Colchester County High School for Girls
Parent Weekly Bulletin
26 February 2021

Term Dates 2020 – 2021

Spring Term
Monday 4 January
Friday 26 March

Half Term
Monday 15 February
Friday 19 February

Summer Term
Monday 12 April
Wednesday 21 July

Bank Holiday
Monday 3 May

Half Term
Monday 31 May
Friday 4 June

Non-Pupil Days
Wednesday 2 September 2020
Thursday 22 October 2020
Friday 23 October 2020
Friday 18 December 2020
Monday 19 July 2021

Academy Days
Tuesday 20 July 2021
Wednesday 21 July 2021

Term Dates 2021 – 2022

Autumn Term
Wednesday 1 September
Friday 17 December

Half Term
Monday 25 October
Friday 29 October

Spring Term
Tuesday 4 January
Friday 1 April

Bank Holiday
Monday 3 January

Half Term
Monday 14 February
Friday 18 February

Summer Term
Tuesday 19 April
Friday 22 July

Bank Holiday
Monday 18 April
Monday 2 May

Half Term
Monday 30 May
Friday 3 June

Non-Pupil Days
Wednesday 1 September
Thursday 2 September
Thursday 21 October
Friday 22 October
Friday 17 December
Tuesday 4 January
Thursday 21 July
Friday 22 July

Follow us on Twitter: @CCHSG_
English & Drama Dept: @CHSG_Eng_Drama
PE Dept: @CchsgD
Music Dept: CCHSG_Music

Dates for Your Diary

Saturday	Feb	27	Yr 12 EYP Regionals (online)
Sunday	Feb	28	Yr 12 EYP Regionals (online)

Monday Week **A**	Mar	1	Assembly: Yrs 12 & 13
Tuesday	Mar	2	Assembly: Yrs 10 & 11r 9 National Careers Week
Wednesday	Mar	3	Assembly: Yrs 8 & 9
Thursday	Mar	4	Assembly: Yr 7 World Book Day Yr 7 Parent Consultation Evening 1 (HES) 16.15 – 19.15
Friday	Mar	5	

There will be a staggered return to school from 8 March, starting with Yr 13 followed by Yr 11. We have just received new information regarding community testing, therefore we will communicate arrangements in due course next week.

School Meals
For students in school are range of jacket potatoes and pasta salad pots along with panini, sandwiches, wraps and samosas are available for pre-order. Drink, fruit and snack items can be purchased at lunchtime on the day. Please order by following the link: StudentLunch
A separate order form should be completed for each day that students require lunch. Orders must be submitted by 09.00 on the day required.

Reporting Student Absence
Student absence should be continued to be reported via the usual channels: notifications should be left by a parent/carer on the Student Absence telephone line or an email sent to either office@cchsg.com or to Mrs Curtis, Attendance Officer, via fcurtis@cchsg.com

Yr 8 Examinations
The Year 8 Examinations due to take place during w/c 22 March will not go ahead this year, but instead teachers will use lesson time following students' return to school to continue to monitor progress using classwork, homework, end of topic tests and assessments.

Yr 7 Parent Consultation Evening for 7H, 7E and 7S – Thursday 4 March, 16.15 – 19.15
Parents have been sent a letter inviting them to this event before Half Term, along with guidance for booking appointments via SchoolCloud.

World Book Day at CCHSG – Thursday 4 March
The Librarians have produced a fun quiz with staff reading from their favourite books for World Book Day; students will need to listen to the recordings and guess which book they are reading from. There will be a small prize for the winner. More information about how to enter will be given to students during form time on Thursday and in their English lessons.

CCHSG 500 Club – Winners of the February Draw
First prize £275: Ticket – 46054-1041055, parent of a student in Yr 11
Second prize £165: Ticket – 46054-1040123, parent of a student in Yr 9
Third prize £110: Ticket – 46054-1043843, parent of a student in Yr 8

Our thanks go to all those generous parents and staff who have purchased tickets in support of the school, 275 tickets have been sold. The next draw will take place on Monday 22 March. Full terms and conditions and a list of winning numbers from all the draws are available on our website.

