Colchester County High School for Girls
Parent Weekly Bulletin
9 July 2021

Term Dates 2020 – 2021

Summer Term
Monday 12 April
Wednesday 21 July
Bank Holiday
Monday 3 May

Half Term
Monday 31 May
Friday 4 June

Non-Pupil Days
Monday 19 July 2021

Academy Days
Tuesday 20 July 2021
Wednesday 21 July 2021

Term Dates 2021 – 2022

Autumn Term
Wednesday 1 September
Friday 17 December

Half Term
Monday 25 October
Friday 29 October

Spring Term
Tuesday 4 January
Friday 1 April
Bank Holiday
Monday 3 January

Half Term
Monday 14 February
Friday 18 February

Summer Term
Tuesday 19 April
Friday 22 July
Bank Holiday
Monday 18 April
Monday 2 May

Half Term
Monday 30 May
Friday 3 June

Non-Pupil Days
Wednesday 1 September
Thursday 2 September
Thursday 21 October
Friday 22 October
Friday 17 December
Tuesday 4 January
Thursday 21 July
Friday 22 July

NSPCC helpline to report abuse in education on 0800 136 663 or email help@nspcc.org.uk

Dates for Your Diary

Saturday	July	10	Yr 11 DofE Bronze Group A Qualifying Expedition
Sunday	July	11	Yr 11 DofE Bronze Group A Qualifying Expedition
Monday Week **A**	July	12	Yr 8 Progress Check to Parents Yr 10 Assessment Results to Parents
Tuesday	July	13	Sports Day – Field Events Yr 12 Wellness Reboot Breakout Day
Wednesday	July	14	Sports Day – Track Events Yr 12 Internal Assessment Results to Parents
Thursday	July	15	Yr 9 Progress Check to Parents
Friday	July	16	**LAST DAY OF TERM FOR STUDENTS** End of Term Assemblies – Period 5
Saturday	July	17	Yr 11 DofE Bronze Group B Qualifying Expedition
Sunday	July	18	Yr 11 DofE Bronze Group B Qualifying Expedition

Covid-19 Code of Conduct
We urge students to continue to wear masks in communal areas and corridors, to hand wash/sanitise, and follow the one-way system. We thank them for all they are doing to keep our school community safe until the end of term.

Home Testing
It is very important that students continue to take their LFD test and report the results. This will help to keep our whole community safe.
Testing should continue twice weekly, please register student results via www.testregister.co.uk/login and www.gov.uk/report-covid19-result.
Students are encouraged to continue testing during the summer break, however the school will not operate Test and Trace from Monday 19 July.

ParentPay Meal Account
As we approach the end of the school year please ensure your child's meal account is in credit. Thank you.

End of Term
Students will continue to be in lessons through to Friday 16 July. End of Term Assemblies led by Year Leaders, with students in Form Classes, will take place during Period 5.

School Uniform
All students should resume wearing correct uniform from September.
Please refer to the letter sent to parents this week. To clarify, the current school blazer is acceptable, there is no need to purchase a new jacket until your child grows out of their current one.

Yr 12 Wellness Reboot – Tuesday 13 July
This is an opportunity for Yr 12 to learn how to engage with themselves and others to obtain optimal health in all areas of their wellbeing. They will do this by getting involved in a variety of wellness activities, including listening to guest speakers from wellness charities and thus start their journey to Yr 13 in a positive and sustainable way.
We would welcome a minimum donation of a £2 to support our charities, this does not include our Key Note Speaker as they have volunteered their time and expertise for free. Other welcome donations to support our sustainability and environmental aspects of the day include; clean old T-shirts (any size), clean jars with the labels removed, plant pots and any colourful decorations.

Sports Day
Field events will be taking place on Tuesday 13 July and track events on Wednesday 14 July, for competitors only. Students taking part will need to wear their PE kit and bring a refillable water bottle. Students are advised to bring and apply a high factor sun cream and may wear an appropriate cap except while running.

