Colchester County High School for Girls
Parent Weekly Bulletin
11 November 2022

Term Dates 2022 – 2023

Autumn Term
Thursday 1 September
Tuesday 20 December

Half Term
Monday 24 October
Friday 28 October

Spring Term
Thursday 5 January
Friday 31 March

Half Term
Monday 13 February
Friday 17 February

Summer Term
Monday 17 April
Friday 21 July
Bank Holiday
Monday 1 May

Half Term
Monday 29 May
Friday 2 June

Non-Pupil Days
Thursday 1 September
Friday 2 September
Thursday 20 October
Friday 21 October
Monday 19 December
Tuesday 20 December
Wednesday 19 July
Thursday 20 July
Friday 21 July

Term Dates 2023 – 2024

Autumn Term
Monday 4 September
Wednesday 20 December

Half Term
Monday 23 October
Friday 27 October

Spring Term
Thursday 4 January
Thursday 28 March
Bank Holiday
Friday 29 March

Half Term
Monday 19 February
Friday 23 February

Summer Term
Monday 15 April
Tuesday 23 July
Bank Holiday
Monday 6 May

Half Term
Monday 27 May
Friday 31 May

Non-Pupil Days
TBC

Safeguarding: Never Acceptable
to report a concern:
Click Here to make an Anonymous Report
Link to Whisper an anonymous third-party service for CCHSG

Dates for Your Diary

Monday **Week B**	Nov	14	Assembly: Yr 12 in the Hall Yr 10 Progress Check 1 to Parents A Level PE University of Essex Visit, Periods 1-3
Tuesday	Nov	15	Assembly: Yr 10 in the Hall Yr 11 Sixth Form Taster Day Yr 12 Forward Thinking Day STEM Physics Lecture at University of Cambridge 16.00 – 20.30
Wednesday	Nov	16	Assembly: Yr 8 in the Hall Yr 12 ESU Sixth Form Public Speaking Competition 19.30 via Zoom Ski Trip 2023 Information Evening
Thursday	Nov	17	No Assembly Yr 7 Parent Tutor Consultation Evening
Friday	Nov	18	No Assembly Non-Uniform Day Sixth Form Charity Day

Nut Free School
We ask everyone to ensure no nuts or nut products are brought into school. This includes during travel to and from school via public or shared transport. Thank you.

Votes for Schools
This week, to celebrate UK Parliament Week, students have considered the implications of changing the voting age to 16 across all elections in the UK.

Information from the School Library
At CCHSG we are keen to promote reading for pleasure to all our students. Fiction books provided in the school library are assessed by the School Librarians and are given a Fiction or Young Adult classification depending on the maturity of the themes within the book. We would like to make parents aware that some Lots of students buy their own books and if parents would like some guidance on the suitability of the content, this website is a great help: https://www.commonsensemedia.org/
Some authors also provide information about the themes within their books on their personal websites. We would like to make parents aware that some students are currently reading Colleen Hoover books. This author is considered to be an adult author so not stocked by the school library. Most of her books are classified as 17+ or adult on her website https://www.colleenhoover.com/books/recommended-reading-age/
If you have any questions regarding reading, please contact the School Librarians at library@cchsg.com and they will be more than happy to help.

Jack Petchey Achievement Awards
A reminder that Jack Petchey nomination deadline is today, Friday 11 November.
Please nominate via: Jack Petchey Achievement Award Nomination

Ski Trip 2023 Information Evening – Wednesday 16 November 18.00 – 19.30
Please bring with you a photocopy of your child's passport and EHIC/GHIC card.

Non-Uniform Day – Friday 18 November
11O are organising the day and they have chosen to support the charity Mind. The theme for day is 'Wear What Makes You Happy'. Students are encouraged to participate by wearing clothes appropriate to this theme and pay a voluntary contribution of £1 via ParentPay. However, as with all non-uniform days, students should dress appropriately for a working school day and wear suitable footwear. Students must not wear ripped jeans, short skirts, shorts, cropped or low cut tops, and hair and jewellery rules still apply. If students have PE on this day they are required to bring their normal PE kit to change into and remove loose accessories in order to safely carry out sporting activities.