For daily news updates follow CCHSG on Facebook or Twitter @CCHSG_

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PE Weekly Challenges – For Week 1 – 5 March
Throughout the final week at home, the PE department are asking students to record how many minutes of exercise they complete. We will then add up all of the total minutes of exercise to see which Year Group has done the most exercise. Students should submit their total time in minutes to the MS Teams assignment set by their PE teacher by the end of the school day on Friday 5 March.

PE Distance Challenge Results
As a whole school community students and staff managed to walk, run and cycle a total distance of 21,914.5 km this means that we were able to travel from CCHSG to Wellington, New Zealand (with 3,179.6 km to spare, which means we could have gone on to Adelaide in Australia as an extra trip!) Well done to all of those who took part, there were some fantastic individual distances achieved. Students can view the top scorers from the whole school via the Student Bulletin.

Healthy Living – Focus on Food
With Spring just around the corner this week's recipe is evocative of the Mediterranean and sunny days. It is so simple but tastes wonderful and with only a handful of ingredients than can pack such a tasty punch, **Baked Feta Pasta and Tomato Pasta** is certainly one to try. Containing cherry tomatoes which are full of vitamins and minerals that promote excellent health, they are packed with vitamin C, which plays a major part in many body functions.
Find the recipe on SharePoint, with all the other recipes so far, via Focus on Food.
Do send pictures of your cakes and your favourite flavour combinations to nwebb@cchsg.com.

CCHSG Young Enterprise – WeFold Designs
WeFold Designs, continue to sell their Origami greetings cards for all occasions, including upcoming Mother's Day or just to write to a friend in isolation. The cards are £2.50 each and all orders are packed in Covid-safe conditions (masks, hand sanitiser, etc). All deliveries are by post for an additional £1.50 or £2 for first class.
Further details including how to order can be found at the end of this Bulletin.

Wellbeing Information
Any student who feels they need wellbeing support at this time should contact their Year Leader who can advise and signposts suitable resources and support organisations.

A Message from the Wellbeing Ambassadors to Students
Small habits that will have a positive impact on your day:

1. Try and wake up a little earlier than normal, this will allow you to start your day slowly and get into the right frame of mind
2. In the morning, prepare a to-do list with your daily goals (make it achievable!)
3. In the morning, make your bed and tidy your workspace ready for the day ahead
4. Take some personal quiet time to meditate or just breath
5. Move your body for at least 30 minutes

Positive affirmation to tell yourself: "I will allow myself to start over and not judge myself for getting 'off track'"

Wellbeing Workout
Amazing People Schools Ltd are encouraging students to continue to stay positive, through linking character strengths of optimism and creativity with positivity. They have created a Wellbeing Workout, featuring Helen Keller.

Keller's perseverance and enthusiasm saw her learn how to help herself and transform the lives of others. They hope her story will resonate with young people as they deal with ongoing uncertainty. The Workout's practical exercises will reinforce that young people have everything they need within them to be able to help themselves.

Please find their Wellbeing Workout at the end of the Bulletin.

The Children's Society – Safe in Essex Online Programme for March 2021
Please find at the end of the Bulletin Safe in Essex's online programme for March.
This includes advice for parents, post-16 advice, online safety, mindfulness with relaxation and more.

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E-Safety Update – Social Media
You may be wondering when is the best age to let your child have a social media account, or have some concerns if they are already using them.
Remember, most social media services require users to be at least 13 years of age before they can register.
Most young people have positive experiences socialising online, but it can be easy for young people to share things or post things they wish they had not.
The simplest way to have information about your child removed from a website, or app is to contact the site itself.
Social media can offer young people opportunities to express themselves and have fun, but they could be exposed to harmful content which might include sexual images or videos which could impact on their understanding of sex and relationships.

Information courtesy of www.thinkuknow.co.uk

For advice and guidance, read Is your child ready for social media? - https://www.thinkuknow.co.uk/parents/articles/is-my-child-ready-for-social-media/
Read reporting to social media sites for more information - https://www.thinkuknow.co.uk/parents/articles/Reporting-to-social-media-sites-/
For information, read Teens and the sexual content on social media - https://www.thinkuknow.co.uk/parents/articles/teens-and-the-sexual-content-on-social-media/"

Extra-Curricular and Enrichment Activities

All Yrs: The Book of the Month, starting Monday 1 March
Students, staff and parents are invited to take part in 'The CCHSG Book of the Month' starting on Monday 1 March. In addition to this, you are encouraged to write a review and email it to Mrs Croxson ccroxson@cchsg.com by the last Friday of each month. This month's book is *The Ballad of Songbirds and Snakes*, a Hunger Games Novel by Suzanne Collins. Please see the end of the Bulletin for further details.
Reviews will be judged and the best ones published in The Kilt and the CCHSG Newsletter. You will also be given the opportunity to select the next 'Book of The Month'.
Participants will be required to acquire their own copy of the novels, please contact Mrs Croxson with any questions.