For regular updates on CCHSG activities you can follow us on Facebook @colchestergirls or Twitter @CCHSG_ For PE Department news see @CchsgD

Parent Weekly Bulletin – 9 July 2021

The High Jump, 1500m and Triple Jump (Yr 10 only) events have taken place this week. The current points for each year group are:

Year 7	Year 8	Year 9	Year 10
1st – 7L 41 points	1st – 8E 38 points	1st – 9H 31 points	1ST – 10L 39 points
2nd – 7H 35 points	2nd – 8C 25 points	2nd – 9E 24 points	2nd – 10H 35 points
3rd – 7O 32 points	3rd – 8O 22 points	3rd – 9O 22 points	3rd – 10C & 10O 32 points
4th – 7C 26 points	4th – 8L 16 points	4th – 9C & 9E 15 points	4th – 10E 30 points
5th – 7E 22 points	5th – 8H 10 Points		
6th – 7S 18 points			

Healthy Living Sessions
The last Healthy Living session with Mrs Webb will be students in 7H for a catch-up session on Monday Periods 4 and 5 We hope they enjoy the Healthy Living session.

Healthy Living – Focus on Food
This week Nina Webb is sharing recipes for '**Quesadilla'**. Quesadillas are perfect for quick meals and snacks try her **Easy Vegetarian Quesadilla** or **Breakfast Quesadilla**.
Find the recipe on SharePoint, with all the other recipes so far, via Focus on Food.
Do send pictures to nwebb@cchsg.com.

Extra-Curricular and Enrichment Activities

Debate Club
There will not be a session of Debate Club next week but students can see the Teams page for details on becoming a Club Leader next academic year: DebateClubTeams Those interested in becoming a Debate Club leader should prepare for a debate on the topic of 'This House would make voting compulsory'. They will then be put into two camps to debate the issue.

Historical Fiction Book Club – Talk Reminder
The talk with Lissa Evans on her book Crooked Heart, for the Historical Fiction Book Club will be on Tuesday 13 July at 17.30.

English Department: Summer Reading Challenge – "Shelf Indulge"
A reminder of the reading challenge – see the poster at the end of the Bulletin for full details.

The Royal Society Summer Exhibition Online
The annual Royal Society summer science exhibition that focusses on UK break through science is being held online this year, 8-11 July. There are some great live streamed talks, family quiz and lab tours, suitable for all of the family, all free of charge. Full details here: https://royalsociety.org/science-events-and-lectures/2021/summer-science-exhibition/

Yr 11 Sixth Form Preparation and Yr 13 Post A Level Activities
A range of subject learning and enrichment activities to begin Yr 11 students' preparation for A Level studies can be accessed via the school website under the Sixth Form tab entitled 'Sixth Form Reading List'.
In addition, a range of resource links for academic reading and activities beyond Sixth Form can be accessed via the school website under the Sixth Form tab.

Wellbeing Information
Any student who feels they need wellbeing support should contact their Year Leader who can advise and signposts suitable resources and support organisations.
Sexual abuse or harassment can also be reported to neveracceptable@cchsg.com

Wellbeing Ambassadors – 15 minute Self-Care Ideas
- Step outside to get some fresh air and sunlight
- Sit comfortably and play a guided meditation on your phone
- Grab a journal and do a small brain dump of what is on your mind
- Turn off your phone and drink a full glass of water

Parent Weekly Bulletin – 9 July 2021

Community Information

Suffolk Roadsafe: Free Family Cycling
Sessions are available for families who want to cycle more regularly, whether to keep fit, to commute to work or school, or to go and visit friends; riding skills refreshed and gain strategies for dealing with road situations. For more information please visit - Family cycling sessions or download the Free cycle sessions leaflet

Breakfast and Lunch Pre-Orders
Please pre-order using the links below (links change weekly). With breakfast service from 08.00 to 08.30 (without the need to pre-order) and salad pots available to order along with sandwiches and paninis for service at the outside server, these need to be pre-ordered by 09.00 on the day required
Hot food and other items continue to be available from the canteen at the allocated lunch time for each year group.
Yr 12 need to pre-order all food including hot food which will be served from the Sixth Form Refectory.
Students should keep their social distance when queuing in the Dining Hall and sit in their year bubble area.
Please ensure your child's ParentPay meal account is in credit.

