Colchester County High School for Girls
Parent Weekly Bulletin
3 February 2023

Term Dates 2022 – 2023

Spring Term
Thursday 5 January
Friday 31 March

Half Term
Monday 13 February
Friday 17 February

Summer Term
Monday 17 April
Friday 21 July

Bank Holiday
Monday 1 May
Monday 8 May

Half Term
Monday 29 May
Friday 2 June

Non-Pupil Days
Wednesday 19 July
Thursday 20 July
Friday 21 July

Term Dates 2023 – 2024

Autumn Term
Monday 4 September
Wednesday 20 December

Half Term
Monday 23 October
Friday 27 October

Spring Term
Thursday 4 January
Thursday 28 March

Bank Holiday
Friday 29 March

Half Term
Monday 19 February
Friday 23 February

Summer Term
Monday 15 April
Tuesday 23 July

Bank Holiday
Monday 6 May

Half Term
Monday 27 May
Friday 31 May

Non-Pupil Days
Monday 4 September
Monday 25 September
Tuesday 3 October
Friday 20 October
Wednesday 20 December
Thursday 4 January
Friday 5 January
Monday 22 July
Tuesday 23 July

Safeguarding: Never Acceptable
to report a concern:
Click Here to make an Anonymous Report
Link to Whisper an anonymous third-party service for CCHSG

Dates for Your Diary

Saturday	Feb	4	Yr 8 Cyber First Competition
Monday **Week B**	Feb	6	Assembly: Yr 12 via Teams Assembly: Yr 13 via Teams Governor Visit Day 08.30 – 13.00 Yr 11 MFL Mock Speaking Assessments Yr 11 Reports to Parents
Tuesday	Feb	7	Assembly: Yr 11 via Teams Yr 11 MFL Mock Speaking Assessments
Wednesday	Feb	8	Assembly: Yr 8 via Teams Yr 11 MFL Mock Speaking Assessments
Thursday	Feb	9	Assembly: Yr 7 via Teams Yr 9 Parent Consultation Evening 16.15 – 19.30 Yr 10 Art Examination Yr 11 MFL Mock Speaking Assessments Yr 13 Mock Examination Results to Parents
Friday	Feb	10	No Assembly Non-Uniform Day Sixth Form Charity Day Yr 10 Art Examination Yr 11 MFL Mock Speaking Assessments
Saturday	Feb	11	Ski Trip Departs CCHSG 04.15

Nut Free School
We ask everyone to ensure no nuts or nut products are brought into school. This includes during travel to and from school via public or shared transport. Thank you.

Votes for Schools
This week's topic was: *Are we getting better at recognising burnout?*

Governor Visit Day – Monday 6 February
We welcome the school Governors into school on Monday. They will be completing learning walks with Year Leaders in Form time and PSHCE. In addition, Governors will be visiting lessons. We hope they enjoy their day with us.

Parent Governor
Ballot papers for the Parent Governor vacancy have been given to students to take home and were sent out via SchoolComms. Each parent should have received a letter and ballot papers must be returned to the Office by 15.45 on Monday 6 February, anything received after this time will not be included in the count.

Wearing Coats in Lessons
We remind students that they should not be wearing coats in school, but should have their blazer on/with them at all times, coats should only be worn outside. If they feel cold in school, they can wear a navy cardigan under their blazer. Sixth Form students should wear their formal jacket.

Non-Uniform Day – Friday 10 February
11H are organising the day and they have chosen to support the charity BEAT; the UK's eating disorder charity. The theme for day is 'Wear Something You Love'. Students are encouraged to participate by wearing clothes appropriate to this theme and pay a voluntary contribution of £1 via ParentPay.

Sixth Form Charity Day – Friday 10 February
The Head Student Team are organising the day to also support the charity Y.E.S. the Youth Enquiry Service. Students are asked to pay a voluntary contribution of £1 via ParentPay to wear more casual clothes for the day.

For regular updates on CCHSG activities you can follow us on Facebook @colchestergirls or Twitter @CCHSG_ For PE Department news see @CchsgD

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Students should dress appropriately for a working school day and wear suitable footwear. If they have PE on this day students are required to bring their normal PE kit to change into and remove loose accessories in order to safely carry out sporting activities.
Remember – no shorts, short skirts, bare midriff or ripped jeans. If students are in unacceptable clothing they will be sent to their Year Leader for alternative clothing to be provided.

Ski Trip Final Reminders
Mr Williams reminds those going on the trip:

- keep passport and EHIC/GHIC in hand luggage
- regular suitcase for luggage is fine – does not have to be soft holdall as stated on TrueNorth kit list
- bring plenty of snacks including lunch for outbound journey – nothing containing nuts please
- wear ski hoody and ski jacket on outbound journey
- meet at school at **04.15 ready to depart at 04.45**
- make sure your suitcase has **TrueNorth luggage tag with name on it** – these will be given out next week
- please ensure any additional ski equipment you intend on bringing is clearly labelled
- any medication needs to be placed in hand luggage

Students are responsible for any medication they bring - if they would like staff to be responsible for looking after their medication, please let Mr Williams know.
Students are encouraged to have both cash and card for spending money – note that charges may apply for using card and not all mountain restaurants may accept them.
Updates of the trip will be posted on the CCHSG PE twitter page: **@CchsgD**
Any further questions, please contact Mr Williams dwilliams@cchsg.com

Healthy Living Sessions for w/c Monday 6 February
Yr 7: 7Y Rotation 5 will have their first session on Monday 6 February during Periods 4 & 5
Yr 8: 8Y Rotation 5 will have their first session on Tuesday 7 February during Period 3
Parents and students have had the recipe and the ingredients needed sent to them.