Debate Club – Wednesday 25 February, 16.00 – 16.30 via MS Teams
The next Debate Club session will discuss the statement: "This house believes we should go vegan to help avoid a climate disaster". If students wish to join the debate group they should email Mr Paz to be added to the MS Teams group. Students can also join with this link: DebateClubTeams

World Book Day – Thursday 4 March
For resources to help engage with World Book Day please see:
https://www.worldbookday.com/resource/world-book-day-secondary-schools-pack-2021/

University College London – Ask the Expert!
UCL's new 'Ask the Expert' website is for students aged 11-18 to find the answers to questions, to spark curiosity and imagination. 'No question is a silly question!' UCL has over 50 experts available to help in subjects ranging from Medicine to Philosophy to Computer Science and more. To ask about applying to university, studying a subject at degree level or just something students are curious about, visit the website here to submit a question for one of their experts to respond.

Historical Association – Write Your Own Historical Fiction Competition 2021
A writing competition where students can set a story across any period or place in the past. Winning students across Yrs 7 – 9 and Yrs 10 – 13 will receive a cash prize. For full competition details and how to enter please see end of this Bulletin.

Yrs 10 – 12 University of Sheffield Secondary School Philosophy Essay Competition 2021
For philosophers in the making, the university's Philosophy essay competition is now open to students in Yrs 10 – 12. Write an essay of 1000 words in response to one of six questions found on their website **here** where you will find full details of how to enter. First prize is £100 Amazon voucher, with further prizes available, the deadline to enter is Friday 23 April.

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Virtual Talks from Speakers for Schools
Next week's schedule can be found via **Live Broadcasts Schedule**.

Date	Speaker	Talk Information
Monday 1 March 10.00 – 11.00 LINK TO JOIN	**Andrew Bernard, Director, National Careers Week & Director, Innovative Enterprise**	Bernie will be sharing his story about becoming an accidental entrepreneur and will be answering your questions.
Monday 1 March 14.00 – 15.00 LINK TO JOIN	**Nick Ross, Broadcaster and Former Crimewatch Presenter**	Nick will be speaking about his career journey, crime and is looking forward to answering any questions.
Monday 1 March 17.00 – 18.00 LINK TO JOIN	**Patrick Nyarumbu, Director of Strategy, People and Partnerships, Birmingham and Solihull Mental Health NHS Foundation Trust**	Experience Nursing Broadcast - students have the opportunity to hear from Patrick, the skills and qualities needed for a career in Nursing as well as submit their own questions for Patrick.
Tuesday 2 March 14.00 – 15.00 LINK TO JOIN	**Pavita Cooper, Founder, More Difference**	Pavita will speaking about her career journey and is looking forward to answering your questions.
Tuesday 2 March 17.00 – 18.00 LINK TO JOIN	**Ella d'Amato, Chief Commercial & Partner Officer, Not on the High Street**	Ella will be talking about what makes a great product and will be providing advice for those who are interested in pursuing a career in marketing.
Wed 3 March 10.00 – 11.00 LINK TO JOIN	**Kajal Odedra, UK Director, Change.org**	Kajal will be sharing her career journey and highlights and is looking forward to answering your questions.
Wed 3 March 17.00 – 18.00 LINK TO JOIN	**Jimmy Worrall, Founder and CEO, Leaders in Sport**	James will be sharing his experiences with Leaders in Sport and discussing the importance of networking and building relationships.
Thursday 4 March 14.00 – 15.00 LINK TO JOIN	**Mandisa Greene, President, Royal College of Veterinary Surgeons**	Mandisa will be presenting on her journey to becoming President of RCVS and will be answering your questions about veterinary science and medicine.
Thursday 4 March 17.00 – 18.00 LINK TO JOIN	**Nalan Dodgson, Director of Talent Acquisition, Burberry**	Nalan will be sharing insights into her career and will be providing advice on how to stand out during the recruitment process.
Friday 5 March 10.00 – 11.00 LINK TO JOIN	**Katie Vanneck Smith, Co-Founder and Publisher, Tortoise Media**	Katie will be sharing her pathway to success and reflecting on what she has learnt during her career. Katie will also be answering your questions.

