Colchester County High School for Girls
Parent Weekly Bulletin
10 February 2023

Term Dates 2022 – 2023

Spring Term
Thursday 5 January
Friday 31 March

Half Term
Monday 13 February
Friday 17 February

Summer Term
Monday 17 April
Friday 21 July

Bank Holiday
Monday 1 May
Monday 8 May

Half Term
Monday 29 May
Friday 2 June

Non-Pupil Days
Wednesday 19 July
Thursday 20 July
Friday 21 July

Term Dates 2023 – 2024

Autumn Term
Monday 4 September
Wednesday 20 December

Half Term
Monday 23 October
Friday 27 October

Spring Term
Thursday 4 January
Thursday 28 March

Bank Holiday
Friday 29 March

Half Term
Monday 19 February
Friday 23 February

Summer Term
Monday 15 April
Tuesday 23 July

Bank Holiday
Monday 6 May

Half Term
Monday 27 May
Friday 31 May

Non-Pupil Days
Monday 4 September
Monday 25 September
Tuesday 3 October
Friday 20 October
Wednesday 20 December
Thursday 4 January
Friday 5 January
Monday 22 July
Tuesday 23 July

Safeguarding: Never Acceptable
to report a concern:
Click Here to make an Anonymous Report
Link to Whisper an anonymous third-party service for CCHSG

WE WISH OUR STUDENTS AND THEIR FAMILIES A RESTFUL HALF TERM BREAK

Dates for Your Diary

Saturday	Feb	11	Ski Trip Departs CCHSG 04.00
Saturday	Feb	18	Ski Trip Returns
Monday **Week A**	Feb	20	Assembly: Y13 via Teams Yr 7 Progress Check 2 to Parents Yr 10 Examinations
Tuesday	Feb	21	Assembly: Yr 11 via Teams Yr 10 Examinations Yr 11 GCSE History Trip to Sheffield Lodge 06.15 – 18.00 Disneyland Netball Tour Information Evening 18.00 STEM Physics Lectures at University of Cambridge, 16.00 – 20.30
Wednesday	Feb	22	Assembly: Yr 9 via Teams Yr 8 Bletchley Park Visit (8C,O&L) 07.45 – 17.00 Yr 10 Examinations
Thursday	Feb	23	Assembly: Yr 7 via Teams Yr 7 Parent Consultation Evening (7C,O&L) Yr 10 Examinations Yr 12 EYP Regional Session 07.00 – 18.00
Friday	Feb	24	No Assembly Yr 8 Bletchley Park Visit (8H,E&S) 07.45 – 17.00 Yr 10 Examinations ESU Shakespeare Regional Competition 16.30

School resumes after Half Term on Monday 20 February (Week A)

Nut Free School
We ask everyone to ensure no nuts or nut products are brought into school. This includes during travel to and from school via public or shared transport. Thank you.

Votes for Schools
This week's topic was: *Should we blame influencers for online harm?*

Student Contact Information
We ask parents to make sure the school has the correct contact information for your child, telephone numbers, email address and home address, thank you.

***Les Misérables* School Edition**
We would like to congratulate all the students and staff for the wonderful performance of *Les Misérables* last week. Thank you to everybody that performed, planned, prepared and supported the production which was a fantastic community event. Well done to all!

CCHSG Ski Trip 2023: Earlier Departure Time
The coach company have requested that we depart CCHSG no later than **04.00** in order to limit potential delays when we get to Dover. Students should now arrive from **03.30**. Upon arrival to CCHSG, please could parents park in the school Visitors car park so to allow room for the coaches to park in the Bus Park. CCHSG staff leading the trip will need to lock the gates to both car parks once the coach departs, therefore it would be greatly appreciated if, once having dropped your child off, you could exit the car park as soon as possible. Thank you.

Yr 7 Parent Consultation Evening for 7C, 7O & 7L – Thursday 22 February
Parents have been sent a letter inviting them to this event, along with guidance for booking appointments via SchoolCloud.
The Parent Consultation Evening for 7H, 7E and 7S will be on Thursday 2 March from 16.15 – 19.15. Parents can make appointments for this evening from 20.00 on Thursday 23 February.