Lost Property
We urge all belongings to be clearly named.
Any unnamed lost property that has been handed in can be collected from Reception and will be kept for two school weeks before being disposed of.

Extracurricular and Enrichment Activities

PE Fixtures

Date	Time	Event	Against	Location	Year(s)
07.02.23	14.00 – 18.00	Trampolining competition	Various	Thurstable School	U14 & U16
08.02.23	11.30 – 16.00	Indoor Cricket Competition	Various	Essex County Cricket	Yrs 7 & 8
08.02.23	12.15 – 16.00	Junior Essex Cross Country	Various	Writtle College	Yrs 7 & 8

Yr 11 GCSE Chemistry Revision – Wednesday Lunchtime in G17
Next week will be covering the Structure and Bonding topic.

Wellbeing Information
Any student who feels they need wellbeing support, should contact any of the following:
EWMHS: 0800 953 0222
Young Minds: https://www.youngminds.org.uk/
Kooth: https://www.kooth.com/
Sexual abuse or harassment can also be reported to neveracceptable@cchsg.com or see the anonymous reporting link on the front of the Bulletin.
Childline: 0800 1111 NSPCC: 0808 800 5000
The School Nurse and School Counsellor are available for student appointments.

Children's Mental Health Week – 6 – 12 February
The theme for the week is 'Let's Connect'. The WARMS Team are running a series of 'Connections Sessions' for students during lunchtimes next week.
Please see the poster at the end of the bulletin for full details.

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Careers Information
Students can make appointments with our impartial careers adviser via the sign-up sheet outside of Mrs Tarrier's office.

Useful Careers Information
Is your child wondering what to do next? For options post GCSE, these links might be of use:
Get the Jump: explore your education and training choices | National Careers Service
Interested in a Career in Sport/Physical Wellbeing? Please see Careers Magazine - Active Essex
Careers Guidance for Essex career-hub-lmi-booklet-final.pdf (greateressexcareershub.co.uk)

Queen Mary University of London Degree Apprenticeship Webinars
QMUL is offering two webinars as part of National Apprenticeship Week (6 - 12 February):

Tuesday 7 February 16.30 - Explore Degree Apprenticeships, what makes them different from degrees, and how to apply How to Apply: Degree Apprenticeship Spotlight

Thursday 9 February 16.30 - Hear from professionals and experts who work with Degree Apprenticeships, including those who have taken part in the programmes. Degree Apprenticeships Q&A Panel

Speakers for Schools Virtual Open Evening – Wednesday 1 March, 18.30
Speakers for Schools have asked us to share information about their virtual open evening, which showcases their career insight sessions and work experience placements, hearing from employers including Bentley Motors, NHS, and Tesco about the opportunities they deliver through Speakers for Schools. For more information and to book, please see Speakers For Schools Virtual Open Evening

e-Safety Information – 321chat.com
We have been alerted to a website that runs chatrooms called 321chat.com – this is not a secure website and there is no monitoring of content. In a matter of clicks anyone can sign up as a guest and enter a chat room.
We urge parents to continue to monitor their child's online behaviour and set up parental controls where necessary.

Dining Room Arrangements
Breakfast – served between 08.00 – 08.35, accessed via the Dining Hall Extension Doors outside the servery.
Breaktime – Yrs 7-11 need to go to the allocated outside area to eat. Break service in Dining Hall.
Lunchtime – hot food in Dining Hall at allocated time for each Year Group, cold food and pre-ordered panini/sandwiches available from the Snack Shack 12.35 – 13.00. Yrs 12&13 pre-ordered food in Sixth Form Refectory from 12.15.
Students in Yrs 7 – 9 can eat their packed lunches in the Hall, Yrs 10 & 11 can eat their lunches under the canopy.
Panini and Salad bowls to be eaten in the Dining Hall extension 12.35-12.50.