Watch pre-recorded broadcasts from their library here

Careers and University Information

CCHSG Careers Information
Mrs Kee is continuing to hold telephone appointments with students these are available on one day every week, either Monday or Wednesday. Interested students should email Mrs Mandal via smandal@cchsg.com and include in their email a preferred telephone number for the appointment. This information will be passed on to Mrs Kee who will contact the student to fix an appointment. Students should not approach Mrs Kee directly.

Interested in Teaching? Paid Internship Opportunity –Starting Monday 21 June
Colchester Teacher Training Consortium, for whom CCHSG is the lead school in partnership with schools in Essex and Professional Learning Network (PLN), would like to bring to the attention of students in Yr 13 or with siblings at University STEM Internship opportunities which may be of interest. Undergraduates (in Mathematics, Physics or related Degrees) are being offered an opportunity to join the next cohort of paid Internships, a great opportunity for students thinking about a career in teaching Physics or Mathematics to get paid experience in school. Please see poster at the end of the Bulletin for further information.

Yrs 11 – 13: Virtual Fair UK University & Apprenticeship Search – Wednesday 17 March 12.00 – 18.00
Following the success of their January event they will be running their UK University & Apprenticeship Search Virtual Fair again on Wednesday 17 March. The event will feature 100+ university exhibitors and an updated range of webinars and enable those taking part to view virtual tours of exhibitors' university campuses. Students and parents can register now here.

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Resources from University College London
To help students for further study and higher education, UCL are running a series programmes and events:
Yrs 12 & 13: UCL Study Prep: to help students prepare for university, a free online course for Yr 13 students and Yr 12 before making an application. Click here to access UCL Study Prep.
Yr 12 Online Summer Schools – Monday 26 July - Friday 30 July, hosted on the Sutton Trust online platform, the Summer Schools provide an insight into studying at university. For the full list of subjects, eligibility and academic criteria and a link to the application forms please see Summer Schools webpage. The deadline for applications is Tuesday 2 March.
A Parent's Guide to University Study: This guide aims to answer some questions and help parents and carers to prepare their child for going to university. This free publication is available to download from the UCL website. Parents and carers can also visit their blog where top tips are regularly posted.
Yr 11 Resources: to help think about what to study next UCL have a range of resources and guides on topics from choosing A Levels to choosing a university**:** Resources for young people in Year 11.
Yrs 12 & 13 Resources: UCL also has a directory of free, online, subject-specific learning resources for Sixth Form students, available from a wide variety of academic departments at UCL. The resources can support school studies as well as beginning to introduce new topics and university-level study: Resources for young people in Years 12-13.

Resources from University of Sheffield
The University of Sheffield also are hosting resources and events to support students:
Yrs 12 & 13 study skills workshops for students. You can find out more **here**.
Yr 12 Online taster days for a taste of university study, students can practise modelling aspirin in their **Chemistry Taster**, discover **alternative careers in Health** (not just Doctors and Dentists), and learn about Britain in the 1960s in their **History taster**. Further sessions are available **here** and new sessions are added regularly.
Virtual campus tours run weekly, all students and parents are welcome. Find out more **here**.
Sheffield Live: Wednesday evening drop-in sessions 17.00 – 18.00. Sessions include guest speakers who give an insight into life at Sheffield; including student support, accommodation, student finance and the range of opportunities available to students. All students and parents are welcome **find out more here**.
Yr 12: Preparation begins: access is available to the university's Higher Education information, advice and guidance talks. View all of their **HE talks here** including why choose university, choosing a course and university and applying to Medicine and Dentistry.

