Colchester County High School for Girls
Parent Weekly Bulletin
5 November 2021

Term Dates 2021 – 2022

Autumn Term
Wednesday 1 September
Friday 17 December

Half Term
Monday 25 October
Friday 29 October

Spring Term
Tuesday 4 January
Friday 1 April
Bank Holiday
Monday 3 January

Half Term
Monday 14 February
Friday 18 February

Summer Term
Tuesday 19 April
Monday 18 July
Bank Holiday
Monday 18 April
Monday 2 May

Half Term
Monday 30 May
Friday 3 June

Non-Pupil Days
Wednesday 1 September
Thursday 2 September
Thursday 21 October
Friday 22 October
Friday 17 December
Tuesday 4 January
Tuesday 19 July
Wednesday 20 July
Thursday 21 July

Prov Term Dates 2022 – 2023

Autumn Term
Thursday 1 September
Tuesday 20 December

Half Term
Monday 24 October
Friday 28 October

Spring Term
Thursday 5 January
Friday 31 March

Half Term
Monday 13 February
Friday 17 February

Summer Term
Monday 17 April
Friday 21 July
Bank Holiday
Monday 1 May

Half Term
Monday 29 May
Friday 2 June

Non-Pupil Days TBC

Safeguarding: Never Acceptable
to report a concern:
Click Here to make an Anonymous Report
Link to Whisper an anonymous third-party service

Dates for Your Diary

Monday Week **A**	Nov	8	Assembly: Yrs 12 & 13 (via Teams) In-Year Testing for place in Yr 9 Yr 7 Progress Check 1 to Parents Yr 11 SLT Discussions, Period 3 PTFA Meeting 19.30 – 21.00
Tuesday	Nov	9	Assembly: Yrs 10 & 11 (via Teams) Yr 10 DofE Bronze Group A 15.45 – 17.30
Wednesday	Nov	10	Assembly: Yrs 7 & 8 (via Teams)
Thursday	Nov	11	Assembly: Yr 9 (via Teams) Yr 12 ESU MACE Public Speaking Competition 16.30 – 20.00
Friday	Nov	12	Yr 9 DofE Bronze Group B 15.45 – 17.30

Student Home Testing
We encourage all students to continue testing twice weekly. Results should still be recorded via www.testregister.co.uk/login and www.gov.uk/report-covid19-result.
We continue to urge students to sanitise, keep distance and encourage them to wear face masks in communal areas.

Remembrance
Poppies are on sale for staff and students in Reception.
We will be observing the two minutes silence on Thursday 11 November at 11.00.

PE – Swimming
Yrs 7-10 do swimming/ personal survival as part of their curriculum in PE. This is an important life skill, which is another reason we ensure all students have the chance to do it.
If your child cannot swim or is not confident in the water, please email nwiseman@cchsg.com – if this is the case, another activity will be arranged and they will be expected to attend the swimming lessons on Thursday lunchtime instead, to develop their water confidence.
If your child is on their period and does not feel comfortable swimming for this reason, parents should write a letter to their PE teacher stating this. The student is then expected to get changed into PE kit and help on poolside.
Yr 8-10 have to wear pyjamas/ light-weight clothing over the top of their costume as part of their Personal Survival/ Lifesaving module. If your child is on swimming, they are reminded to still bring PE kit in case there are any problems with the pool.

Lost Property
All unnamed lost property that has been handed in since the start of term, has been photographed and recorded on SharePoint for students to view.
Please urge students to check to see if anything belongs to them, items can be collected from Reception. Unclaimed lost property will be disposed of at the end of the Autumn Term.

Healthy Living Rotations
Yrs 7 & 8 students should have been notified by their Form Tutor which Healthy Living Rotation they will be on and noted the dates in their planner. Parents will be sent a reminder email the week before your child is due to have their rotation.
Rotations with Mrs Webb will be:
Yr 7 on Monday Periods 4 and 5 or Tuesday Periods 2 and 3 – Week B
Yr 8 on Monday Periods 4 and 5 or Tuesday Periods 2 and 3 – Week A
Students can access the initial recipes to check ingredients via: SharePoint. We hope they enjoy their Healthy Living sessions.

For regular updates on CCHSG activities you can follow us on Facebook @colchestergirls or Twitter @CCHSG_ For PE Department news see @CchsgD

Parent Weekly Bulletin – 5 November 2021

A Level Geography Coursework Questionnaire
Please consider assisting a student in Yr 13 with their A Level Geography coursework on attitudes towards Colchester High Street, by Completing a short questionnaire via the link: Student A Level Geography Coursework Questionnaire. Many thanks in advance.