For regular updates on CCHSG activities you can follow us on Facebook @colchestergirls or Twitter @CCHSG_ For PE Department news see @CchsgD

Parent Weekly Bulletin – 10 February 2023

Transport Information for Parents, and Students
Please find below information from Arriva regarding their tickets available to students.

February E-Newsletter Published
The E-Newsletter for this half term is now available via the website at: https://www.cchsg.com/news/latest-e-newsletter/
Items include: Royal Society Young People's Book Prize, *Les Misérables* Production, Royal Marine Band Workshop Day, Yr 8 Graphics Matrix Day, Yr 11 CanSat Team Update, alumni actor Kathy Peacock Visits CCHSG and much more. Do take a look!

Yr 11 CanSat Team
The CanSat Competition is run by the European Space Agency and involves students throughout Europe to create and launch a satellite the shape and size of a drinks can. The Yr 11 team would like to draw other students' attention to their outreach program. They are looking to get the entire school involved with the development of their CanSat and hope to increase awareness of both the wonders of Physics and Computer Science.
Throughout the year they will be getting in touch with all students via email to make contributions to the CanSat's outcome, as well giving them the opportunity to follow the team's progress on Instagram (@cchsgcansat11). On Instagram, there will be information shared regarding both the Physics behind the design and the electronics and programming used to make the project possible – there will also be opportunities for questions to be asked and resources around girls in STEM will be shared regularly. So, if students want to learn more about Physics and Computer Science, please consider following along with the journey! Thank you, Yr 11 CanSat Team.

PE Notice – Netball Dresses and Athletics Vests
If students have borrowed a Netball dress or Athletics vest and still have these at home, please can they be returned to the PE department. These are needed for the school teams. Thank you.

Yrs 7 & 8 PE – Cross Country Information
After half term, Yrs 7 & 8 will be moving on to Cross Country in their PE lessons. If students cannot run the course, they are expected to speed walk at the back. This is due to all PE staff being out on the course with them. If students have a leg injury which prevents them from running or walking, we require a note from the parents, and we will arrange supervision elsewhere. A reminder that students should be wearing their long navy socks, shorts and PE top. We do go out in more or less all weather, so students need to be fully prepared. We suggest bringing black or navy base layers, jumpers/ tracksuit bottoms, and potentially gloves. If they have asthma, they must bring their pump with them on the course.

Healthy Living Sessions for w/c Monday 6 February
Yr 7: 7X Rotation 4 will have their second session on Monday 20 February during Periods 4 & 5
Yr 8: 8X Rotation 4 will have their Second session on Tuesday 21 February during Period 1
Parents and students have had the recipe and the ingredients needed sent to them.

Lost Property
We urge all belongings to be clearly named.
Any unnamed lost property that has been handed in can be collected from Reception and will be kept for two school weeks before being disposed of.

<u>Extracurricular and Enrichment Activities</u>

PE Fixtures

Date	Time	Event	Against	Location	Year(s)
20.02.2023	TBC	Netball Essex Cup	St Marks	Away	Yr 7
22.02.2023	15.45 – 17.00	Netball	CRGS	Away	U19

Yr 11 GCSE Chemistry Revision – Wednesday Lunchtime in G17
On Wednesday 22 February will be covering the Organic 3 topic.

Mathematics Department Revision Sessions for Week A at Lunchtime
Yr 13 Tuesday, Integration with Mrs Roshen in M10
Yr 13 Wednesday, Statistics with Mrs Bradnum
Yr 12 Tuesday, Maths Intervention with Mr Williams
Yr 11 Thursday, revision with Mr Glease (11EGL and 11BRO) in M7
Yr 11 Friday, drop-in session with Mrs King
Yr 10 Wednesday Add Maths with Mrs Roshen in M10

Add Maths drop-in sessions Friday lunchtime in M10 run by Yr 12 students
Maths Surgery Wednesday run by Yr 13 students (open to All Year Groups)
Mathematics Department Revision Sessions for Week (After school)
Yr 13 after school Mrs Ball Tuesday 15.45 – 16.45 in M11

Parent Weekly Bulletin – 10 February 2023

Wellbeing Information
Any student who feels they need wellbeing support, should contact any of the following:
EWMHS: 0800 953 0222
Young Minds: https://www.youngminds.org.uk/
Kooth: https://www.kooth.com/
Sexual abuse or harassment can also be reported to neveracceptable@cchsg.com or see the anonymous reporting link on the front of the Bulletin.
Childline: 0800 1111 NSPCC: 0808 800 5000
The School Nurse and School Counsellor are available for student appointments.