Bloomberg Apprenticeships 2021
Bloomberg degree apprenticeships in Finance or in Data are now open. They partner with a Russell Group University to deliver qualifications which set students up for career success.
Direct links to their vacancies are below or click here to visit their website to discover more.
Level 3 apprenticeships in Business Administration.
Analytics - Level 6 in Applied Finance| Apply Here for Analytics
Global Data - Level 6 in Digital Solutions Technology |Apply Here for Data Analyst

The Medic Portal with Kissing It Better – Work Experience opportunity
The Medic Portal have partnered with Kissing It Better, a leading charity who have been recognised by NHS England and the BMA, to give students the opportunity to attend coordinated sessions on Zoom to build up key skills needed during medical training and career. In addition, there will be a suite of learning modules to help students get the most out of this unique volunteering opportunity. Please see MedicPortal to book onto the programme.

Community Information

Discover Colchester
Lion Walk Shopping Centre has partnered with Will Quince MP and artist Veronica de Vera, to create Discover Colchester. The community project presents two activity books to bring joy and something to focus on; a colouring book filled with ten illustrations of local landmarks and an activity book comprised of a series of thought-provoking questions.
In addition, they have also launched six competition prize giveaways worth £50 each. For competition details please go to discovercolchester@lionwalk.co.uk closing date Friday 9 April.
The project has been created for everyone to enjoy so learn more about Colchester's landmarks and the history behind them download the books here:
Discover Colchester Activity Book
Discover Colchester Colouring Book

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This Week's Brainteaser
In 1990, a person is 15 years old. In 1995, that same person is 10 years old. How can this be?

Last week's answer: The river was frozen.

Word of the Week for w/c 1 March
Next week the word is: **EVANESCENT** – vanishing; fading away; fleeting.

Colchester County High School for Girls
26 February 2021

PTFA
Registered Charity No. 1110464

1. STIKINS Label Planet – THANK YOU
We would like to thank all our supporters who have helped us raise £92.34 by purchasing name labels from STIKINS between 1 October 2019 and 30 September 2020. In a particularly difficult year, we recognise the immensely valuable contribution that our supporters make by fundraising in every way possible, as every little bit helps.

2. Virgin Money London Marathon Public Ballot Result (Race Day: Sunday 3 October)
If you have been successful in obtaining a place via the ballot for the Virgin Money London Marathon 2021, we would like to ask you to consider raising funds for Colchester County High School for Girls PTFA (Charity No, 1110464). There is no limit to the number of runners who could represent our charity. If you would like to run for CCHSG PTFA, or know someone else who would, kindly register your interest via email to Agness O'Brien at cchsgptfa@gmail.com by 28 February.

3. Second Hand Uniform and Revision Books Sale – Update
PTFA has received a number of enquiries about the date of our next Second Hand Uniform Sale. Following the announcement about students returning to school from 8 March, we are currently looking at the soonest possible date to have a sale, taking into consideration all current guidance and following the latest Government and NHS advice. The safety of parents, students and volunteers running and attending such an event remains paramount. Parents will be notified as soon as arrangements can be agreed.

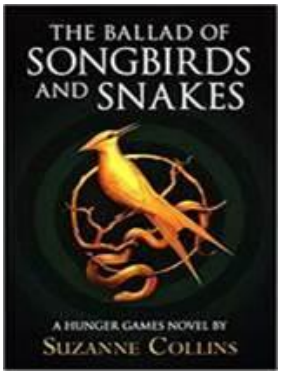
If you are having a sort out, please keep items of outgrown uniform and revision books, as we will gratefully accept your donations via the wheelie bins outside reception, when school reopens.

4. Class Reps Needed to Host Virtual Meet-up of Parents
Since the start of the pandemic, the PTFA has endeavoured to support our local communities and keep our members connected through events like our virtual quiz nights. We would now like to encourage parents to engage with other parents from their child's Form. We are seeking volunteers who have paid Zoom accounts to host virtual coffee mornings, cocktail hours, quiz nights or other virtual gatherings. If you can help with this, or would like more information, please get in touch with Agness O'Brien via Classlist or email cchsgptfa@gmail.com.