Student Lunch Order Form

Year 12 Lunch Order Form

Menu for w/c 12 July

Monday	Tuesday	Wednesday	Thursday	Friday
Cottage Pie with Sweetcorn	Lamb Fried Rice	Pizza, Curly Fries & Salad	Spanish Chicken	Beaded Cod with Sauté Potatoes & Green Beans
Or				
Vegetable Curry with Rice	Crispy Spiced Tofu with Salad	Macaroni Cheese with Peas	Mediterranean Pasta Salad	Homity Pie with Salad
Main Meal £2.90				
Chocolate Sponge with Chocolate Sauce	Apple Crumble with Custard	Strawberries & Cream	Banana & Toffee Sponge with Custard	Cornflake Tart with Custard
Pudding £1.20				
Panini £2.90				
Soup of the Day (changes daily) £0.60 with Homemade Bread £0.40				
Pea & Mint	Tomato & Basil	Vegetable	Tomato & Lentil	Carrot & Coriander

Correspondence Sent Out This Week
Yrs 7-10: School Uniform at CCHSG for 2021-2022
Yrs 7 – 12: CCHSG 500 Club
Yr 10: GCSE History Revision Sessions
Yr 11**:** DofE Bronze Group B Qualifying Expedition
Yr 12: Wellness Reboot Day

Deadline for Replies and Payments

Year Group	Trip or Event	Deadline for Response
Yr 10	Purchase of GCSE Science Revision Guides	Monday 5 July
Yr 10	GCSE History Revision Sessions	Thursday 15 July
Yr 11	DofE Bronze Group A Qualifying Expedition	Monday 5 July
Yr 11	DofE Bronze Group B Qualifying Expedition	Monday 12 July
Yr 12	A Level German Text Purchase	Wednesday 14 July

This Week's Brainteaser
A car has travelled 80 miles at 50 mph.
It started its journey with 8 gallons of fuel, but its tank has been leaking throughout the journey and is now dry.
The car completes 24 miles per gallon.
How many gallons of fuel does the car leak per hour?

Last week's answer: H - From the end of the alphabet take 4 letters, miss 4 letters, take 3 letters, miss 3 letters and so on.

Word of the Week for w/c 12 July
Next week the word is: **EPITOME** – a person or thing that is typical of a whole class.

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Registered Charity No. 1110464

1. Diary Dates for Autumn Term (2021/2022 Academic Year)

- **PTFA Annual General Meeting - Monday 27 September (19.30 – 21.00)**
  Subject to government guidance with regards to Covid-19, the Annual General Meeting take place at the CCHSG Dining Room Extension. If restrictions on public gatherings remain, the meeting will take place via Zoom. The AGM will be followed by Ordinary PTFA Committee Meeting. All are welcome
- **Annual Christmas Market - Saturday 27 November (12.00 – 15.00)**
  Save the date for this popular annual fundraising event hosted by CCHSG PTFA which is open to our local community

2. Beresfords Estate Agent's Advertising Boards to Promote the Christmas Market

This year, once again, we are delighted to have our Christmas Market advertised by **Beresfords Estate Agents**. We will be back in touch with all those parents, grandparents and friends who previously registered their addresses in Colchester to confirm that they are happy to host a board again this year. This time, we are pleased that the advertising will also cover Chelmsford. If you own a property in Colchester or Chelmsford that is in a prominent location with public access or visibility and would like to volunteer your address, please let us know. Boards are installed no more than 3 weeks before the event and removed during the week afterwards. Family and friends can also volunteer.

Contact: Agness O'Brien on Classlist or email cchsgptfa@gmail.com with your full address, preferred email and contact telephone details.

3. Appeal for Uniform

Our next Second Hand Uniform Sale will be during the **Annual Christmas Market on Saturday 27 November**.

Please continue to support us with donations of uniform. Kilts that are no longer fit for use are also welcome as these can be recycled to make scrunchies. Buttons from blazers, cardigans and kilts are also recycled. Please ask students to deposit items in the wheelie bins until Thursday 15 July only. This is to allow 72 hours for the clothes to become sterile. They will be collected by the PTFA every Monday morning. Thank you in advance for responding to this appeal.