Wellbeing Information
Any student who feels they need wellbeing support, should contact any of the following:
EWMHS: 0800 953 0222
Young Minds: https://www.youngminds.org.uk/
Kooth: https://www.kooth.com/
Sexual abuse or harassment can also be reported to neveracceptable@cchsg.com or see the anonymous reporting link on the front of the Bulletin.
Childline: 0800 1111 NSPCC: 0808 800 5000
The School Nurse and School Counsellor are available for student appointments after Half Term.

Extra-Curricular and Enrichment Activities

PE Fixtures

Date	Time	Event	Against	Location	Year(s)
09.11.2021	09.00 – 13.00	District Cross Country	Various	Away	Yrs 7-12
09.11.2021	13.30 – 14.30	Netball Essex Cup	Southend High school for Girls	Home	U14
09.11.2021	15.30 – 16.45	Netball Essex Cup	Passmores	Home	U16
10.11.2021	12.15 – 17.30	East Essex Tournament	Various		U19
11.11.2021	15.45 – 17.00	Netball	The Gilberd	Away	Yrs 10 & 11

Students should also check the noticeboard in PE regularly for any updates or changes.

Schools will Rock You – Rehearsal, Thursday 11 November, 15.35 – 16.30
Rehearsal for: Killer Queen, Khashoggi, The Super Yuppies.

Yr 11 & 13 Mathematics Department Revision Sessions
The Mathematics department are running lunchtime revision sessions for students in Yrs 11 and 13. Please see the timetable below.

Yr 13 Revision	Week A	Week B
	Tuesday: Pure with Mrs Roshen in M10	Tuesday: Pure with Miss Dai in M10
	Monday: Statistics with Mrs Ball in M10	Monday: Mechanics with Mrs Bradnum in M10

Yr 11 Revision	Week A	Week B
	Monday with Mr Walsh in M9	Tuesday with Miss Burnett in M7

Yr 11 Weekly GCSE Biology Revision Sessions
These continue every Tuesday lunchtime in F13, all welcome, bring your lunch. Next week when F13 is free there will be an overflow room in F12 via Teams.
This week we will look at circulatory systems, lungs and respiration.

Debate Club
Will meet in T20 next Tuesday lunchtime. Topic is: "This House believes that Jesy Nelson should be criticised for Blackfishing".

Yr 10: English Department are Recruiting Literacy Leaders
The role would require students to work together to tackle the enemies of literacy: poor punctuation, scandalous spelling, gory grammar and a loss of love in reading. This could be achieved through form time activities, presentations, vlogs or posters. Students will need to be responsible and self-motivating to ensure duties are managed outside of their studies. Many of our previous Literacy Leaders have gone on to be on the Head Student Team and it is a wonderful opportunity to evidence commitment and support for fellow students.
Those interested in applying should write a brief letter to their English teacher explaining why they think they would be perfect for this role (no more than one side of A4).

Parent Weekly Bulletin – 5 November 2021

Countries of the World Competition
The countries of the world competition continues! Mr Kennedy has set up a Leader Board in T19 to chart how many of the 196 countries of the world students can name in 15 minutes.
Students simply go to https://www.jetpunk.com/quizzes/how-many-countries-can-you-name, take the quiz and submit their results (name and form, plus score out of 196 and the time – ideally with a screenshot) to nkennedy@cchsg.com.
The competition is open to all year groups, and there are prizes to be won! Good luck!

Psychology Book of the Month
Whether they study Psychology or not, students should have a look at November's book of the month! In *The Man Who Mistook His Wife For A Hat* neuroscientist Oliver Sacks explores the fascinating and sometimes bizarre experiences of people with neurological differences or injuries. See below for further details. Students: why not write a review of the book? Please email any reviews to Mrs Morley.

Dead Poetry Society
The Dead Poetry Society will be starting up again and returning to the classroom. The MS Teams group will remain so anyone can still join that and listen to the various podcasts but we shall be having real meetings in G5 again. These will be on Fridays 12.45 – 13.15 (Week A only), first one: Friday 12 November. Students should confirm interest in attendance by emailing Mr Doyle (mdoyle@cchsg.com) (especially if they would like to be a prefect/ambassador of the club) but they can also just turn up on the day. There is no obligation to read or contribute in any way, unless they wish. Please also email Mr Doyle for any requests or if they would like a particular poet showcased or perhaps they would like to do a presentation themselves on their favourite poem/poet! Anything in reason welcome and the poet does not actually have to be dead, and could even be the student!