Menu for w/c 6 February

Monday	Tuesday	Wednesday	Thursday	Friday
Lamb Fried Rice	Lasagne with Salad	Sausages, Chips & Beans	Cajun Chicken with Potato Wedges & Sweet Corn	Pan Fried Salmon with Sauté Potatoes & Green Beans
Or				
Mediterranean Pasta Salad (Vegan)	Cheese & Tomato Tart with Salad	Macaroni Cheese with Peas	Vegetable Curry with Rice	Homity Pie with Salad
Main Meal £3.30				
Sticky Toffee Pudding with Custard	Blackberry Crumble with Custard	Black Forrest Roulade	Banana & Toffee Sponge with Custard	Cornflake Tart with Custard
Pudding £1.30				
Panino £3.30				
Soup of the Day (changes daily) £0.60 with Homemade Bread £0.40				
Vegetable (Vegan)	French Onion (Vegan)	Tomato & Lentil (Vegan)	Carrot & Coriander (Vegan)	Leek & Potato (Vegan)

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Dining Arrangements students to Dining Hall for Lunch:

Week A		**Week B**	
12.35	Yr 13	**12.35**	Yr 13
12.45	Yr 11	**12.45**	Yr 11
12.50	Yr 8 & 7	**12.50**	Yr 9 & 10
13.00	Yr 9 & 10	**13.00**	Yr 7 & 8

Students should arrive promptly for their slot.
Pre-orders must be made by 08.30 via the Civica Eats APP
Please ensure your child's ParentPay meal account is in credit.

Correspondence Sent out this Week
Yr 7: Healthy Living Rotation
Yr 8: Healthy Living Rotation
Yr 9: Parent Consultation Evening
Yr 11: GCSE Mathematics Revision Materials
Yr 12: Babraham Project Day (selected students)
Yrs 12 & 13: Sixth Form Charity Day
Yr 13: Economics Grade Booster Workshop (Economic students only)

Deadline for Replies and Payments

Year Group	Trip or Event	Deadline for Response
All Yrs	Parent Governor Ballot - January 2023	Monday 6 February
Yr 7	PTFA Social Event	Friday 3 March
Yr 8	Computing Trip to Bletchley Park	Monday 6 February
Yr 11	GCSE Mathematics Revision Materials	Friday 20 February
Yr 12	Babraham Project Day	Wednesday 1 February
Yrs 12 & 13	A Level History Webinars	Friday 10 February
Yrs 12 & 13	Sixth Form Charity Day	Thursday 9 February
Yr 13	A Level Economics Grade Booster Workshop	Friday 10 February

MENSA Brainteasers
Which word goes after all the following words?
SLOW HEART SIDE SUN WIND

Answer from Friday 27 January: 1 (on a clock).

Word of the Week for w/c 6 February
Next week the word is: **INSINUATE** – to suggest, without being direct.

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PTFA
Registered Charity No. 1110464

1. Spring and Summer Term Dates for Your Diary
- **Nearly New Uniform Sale:** Saturday 4 March, 10.00 – 12.30
- **Year 7 Parents & Students Social Evening:** Friday 10 March, 19.00 – 21.00
- **Quiz and Curry Night:** Friday 28 April, 19.00 - 22.00

2. Nearly New Uniform and Revision Books Sale: Saturday 4 March, 10.00 – 12.30
The next Nearly New Uniform Sale, open to all Years, will be held in the Main Hall.
We appeal for donations of clean, good quality uniform items that your child has outgrown and revision books. Donations can be deposited in the clearly marked blue wheelie bins outside the school reception. Please send donations by Friday 24 February to allow the PTFA uniform team to prepare all items for sale. Please sign up via the link below if you would like to help at the sale. Thank you in advance for your continued support.

3. Year 7 Parents & Students Social Evening: Friday 10 March, 19.00 – 21.00
The PTFA is pleased to invite all Year 7 students and their parents/carers to a social evening on Friday 10 March from 19.00 - 21.00. Tickets are available to purchase at £12.50 per child via www.classlist.com.

Students will be entertained with a disco, and snacks and drinks will be provided. Please be advised, that students are not permitted to use mobile phones or recording equipment in the disco. Parents/carers are invited to attend a separate reception while the students are at their party. Complimentary canapes will be served and there will be a licensed bar and hot drinks available to purchase. Tickets must be purchased **by 23.55 on Friday 3 March.** If you have not yet signed up to Classlist, please join this safe parent community through the link given above.

4. Quiz and Curry Night: Friday 28 April 19.00 - 22.00
The PTFA's annual Quiz and Curry Night will take place on Friday 28 April where you can enjoy a night of brainteasing questions, good food and fun and a chance to win the PTFA Quiz Night trophy. Further details to follow shortly.

5. Volunteer Sign-up links
None of our planned events can run without the kind support of volunteer staff/parents/carers. Could you help? To sign-up, please click on the link for the individual event to go to the sign-up sheet (or copy it into your web browser if clicking does not work). CCHSG PTFA thanks you in advance for your support.

EVENT	SIGN-UP LINK
Nearly New Uniform and Revision Books Sale: Saturday 4 March	https://volunteersignup.org/L8MYC
Year 7 Students & Parents/Carers Social Evening: Friday 10 March	https://volunteersignup.org/JDWJW

PTFA CONTACTS:
For all enquires related to PTFA, email cchsgptfa@gmail.com

mind
Mid and North
East Essex

WARMS supports Children's Mental Health Week 2023

This year's theme for Children's Mental Health Week is 'Let's Connect'.

On the 6th, 7th & 8th of February, WARMS will be offering 'connection sessions' during lunchtime.

Please drop in at anytime and join us in F5 for:
Monday – Boardgames
Tuesday – Designing postcards
Wednesday – Closeness bingo

This will provide the opportunity to meet the team, meet new people and engage in activities that encourage connection!