For regular updates on CCHSG activities you can follow us on Facebook @colchestergirls or Twitter @CCHSG_ For PE Department news see @CchsgD

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Sixth Form Charity Day – Friday 18 November
The Head Student Team are organising the day to also support their chosen charity; students are asked to pay a voluntary contribution of £1 via ParentPay to wear more casual clothes for the day. Students should dress appropriately for a working school day and wear suitable footwear.

PTFA Approved Funding
At the PTFA Meeting held on Monday 7 November, the following funding requests were approved:

DEPARTMENT	DESCRIPTION/PURPOSE	APPROVED FUNDING (£)
Computing	Vax Robotics	2,000.00
Healthy Living	Replacement Resuci-annies (life-saving skills)	780.00
Geography	Atlas for KS3 & KS4	373.60
Physical Education	Football Goalposts	1,735.00
Physical Education	Football Kits	560.39
The Adventure Society After School Gaming Club	Basic equipment for live action role play	540.00
Site	Lap timer clock for school and clubs	355.00
	TOTAL	£6,343.99

Annual Christmas Market 2022: Saturday 26 November, 12.00 – 15.00
The PTFA are seeking support for the Christmas Market. Please see the PTFA section below for how you can help with donations or help on the day. Thank you.

Healthy Living Sessions for w/c Monday 14 November
Yr 7: 7Y Rotation 2 will have their second session on Monday 14 November during Periods 4 & 5.
Yr 8: 8Y Rotation 2 will have their second session on Tuesday 15 November during Period 3.
Students will have had instruction for the recipe in their previous sessions.

Lost Property
Any unnamed lost property that has been handed in has been photographed and recorded on SharePoint, students can view this via the link on the Student Bulletin. Items can be collected from Reception and will be kept for two weeks before being disposed of.

Chemistry Success
Congratulations to two students in Yr 9, a student in Yr 10 and a student in Yr 11 for being successful in Round 1 of the RSC Essex Chemistry Mastermind – Top of the Bench competition. They are among the top 7 schools out of 34 to get through to Round 2. Well done for their efforts and good luck for the next round.

Senior Mathematics Challenge Success
Yr 12 and 13 students at CCHSG did fantastically well in this years UKMT Senior Mathematics Challenge achieving two Gold, seven Silver and fifteen Bronze Awards. Our congratulations go to a student in Yr 12 for achieving 'best in year accolade' as well as qualifying for Andrew Jobbings Senior Kangaroo follow on round. Also to a student in Yr 13 for achieving 'best in school accolade' as well as qualifying for British Mathematical Olympiad Round 1 follow on round. Congratulations to them and well done to all the students who participated.

<u>Curricular and Enrichment Activities</u>

Extra-Curricular Clubs
Students are encouraged to attend extra-curricular clubs, signing-up via SchoolCloud has closed, but students are welcome to attend even if they did not sign-up.
The Extra-Curricular booklet is attached for students to see what is on offer.

PE Fixtures

Date	Time	Event	Against	Location	Year(s)
14.11.2022	15.45 – 17.00	Netball	TLA	CCHSG	Yr 9
15.11.2022	15.35 – 17.15	Netball	The Gilberd	Away	Yr 9 &11
15.11.2022	15.15 – 17.00	Table Tennis	Various	Away	U14
16.11.2022	15.15 – 17.00	Table Tennis	Various	Away	U16
17.11.2022	11.00-16.00	District Cross Country	Various	Northern Gateway	All Yrs

Students should also check the noticeboard in PE regularly for any updates or changes.

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Medsoc – Thursday 17 November 12.45 in F13
Former CCHSG student Dr Beth Jackson is giving a talk on her medical career to date ad how she found the right specialism for her (Radiology) with some problem-based case studies. All welcome to this great opportunity.

Yr 13 MMI Preparation for Yr 13 Future Medics, Vets and Dentists
MMI workshops will be starting next week on Wednesday 16 November, running every Wednesday at lunchtime.
Each session will start at 12.55 in the Lecture Theatre, students should eat lunch before.
The aims of the sessions are to give students opportunities to practice thinking on their feet and answering questions similar to those asked at MMI stations.