E-Safety Information – The Use of WhatsApp by CCHSG Students
WhatsApp is an instant messaging app which lets you send messages, images and videos in one-to-one and group chats with your contacts. You can choose to share your live location for up to eight hours with one contact or a group.
As a school we recognise that a popular and versatile messaging application such as WhatsApp can provide students with an easy way to communicate and collaborate with peers, especially if they are new to the school. However, we do not endorse or encourage the use of this platform for any school related activities or large groups.
The school endorsed platform Microsoft Teams can be downloaded or accessed through a browser on both portable devices like phones, but also desk-top and laptop computers. Teams can allow students to ask questions to peers or to staff in-relation school work and facilitates the same type of collaboration and communication as any messaging application. The school monitor and manage the school Teams accounts and can therefore provide a greater degree of supervision and by proxy safety in regards to its use. School email accounts are also monitored.
WhatsApp is run by Facebook, an external organisation and as such the school has absolutely no control or influence of how groups are organised or who can send messages to whom. Whilst the school will take a very tough stance on specific instances of cyber-bullying WhatsApp can make investigating these incidents quite difficult, therefore it is parent responsibility to monitor usage.
The Use of WhatsApp and other similar messaging services must be only for personal and non-school related activities.
The decision to allow a child to create an account and use WhatsApp must rest solely with the parents and be a well informed decision. Parents must be actively involved in helping to keep their child safe online, taking a few moments to talk to your child about the use of the messaging service and to look through their messages is wholly acceptable for younger students, the official age rating for WhatsApp is 16+.
For more information on the safe use of WhatsApp please follow the link below:
net-aware.org.uk/networks/whatsapp/.

Dining Room Arrangements
Breakfast – 'to go' served between 08.00 – 08.35, accessed via the Dining Hall Extension Doors outside the servery.
Breaktime – Yrs 7-11 need to go to the allocated outside area to eat. Break service 'to go' in Dining Hall.
Lunchtime – hot food in Dining Hall at allocated time for each Year Group, cold food and pre-ordered panini/sandwiches available from outside servery 12.35 – 13.00. Yrs 12&13 pre-ordered food in Sixth Form Refectory from 12.15.
There must be no eating in classrooms except if wet lunch is declared. The school field is open to all but there is no eating on field.

Pre-orders must be made by 08.30
Please ensure your child's ParentPay meal account is in credit.

Parent Weekly Bulletin – 5 November 2021

[Student Lunch Order]

[Sixth Form Lunch Order]

Menu for w/c 8 November

Monday	Tuesday	Wednesday	Thursday	Friday
Chilli con Carne with Rice	Beef in Black Bean Sauce with Rice	Pizza, Chips & Salad	**Spanish Chicken**	Breaded Cod with Sauté Potatoes & Broccoli
Or				
Vegetable Pasta with Salad	Cheese & Tomato Tart with Salad	Macaroni Cheese with Peas	Spinach & Tomato Frittata with Salad	Gnocchi in Tomato Sauce with Salad
Main Meal £3				
Jam Sponge Pudding with Custard	Blackberry & Apple Crumble with Custard	Cheesecake	Banana & Toffee Sponge with Custard	Cornflake Tart with Custard
Pudding £1.20				
Panini £3				
Soup of the Day (changes daily) £0.60 with Homemade Bread £0.40				
Vegetable	Carrot & Coriander	Leek & Potato	Minestrone	Tomato & Basil

Correspondence Sent out this Week:
Yr 7, 8 & 10: Rosetta Stone Independent Language Learning Club (selected students)
Yr 7: Year 7 Information
Yr 9: DofE Bronze Award Scheme
Yr 11: Mock Examinations

Deadline for Replies and Payments

Year Group	Trip or Event	Deadline for Response
Yr 7, 8 & 10	Rosetta Stone Independent Language Learning Club	Wednesday 10 November

Mr Williams' Weekly Maths Conundrum
Find two numbers such that their product, sum, and difference are in the ratio 5:4:1
Click the link below to submit your answer – best of luck! [Mr Williams' Weekly Maths Conundrum 5Nov]

Word of the Week for w/c 8 November
Next week the word is: **ZEAL** – fervour for a person, cause or object; eager desire or endeavour; enthusiastic diligence.

Colchester County High School for Girls
5 November 2021

PTFA
Registered Charity No. 1110464

COMMITTED TO EXCELLENCE · WISDOM GIVETH LIFE · CCHSG

1. Diary Dates for Autumn Term (2021/2022 Academic Year)

- **PTFA Meeting – Monday 8 November, 19.30 - 21.00**
  All are welcome to this meeting to discuss events/fundraising for the 2021/2022 academic year.
- **Second Hand Uniform Sale dates in 2021/2022 Academic Year**
  Autumn Term - Saturday 27 November 09.00-13.00
  Please note that second hand uniform sales cannot take place outside published dates.