A Notice from the Wellbeing Ambassadors
Here are two apps that can be good to aid your wellbeing:

MyPossibleSelf
A mental health, a daily tracker where you can track your daily mood, helps you find motivation to exercise, modify bad habits for positive change and relax your busy mind.

Calm: Meditation and Sleep
Contains audiobooks you can listen to, to help you relax and even go to sleep listening to.

Careers Information
Students can make appointments with our impartial careers adviser via the sign-up sheet outside of Mrs Tarrier's office.

Useful Careers Information
Is your child wondering what to do next? For options post GCSE, these links might be of use:
Get the Jump: explore your education and training choices | National Careers Service
Interested in a Career in Sport/Physical Wellbeing? Please see Careers Magazine - Active Essex
Careers Guidance for Essex career-hub-lmi-booklet-final.pdf (greateressexcareershub.co.uk)

Dining Room Arrangements
Breakfast – served between 08.00 – 08.35, accessed via the Dining Hall Extension Doors outside the servery.
Breaktime – Yrs 7-11 need to go to the allocated outside area to eat. Break service in Dining Hall.
Lunchtime – hot food in Dining Hall at allocated time for each Year Group, cold food and pre-ordered panini/sandwiches available from the Snack Shack 12.35 – 13.00. Yrs 12&13 pre-ordered food in Sixth Form Refectory from 12.15.
Students in Yrs 7 – 9 can eat their packed lunches in the Hall, Yrs 10 & 11 can eat their lunches under the canopy.
Panini and Salad bowls to be eaten in the Dining Hall extension 12.35-12.50.
Pre-orders must be made by 08.30 via the Civica Eats APP
Please ensure your child's ParentPay meal account is in credit.

Menu for w/c 20 February

Monday	Tuesday	Wednesday	Thursday	Friday
Cottage Pie with Sweetcorn	Paella	Burger, Chips & Salad	Sticky Chinee Chicken with Rice & Sweetcorn	Fishcakes with Green Beans
Or				
Vegetable Pasta (Vegan)	Goats Cheese & Onion Tart with Salad	Macaroni Cheese with Peas	Spinach & Tomato Frittata with Salad	Vegetable Lasagne with Salad
Main Meal £3.30				
Jam Sponge Pudding with Custard	Pancakes	Cheesecake	Apple Crumble with Custard	Bakewell Tart with Custard
Pudding £1.30				
Panino £3.30				
Soup of the Day (changes daily) £0.60 with Homemade Bread £0.40				
Vegetable (Vegan)	Tomato & Basil	Minestrone (Vegan)	Carrot & Coriander (Vegan)	Tomato & Lentil (Vegan)

Parent Weekly Bulletin – 10 February 2023

Dining Arrangements students to Dining Hall for Lunch:

Week A		**Week B**	
12.35	Yr 13	**12.35**	Yr 13
12.45	Yr 11	**12.45**	Yr 11
12.50	Yr 8 & 7	**12.50**	Yr 9 & 10
13.00	Yr 9 & 10	**13.00**	Yr 7 & 8

Students should arrive promptly for their slot.