Yr 11 Biology Revision Sessions
Weekly revision session for GCSE Biology continue on Monday 14 November at lunchtime, 12.45 in F13. We will finish plant transport, please can students bring the booklet that was handed out. All welcome

Yr 12 and 13 Biologists
ZSL run an animal behaviour competition, the Prince Philip Award and Marsh prize. This involves undertaking some practical work on any aspect of animal Biology and writing up as a report. The prize is £600 and a former CCHSG student has just won the 2022 prize, a fabulous achievement. Full details: https://www.zsl.org/about-us/zsl-awards.
If students are interested in undertaking a study please come and discuss with Dr Martin first. Deadline for submission is 15 January 2023.

Mathematics Department Revision Sessions for Week B
Yr 13: Mechanics Thursday in M6 with Mr Glease
Yr 13: Admission test focus Thursday in M10 Mrs Bradnum
Yr 12: Tuesday Intervention in M11 with Mr Williams
Yr 11: Wednesday Revision Chapter 6 with Mrs King (open to all)
Yr 11: Thursday 11EGL & 11BRO groups in M11 with Mrs Roshen (Chapter 2)

Wellbeing Information
Any student who feels they need wellbeing support, should contact any of the following:
EWMHS: 0800 953 0222
Young Minds: https://www.youngminds.org.uk/
Kooth: https://www.kooth.com/
Sexual abuse or harassment can also be reported to neveracceptable@cchsg.com or see the anonymous reporting link on the front of the Bulletin.
Childline: 0800 1111 NSPCC: 0808 800 5000
The School Nurse and School Counsellor are available for student appointments.

Careers Information
Careers Lead – Mr Gosling

Students can make appointments with our impartial careers adviser via the sign-up sheet outside of Mrs Tarrier's office.

Alumni profile – career story and advice from former CCHSG student, Laura Pyman

Having left CCHS in 2009, I went on to study Geography at Royal Holloway, University of London. Throughout my degree I interned at various companies (including charities, a marketing agency and the BBC), before moving into my first role at a business marketing agency after graduating (a role I gained directly from networking at a previous internship). After obtaining some invaluable experience, I decided that I wanted to change direction; to do something similar but in the not for profit sector, where I could utilise my newly acquired marketing and project management experience. My first charity sector employer funded me through further study where I undertook a post graduate marketing qualification, and I have been forging a career managing direct-marketing programmes and teams since. This type of work involves running large marketing and fundraising campaigns which generate income through donations for charities; anything from a mailing pack that comes through your door, to the creation of new TV adverts. I love the variety of my work (no day is the same), and the opportunity to apply my skillset to fund vital charitable work.

My advice to any students would be to seek out internships and opportunities early on - having lots of practical experience really helped me both get some incredible interning opportunities, and land my first full-time job before graduating. I would also say don't be scared to change direction in your career - there are always transferable skills, and it's so important to enjoy the work you do. It's hard to truly know what types of roles are out there but employers are often willing to provide support for relevant qualifications to help you develop your expertise.

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e-Safety Information – Wizz App

It has come to our attention that several our students have been using and talking about a reasonably new social media app called Wizz. Marketed as an app for helping teens make new friends, the reports and reviews make it abundantly clear that it is a very risky platform to use with many young people describing it as being full of "cat-fish" and like "Tinder for kids". The consensus from e-safety advisors is that the platform is dangerous and unnecessary for young people to use.

What Parents Need to Know

It's primarily a friend-finding chat app, allowing a pair of individuals or groups to talk and exchange gifs, pictures, and videos. The use of foul language is frequent and, while the app's guidelines prohibit sexual or violent content, some questionable topics can slip into the chats. Some users' bio images are also sexually suggestive. Wizz uses an age verification system to put users of a similar age in the same feed, but minors and adults frequently appear in the same space and can be connected if they accept each other's friend requests.

We urge you to read the developer's privacy policy for details on how you (or your children's) information is collected, used, and shared and any choices you may have in the matter, and note that privacy policies and terms of service frequently change.

How to discuss the app with your children

- You can talk about the potential risks and dangers of posting personal information on Wizz and other social media apps
- What other social media apps are available? Which are more appropriate for minors? Why is it potentially dangerous for kids to interact with adults online?
- How are friendships you forge online different from friendships you make in person? Should the two be treated differently? Is it okay to be friends with someone you've never met in person?