2. STIKINS Label Planet Name Labels – THANK YOU!

We are delighted that purchases made by the school community between 1 October 2020 and 30 October 2021 has earned us **£62.17** in commission.

STIKINS multipurpose name labels simply stick onto school items, including clothes and shoes. They have a unique advanced adhesive, which is only available on STIKINS name labels.

The unique School Fundraising Number for CCHSG is **35809**. To order, go to www.stikins.co.uk

3. Second Hand Uniform & Book Sale - Saturday 27 November 09.00 – 13.00

Despite the cancellation of the Christmas Market, a Second Hand Uniform Sale open to all Year Groups will still take place on **Saturday 27 November 09.00 – 13.00 in the Main Hall.** This sale will not be by appointment but we do anticipate a large attendance, so we would appreciate your support and patience as we get you through the sale room. Siblings are not allowed unless they are currently at the school and need to get uniform. Please continue to donate any outgrown items of uniform, good quality revision materials or fiction and non-fiction books still in sale worthy condition to the PTFA. All donations of books and uniform are gratefully received and can be left in the clearly marked PTFA wheelie bins outside the School Reception.
The PTFA would be very grateful for volunteers to help prepare for the sales and to support with the stewarding and staffing during the sale.
To sign up as a volunteer, click this link: https://volunteersignup.org/WB9LM

4. Christmas Themed Fundraising Scratch Cards

Scratch cards for selling squares worth £40.00 per card are available by request from CCHSG PTFA from Monday 8 November 2021. Participants must be 18 or over. The stake per square is £1.00 and a maximum of £20 is awarded to the winner from each card (amount is subject to the card being completed). All scratch cards must be returned **with answer block unscratched** to the PTFA via the school and monies collected to be banked into the PTFA's bank account.

The following 5 categories of scratch cards are available to choose from;

1. Christmas Carols
2. Christmas Movies
3. Christmas Traditions
4. Christmas Food and Drinks
5. Nativity Scene

Requests for scratch cards can be made to cchsgptfa@gmail.com

5. PTFA Virtual Christmas Market

CCHSG PTFA will be running a **Virtual Christmas Market** on Facebook. We are delighted to offer this opportunity for our existing stallholders and other local business and individuals to promote their products and services, for a nominal fee, in our Virtual Market Place. Facebook Business Pages and Individual Members can apply to be Registered Advertisers with this Group. Membership is subject to Admin approval.

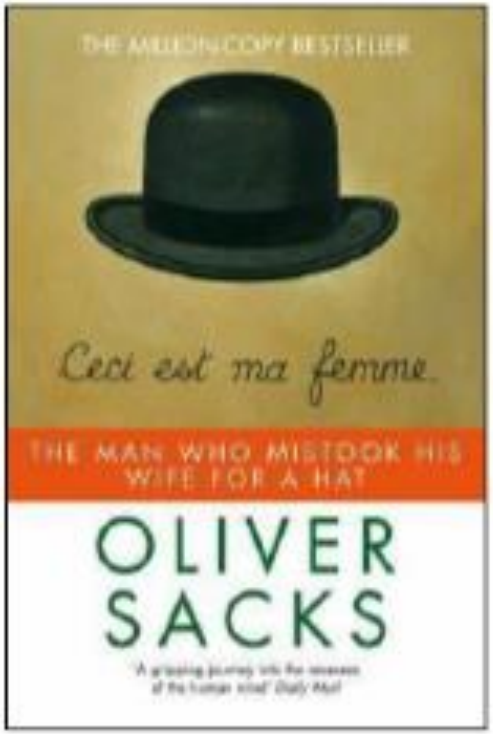
To register as an advertiser, complete this Google form: https://forms.gle/3E63TnD5oCXxdh9i8
The Group's Rules can be found here: https://www.facebook.com/groups/cchsgptfa/about
Every penny raised through membership fees goes directly to support the school. Why not invite your friends and acquaintances to join the group?

PTFA CONTACTS:
Chair: Agness O'Brien
agnessobrien@hotmail.com
Tel. 01376 573694 or 07951 511653
For all enquires related to the PTFA, email cchsgptfa@gmail.com

Psychology Book of the Month: November

Neurologist Oliver Sacks recounts the stories of patients lost in the bizarre, apparently inescapable world of neurological disorders.

These are case studies of people who have lost their memories and with them the greater part of their pasts; who are no longer able to recognize people or common objects; **whose limbs have become** alien; who are afflicted and yet are gifted with uncanny artistic or mathematical talents. In Dr Sack's splendid and sympathetic telling, each tale is a unique and deeply human study of life struggling against incredible adversity.



Why not write a review of this book when you have read it?

Please email any reviews to Mrs Morley