4. Year 11 Students – Uniform & Revision Book Donations

Year 11 students are asked to bring items for donation in to school on GCSE results day – Thursday 12 August, these can be left in the wheelie bins for collection as usual.

5. Good Quality Revision Books & General Interest Reading (Child or Adult)

The PTFA will be running a bookstall at the Christmas Market. If you are decluttering over the summer break, please hold on to any good quality revision materials or fiction and non-fiction books, which are suitable for resale.

6. PTFA Virtual Market

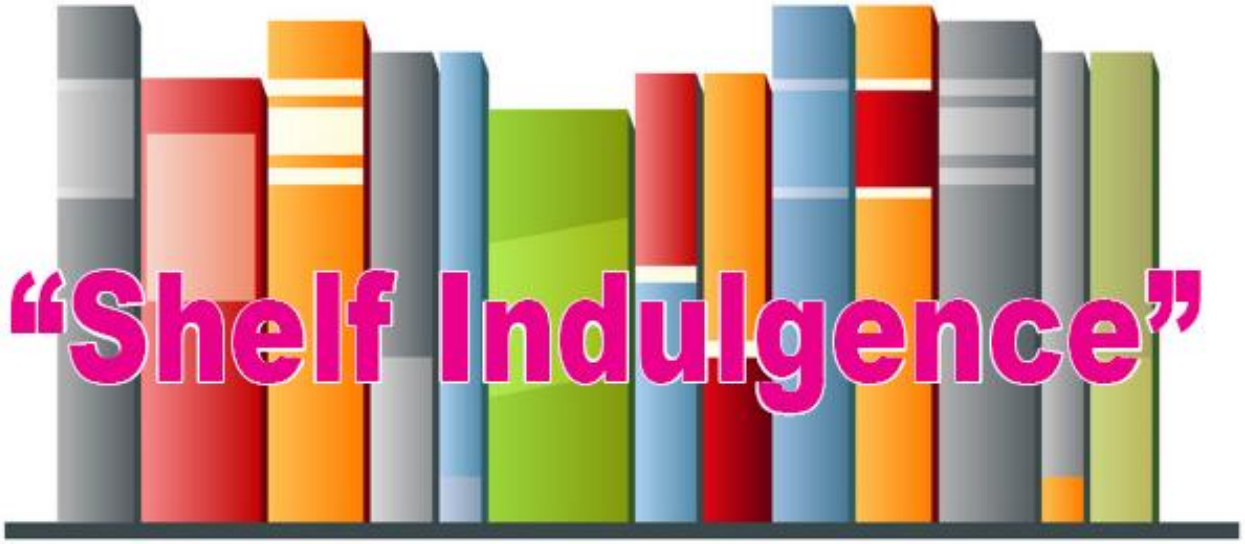
CCHSG PTFA now has a Virtual Market on Facebook. We are delighted to offer this new opportunity, during these challenging times, for local business and individuals to promote their products and services, for a nominal fee, in our Virtual Market Place. Facebook Business Pages and Individual Members can apply to be registered advertisers with this group. Membership is subject to Admin approval.

To register as an advertiser, complete this Google form: https://forms.gle/3E63TnD5oCXxdh9i8
The Group's Rules can be found here: https://www.facebook.com/groups/cchsgptfa/about
Every penny raised through membership fees goes directly to support the school. Why not invite your friends and acquaintances to join the group?

PTFA CONTACTS:
Chair: Agness O'Brien
agnessobrien@hotmail.com
Tel. 01376 573694 or 07951 511653
For all enquires related to the PTFA, email cchsgptfa@gmail.com

CCHSG English Department

SUMMER READING CHALLENGE



"Shelf Indulgence"

Are you up for the challenge?

Read as many of the recommended books as possible over the summer to win a prize

How to enter….

1. Read the recommended books on the entry form (form available from the English office or your English teacher)
2. Complete the form
3. Return your completed entry when you return to school in September or email to ccroxson@cchsg.com
4. You will need to complete a short quiz on each of the books you have read.