App store age rating: 12+
Google play store age rating: 12+
Wizz: 16+
Parents advisory age rating: 18+ only

Community Information

Colchester Library ACL Christmas Pop-Up Shop

For your information, Colchester Library is hosting a pop-up shop selling Christmas cards and gifts created by students in Colchester on Tuesday 6 December, 10.30 – 14.30. Please see poster below.

Dining Room Arrangements

Breakfast – served between 08.00 – 08.35, accessed via the Dining Hall Extension Doors outside the servery.
Breaktime – Yrs 7-11 need to go to the allocated outside area to eat. Break service in Dining Hall.
Lunchtime – hot food in Dining Hall at allocated time for each Year Group, cold food and pre-ordered panini/sandwiches available from outside servery 12.35 – 13.00. Yrs 12&13 pre-ordered food in Sixth Form Refectory from 12.15.
There must be no eating in classrooms except if wet lunch is declared.

Pre-orders must be made by 08.30
Please ensure your child's ParentPay meal account is in credit.
Please pre-order lunchtime cold food via the Civica Eats APP

Dining Arrangements students to Dining Hall for Lunch:

Week A		**Week B**	
12.35	Yr 13	**12.35**	Yr 13
12.45	Yr 11	**12.45**	Yr 11
12.50	Yr 8 & 7	**12.50**	Yr 9 & 10
13.00	Yr 9 & 10	**13.00**	Yr 7 & 8

Students should arrive promptly for their slot.

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Menu for w/c 14 November

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Bolognese with Sweetcorn	Lamb Fried Rice	Sausages, Chips & Beans	Chicken Tikka Masala with Rice	Fishcake with Salad
Or				
Cheese & Tomato Tart with Salad	Vegetable Pasta Salad	Macaroni Cheese with Peas	Cheesy Stack Wrap with Salad	Lentil Ragu with Cous-Cous
Main Meal £3.30				
Chocolate Sponge with Chocolate Sauce	BlackBerry & Apple Crumble with Custard	Chocolate Mousse	Banana & Toffee Pudding with Custard	Apple Danish with Cream
Pudding £1.30				
Panini £3.30				
Soup of the Day (changes daily) £0.60 with Homemade Bread £0.40				
Leek & Potato	Carrot & Coriander (Vegan)	Tomato & Basil	Minestrone (Vegan)	Vegetable Soup (Vegan)

Correspondence Sent out this Week
All Yrs: Careers Event Parent Participation
Yrs 7-11: Non-Uniform Day
Yr 9: DofE Bronze Confirmation (selected students)
Yr 10: DofE Silver confirmation (selected students)
Yrs 10 & 12: Field Trip to Iceland 2023 (selected students)
Yr 12: Forward Thinking Day
Yrs 12 & 13: Sixth Form Disneyland Paris Trip (selected students)
Yrs 12 & 13: STEM Physics Lectures at University of Cambridge (selected students)

Deadline for Replies and Payments

Year Group	Trip or Event	Deadline for Response
All Yrs	Parental Support for Careers Event	Thursday 17 November
Yrs 7 - 11	Non-Uniform Day	Thursday 17 November
Yr 7	Bushcraft Residential Trip	Friday 9 December
Yrs 9 & 10	GCSE Psychology Textbook Purchase	Friday 18 November
Yr 9	DofE Bronze Consent & Initial Payment	Wednesday 30 November
Yr 10	DofE Silver Consent & Initial Payment	Wednesday 30 November
Yr 12	A Level Psychology Textbook and Extension Reading Materials	Friday 18 November
Yrs 12 & 13	STEM Physics Lectures at University of Cambridge	Monday 14 November
Yr 13	A Level Psychology Textbook and Extension Reading Materials	Friday 18 November

Word of the Week for w/c 14 November
Next week the word is: **PSEUDONYM** – a fictitious name used by an author to conceal their identity.

Colchester County High School for Girls
11 November 2022

PTFA
Registered Charity No. 1110464

COMMITTED TO EXCELLENCE

1. Autumn Term Dates for Your Diary

- **Annual Christmas Market:** Saturday 26 November, 12.00 – 15.00
- **Nearly New Uniform and Revision Books Sale:** Saturday 26 November, 12.00 – 15.00 (during the Christmas Market) please continue to make donations.
- **Winter Concert** (Refreshments**):** Tuesday 13 and Wednesday 14 December

2. TCS London Marathon 2023: Sunday 23 April 2023

If you were successful in gaining a place in the TCS London Marathon 2023 individual ballot, and have not yet committed yourself to running for a charity, would you consider raising sponsorship for the PTFA? If you are interested in doing so, please contact us at cchsgptfa@gmail.com.