Correspondence Sent out this Week
Yrs 7 – 11: Non-Uniform Day
Yr 7: Parent Consultation Evening
Yr 7: EPQ Survey Consent
Yrs 7 & 8: Author Visit
8H: Research Project Information
Yrs 8 & 9: ESU Performing Shakespeare Competition (selected students)
Yr 9: Magistrates Court Mock Trial (selected students)
Yr 11: Additional Mathematics Entry (selected students)
Yr 12: UCAS Discovery Exhibition
Yrs 12 & 13: STEM Physics Lecture (selected students)

Deadline for Replies and Payments

Year Group	Trip or Event	Deadline for Response
Yrs 7 - 8	Non-Uniform Day	Friday 10 February
Yr 7	PTFA Social Event	Friday 3 March
Yrs 7 & 8	Author Visit	Wednesday 22 February
Yrs 8 & 9	ESU Performing Shakespeare Competition	Friday 10 February
Yr 9	Magistrates Mock Court Trial	Friday 10 February
Yr 11	GCSE Mathematics Revision Materials	Friday 20 February
Yr 11	Additional Mathematics Entry	Friday 25 February
Yr 12	UCAS Discovery Exhibition	Friday 3 March
Yrs 12 & 13	A Level History Webinars	Friday 10 February
Yrs 12 & 13	STEM Physics Lecture	Friday 17 February
Yr 13	A Level Economics Grade Booster Workshop	Friday 10 February

MENSA Brainteasers
For each of the following, find a word beginning with 'N' with an opposite meaning. What are the words?
a) Care
b) Artificial
c) Significant

Answer from Friday 3 February: Burn.

Word of the Week for w/c 20 February
Next week the word is: **NUANCE** – a subtle difference or distinction in expression, meaning, response, etc.

Community Information
We draw your attention to the following happening in the community, which may be of interest.
Please be aware we are only sharing this information with you, you will need to ascertain for yourself of the quality and safety of the services on offer.

Young Leaders in Cricket Course
Essex Cricket are running a Girls Only Young Leaders in Cricket Programme for 2023. The programme provides an opportunity to acquire skills and competency in leadership to empower them for volunteering within the community of their cricket club and/or school. The in-person parts of the course are based in Colchester. Please see the poster below for more information. To sign up to a virtual presentation please use ECC Young Leaders in Cricket

Colchester County High School for Girls
10 February 2023

PTFA
Registered Charity No. 1110464

1. Spring and Summer Term Dates for Your Diary
- **Nearly New Uniform Sale:** Saturday 4 March, 10.00 – 12.30
- **Year 7 Parents & Students Social Evening:** Friday 10 March, 19.00 – 21.00
- **Quiz and Curry Night:** Friday 28 April, 19.00 - 22.00

2. *Les Misérables* (School Edition)
Sales of refreshments by PTFA volunteers raised £729.39 during the *Les Misérables* (School Edition) production. The PTFA thanks all the members of staff, parents and Duke of Edinburgh's Bronze Award participants for their help and support over the three nights of the production.

3. Nearly New Uniform and Revision Books Sale: Saturday 4 March, 10.00 – 12.30
The next Nearly New Uniform Sale, open to all Years, will be held in the Main Hall.
We appeal for donations of clean, good quality uniform items that your child has outgrown and revision books. Donations can be deposited in the clearly marked blue wheelie bins outside the school reception. Please send donations by Friday 24 February to allow the PTFA uniform team to prepare all items for sale. Please sign up via the link below if you would like to help at the sale. Thank you in advance for your continued support.

4. Year 7 Parents & Students Social Evening: Friday 10 March, 19.00 – 21.00
The PTFA is pleased to invite all Year 7 students and their parents/carers to a social evening on Friday 10 March from 19.00 - 21.00. Tickets are available to purchase at £12.50 per child via www.classlist.com. Students will be entertained with a disco, and snacks and drinks will be provided. Please be advised, that students are not permitted to use mobile phones or recording equipment in the disco. Parents/carers are invited to attend a separate reception while the students are at their party. Complimentary canapes will be served- there will be a licensed bar and hot drinks available to purchase. Tickets must be purchased **by 23.55 on Friday 3 March.** If you have not yet signed up to Classlist, please join this safe parent community through the link given above.

5. Quiz and Curry Night: Friday 28 April 19.00 - 22.00
The PTFA's annual Quiz and Curry Night will take place on Friday 28 April where you can enjoy a night of brainteasing questions, good food and fun and a chance to win the PTFA Quiz Night trophy. Further details to follow shortly.

