to volunteer your address?

Boards are installed no more than 3 weeks before the event and removed during the week afterwards. Family and friends can also volunteer.

GET IN TOUCH TODAY!

cchsgptfa@gmail.com

with the following information:

- full address
- preferred contact email
- preferred contact number



PTFA

Thank you for your support!

For all things CCHSG PTFA related, visit
www://cchsg.com/parent-carers-hub/cchsg-ptfa/

Enjoy History? Or love reading? Join…

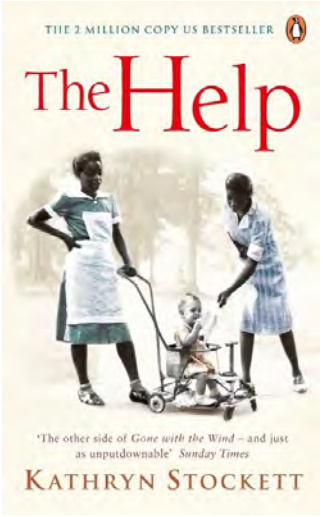
History Book Club!

The Help

By Kathryn Stockett

Recommended: 'White Label: Young Adult'

Warning: references to miscarriages and racism



We will have a meeting to debate some of the issues with the book.

We will also play the film in December. Date TBC.

Enter a vanished and unjust world: Jackson, Mississippi, 1962. Where black maids raise white children, but aren't trusted not to steal the silver . . .

There's Aibileen, raising her seventeenth white child and nursing the hurt caused by her own son's tragic death; Minny, whose cooking is nearly as sassy as her tongue; and white Miss Skeeter, home from College, who wants to know why her beloved maid has disappeared.

Skeeter, Aibileen and Minny. No one would believe they'd be friends; fewer still would tolerate it. But as each woman finds the courage to cross boundaries, they come to depend and rely upon one another. Each is in a search of a truth. And together they have an extraordinary story to tell...

Books can be borrowed from libraries or bought from Red Lion Bookshop at 125 High Street, Colchester through the school's ParentPay at a discount - £7.99. Deadline is October 6th, Friday.

Revision Sessions Mathematics Department 2023 -2024

WEEK A	WEEK B
Pure Thursday 7:00 pm (teams) Mrs Roshen	Stats Wednesday 8:00pm (teams) Mrs Bradnum
Thursday lunch selected students Mrs Roshen	Mechanics Wednesday Lunch Mr Glease
FM Core Pure Wednesday 8:00pm (teams) Mrs Bradnum	

Y13 Pure Maths, Statistics

Additional Maths

YEAR 10	**YEAR 10**
WEEK A	WEEK B
Wednesday M8	Wednesday M8
Year 11	**Year 11**
Wednesday M12	Wednesday M12

GCSE Revision

WEEK A	WEEK B
Mrs Burnett Friday Lunchtime M9	Mrs King Thursday Lunchtime M8

Y12 Homework Correction Support

WEEK A
Mr Glease Wednesday Lunchtime M10



OPEN EVENING

Colchester Teacher Training Consortium
Thursday 5th October 2023
5pm to 7pm
Colchester County High School,
Norman Way, Colchester CO3 3US

To book please use the QR code

Interested in becoming a Primary or Secondary school teacher then please come along.

Colchester Teacher Training Consortium

Ofsted Outstanding Provider

www.colchesterttc.org.uk
01206 364728
enquiries@colchesterttc.org.uk