For anyone willing to commit to raising funds, the PTFA will create a fundraising page which you will be invited to join. We thank you in advance for your support.

3. PTFA Approved Funding

At the PTFA Meeting held on Monday 7 November, the following funding requests were approved:

DEPARTMENT	DESCRIPTION/PURPOSE	APPROVED FUNDING (£)
Computing	Vax Robotics	2,000.00
Healthy Living	Replacement Resuci-Annies (life-saving skills)	780.00
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Physical Education	Football Kits	560.39
The Adventure Society After School Gaming Club	Basic equipment for live action role play	540.00
Site	Lap timer clock for school and clubs	355.00
	TOTAL	**£6,343.99**

4. Annual Christmas Market 2022: Saturday 26 November, 12.00 – 15.00

Appeal for donations of items for the PTFA Stalls at the Christmas Market

Preparation for the Christmas Market is well underway. There are many ways that you can get involved to make this event one of our best yet. We are looking for donations for some of our PTFA run stalls including the following:

- Sweets for Sweets Jar Tombola
- Chocolates for Chocolate Tombola
- Items for Bottle Tombola
- Books for the Book Stall
- Home-baked cakes, cookies, curries, etc.

If you would like to donate any of these items (except for books, which can be left in the wheelie bin outside Reception), please contact cchsgptfa@gmail.com to make arrangements for delivery. Please ensure items donated are within date for consumption beyond December 2022.

5. CCHSG PTFA Christmas Grand Raffle Draw 2022

Have you purchased tickets for our Christmas Grand Prize Draw for this year yet? The draw will take place on Friday 9 December and winners will be notified via email or telephone. All non-cash prizes must be collected in person from the school by Friday 16 December.

1st Prize - £250 cash **2nd Prize** - Luxury Festive Hamper, and many other exciting prizes.

Raffle Tickets cost £5 per entry and can be purchased at https://www.trybooking.co.uk/BXKF

Disclaimer: As a result of legislation changes by the UK Gambling Commission (UKGC), since April 2020, the use of credit cards for any type of gambling has been prohibited. This also applies to online gambling such as this Raffle Draw. Please use a debit card rather than credit card. Please gamble responsibly.

6. Volunteer Sign-up Links

There are many ways that you can support us with the upcoming events including offering to donation of items for the Christmas Market. Please sign-up via these link:

Event	Volunteer Sign-up link
Annual Christmas Market Saturday 26 November	https://volunteersignup.org/9P7R8
Nearly New Uniform Sale Saturday 26 November	https://volunteersignup.org/E4QHQ
Winter Concert Tuesday 13 December	https://volunteersignup.org/KYX8P
Winter Concert Wednesday 14 December	https://volunteersignup.org/QALJB

PTFA CONTACTS:

For all enquires related to PTFA, email cchsgptfa@gmail.com

PTFA

NEARLY NEW UNIFORM & BOOK SALE

SATURDAY 26 NOVEMBER 2022
12.00 - 15.00 hours
Room G23, CCHSG
(Christmas Market)

No appointment needed.

As some of the uniform may have been altered, we recommend that you bring your child along with you to try the items before purchasing. Please ensure that you child wears clothes suitable to try clothes on over them. You will also need to bring bags for your purchase.

We regret that we cannot reserve items for anyone.

Payment accepted:

Cash or credit/debit card.
(A minimum of £30.00 purchase required for card payments)

Donations:

We accept outgrown uniform and good quality revision, fiction or non-fiction books. Please deposit them into wheelie bins outside the school reception.

Email: cchsgptfa@gmail.com



PTFA

CHRISTMAS Market 2022

Grand Raffle Draw

£250 Cash Prize, Luxury Hamper & many other exciting prizes!