6. Volunteer Sign-up links
None of our planned events can run without the kind support of volunteer staff/parents/carers. Could you help? To sign-up, please click on the link for the individual event to go to the sign-up sheet (or copy it into your web browser if clicking does not work). CCHSG PTFA thanks you in advance for your support.

EVENT	SIGN-UP LINK
Nearly New Uniform and Revision Books Sale: Saturday 4 March	https://volunteersignup.org/L8MYC
Year 7 Students & Parents/Carers Social Evening: Friday 10 March	https://volunteersignup.org/JDWJW

The PTFA wish you all a restful half term break.

PTFA CONTACTS:
For all enquires related to PTFA, email cchsgptfa@gmail.com

Student Travel

Do you or your child travel to University, College or School by bus? If so, we've got the perfect solution!
Arriva Student and Child Saver tickets are valid for anyone in full time education and, is a cost effective and flexible way of paying for travel costs.
Unlimited Travel - You'll get unlimited access to travel on any Arriva bus, at any time, across all routes in your chosen area.
No Restrictions - The Saver tickets will cover your travel to and from University, School or College, evenings, weekends and throughout the holidays too at any time of the day.
Flexible Payments - Arriva's Direct Debit scheme allows you to spread the cost of your ticket over affordable monthly payments. It's an easy way to pay for travel and there's no contract involved, making it an ideal way to get reduced bus travel for the whole Academic year, without paying upfront.
Sign up in advance – Either set your direct debit a future date for when you need the ticket or, you can start your ticket now to get used to the local bus routes
Plan your journey – Please use our 'Plan a journey' tool on our website to work out which bus you require or, download our app on the Apple Store or Google Play
It's a simple process to apply, to arrange your Direct Debit please visit the website below and, select the region the school, college or university is in

www.arrivabus.co.uk/monthlytickets

Once registered you can select either to receive your monthly pass by post or sent to your mobile phone, so you won't have to worry about paying every time you board the bus.
This ticket will rollover every month for as long as the direct debit remains active.
For any queries regarding the scheme, please email: talktous@arriva.co.uk
*Our tickets do not cover Arriva London/TFL routes



Are you aged 10–14 years?

Can you name the two main characters in the hit series *Heartstopper*?

2023

What is the name of Hermione's rascal of a cat in the *Harry Potter* series?

National Reading Champions Quiz

National Literacy Trust

Which same word is missing from these book titles? *The Short _____, The Subtle _____, and The _____ of Never Letting Go.*

Can you answer any of these questions? Then sign up to your **Reading Champions team** and take part in the fun and exciting National Reading Champions Quiz 2023. There are many prizes to be won and your team could win the regional quiz and go on to compete in the national final in London. **Good luck!**

Contact your class teacher or school librarian for more details

National Reading Champions Quiz is generously funded by the Authors' Licensing and Collecting Society

ALCS

YOUNG LEADERS IN CRICKET

GIRLS ONLY PROGRAMME

REWARD - OPPORTUNITY- LEADERSHIP- EXCELLENCE



The Programme

Aimed at girls aged 14-16 (Year 9 & 10)

Developed with the aim of providing quality training, made up of 4 face to face & 2 online modules to progress potential young leaders.

Gain skills and competency in leadership and life skills that will allow you to volunteer in your cricket club and/or school.

Become a role models in your club, school and community and administrators of the future

The YLiC programme introduces young people to the ethos of volunteering, why it is so important to become part of a volunteer workforce to keep clubs going and to help those in wider society who might be less fortunate or struggling

Awards you will gain

All Stars/ Dynamos Cricket Activator
First Aid Qualification
ACO Young Officials Certificate
Grounds Maintainence

Face to Face Modules

Saturday 18th & 25th March at Colchester Sports Park, CO4 5YX

Grounds Maintenance at a local cricket club. Date TBC

Other Requirements

Young Leaders will need to do at least 20 hours volunteering and do some fundraising to complete the course

www.cricketleaders.org.uk