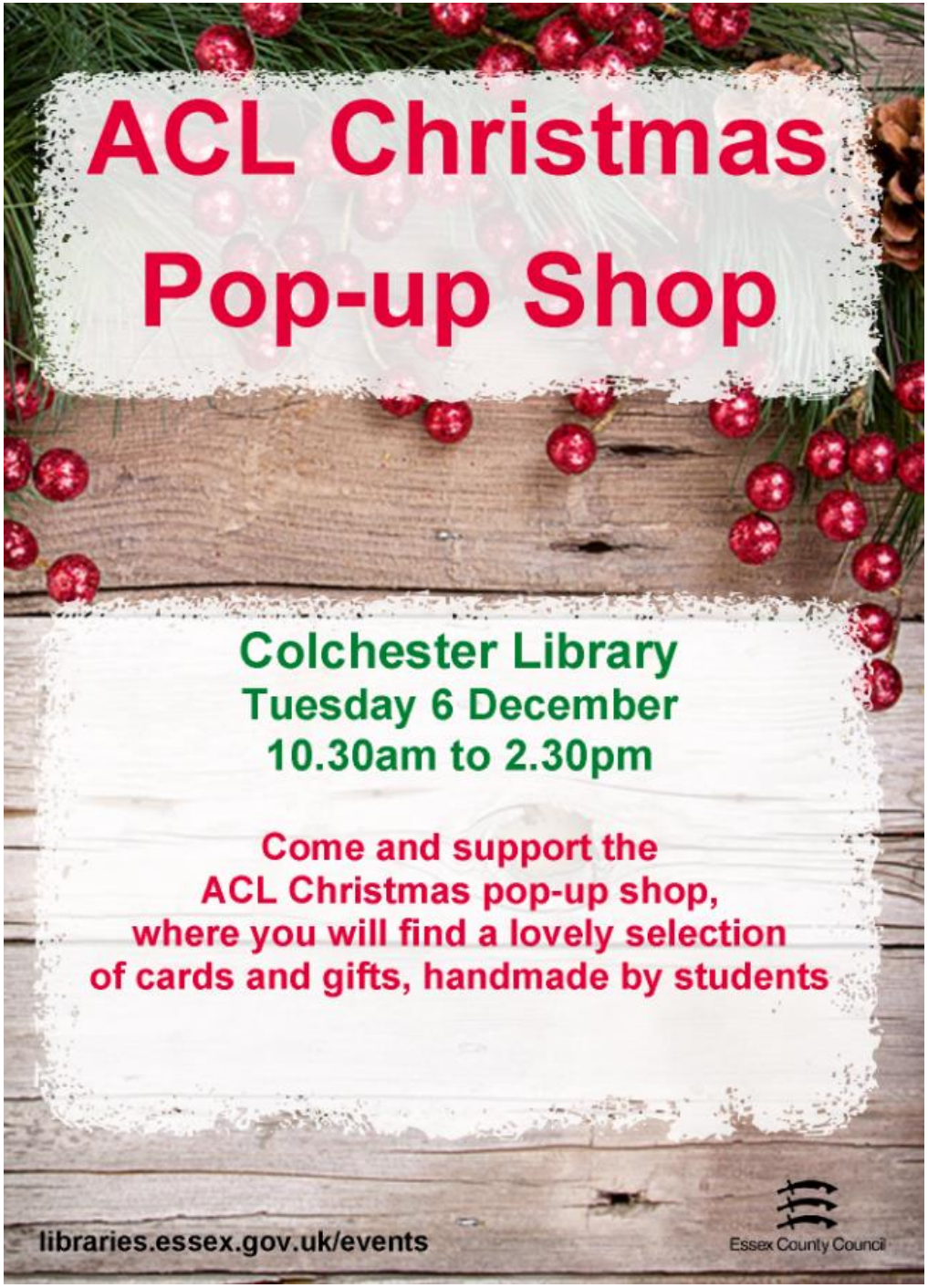
To purchase tickets scan the QR code or visit
https://www.trybooking.co.uk/BXKF

£5 per entry
Draw Date - 9 December

COLCHESTER COUNTY HIGH SCHOOL FOR GIRLS
Norman Way, Colchester, CO3 3US

cchsgptfa@gmail.com

Sponsored by Beresfords


ACL Christmas
Pop-up Shop
Colchester Library
Tuesday 6 December
10.30am to 2.30pm
Come and support the
ACL Christmas pop-up shop,
where you will find a lovely selection
of cards and gifts, handmade by students
libraries.essex.gov.uk/events
Essex County Council