5. Help Raise Funds for CCHSG PTFA
If you have ideas that could help generate funds and/or create virtual social opportunities for the PTFA community, please email us at cchsgptfa@gmail.com. Here are some simple ways that you can already support the school during this difficult time:

- **Easyfundraising** – Every time you do your online shopping via Easyfundraising, retailers donate money to CCHSG PTA, completely free. Please sign up here: https://www.easyfundraising.org.uk/causes/colchestercountygirlspta/
- **AmazonSmile** – You now need to search for amazon on www.easyfundraising.org.uk or the App. You will then be directed to AmazonSmile. Sign up to support Colchester County High School for Girls PTFA.
- **STIKINS ® by Label Planet** – Multipurpose name labels for all a school items. CCHSG PTFA earns up to 30% commission on all sales. Name labels are essential for busy parents and schools who don't have time to deal with lost property. Stikins are an easy self-adhesive solution with no sewing needed. CCHSG PTFA have been allocated a unique code 35809 for parents to use. Visit https://www.stikins.co.uk to order online.
- **Ink Cartridges Recycling In Support of CCHSG PTFA**. With home schooling and many parents working from home at the moment, you can help raise funds simply by recycling your ink cartridges via the Recycle4Charity programme. For each inkjet cartridge recycled via the programme we will receive a £1 donation. Cartridge brands accepted include HP, Dell, Canon, Kodak, Frama, Pitney Bowes and Neopost, full list here https://www.recycle4charity.co.uk/InkjetCartridges
  For your convenience, FREEPOST envelopes can also be sent to your home address so you can send cartridges directly via freepost. To do this, please register at: http://www.recycle4charity.co.uk/Register/C95556

PTFA CONTACTS:
Chair: Agness O'Brien
agnessobrien@hotmail.com
Tel. 01376 573694 or 07951 511653
For all enquires related to the PTFA, email cchsgptfa@gmail.com



****NEW** The Book of the Month starting 1 March**

Students, staff and parents are invited to take part in 'The CCHSG Book of the Month' starting on 1 March.
In addition to this, you are encouraged to write a review and email it to Mrs Croxson ccroxson@cchsg.com by the last Friday of each month.
Your reviews will be judged and the best ones published in The Kilt and the CCHSG Newsletter. You will also be given the opportunity to select the next 'Book of the Month'.

Participants will be required to acquire their own copy of the novels, please contact Mrs Croxson with any questions.

The Ballad of Songbirds and Snakes: A Hunger Games Novel by Suzanne Collins

It is the morning of the reaping that will kick off the 10th annual Hunger Games. In the Capitol, 18-year-old Coriolanus Snow is preparing for his one shot at glory as a mentor in the Games. The once-mighty house of Snow has fallen on hard times, its fate hanging on the slender chance that Coriolanus will be able to out charm, outwit, and outmanoeuvre his fellow students to mentor the winning tribute.

The odds are against him. He's been given the humiliating assignment of mentoring the female tribute from District 12, the lowest of the low. Their fates are now completely intertwined - every choice Coriolanus makes could lead to favour or failure, triumph or ruin. Inside the arena, it will be a fight to the death. Outside the arena, Coriolanus starts to feel for his doomed tribute...and must weigh his need to follow the rules against his desire to survive no matter what it takes.

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Historical Association

Write your own Historical Fiction Competition 2021

The Historical Association Historical Fiction Prize and the Joan Blyth Memorial Prize

Across Years 7, 8 and 9 there will be three prizes for the best individual story.

Across Years 10,11, 12 and 13 there will be three prizes for best individual story.

There is also a prize for the best fictional historical character in a convincing historical setting. Three prizes will be on offer here across all year groups.

Students can set their stories in **ANY** period or place in the past, so the story can fit in with and extend any historical topic you may be studying. Winning students will each receive a cash prize of £25 and an engraved Bath Aqua Blue glass paperweight. Schools will receive a year's **FREE** subscription to the HA.

What are the judges looking for?

- **Historical accuracy** – even down to the choice of names characters are given and any props additional to the historical setting
- A **riveting read** with a good plot!
- A **convincing story** - i.e. is it plausible that these events and/or this character could have existed at the time?
- Use of **historical knowledge** to feed the plot, context and character
- Effective use of **historical vocabulary** and **literary conventions**, including where dialogue is included in the story
- **Creative and interesting perspectives** of story-telling. In the past they received an entry telling the story of a siege from the perspective of the castle!
- Minimum word court of 400 words and a maximum word count of 3500 words.
- Your story may be illustrated.



Entries must be received by Friday 28 May 2021. You will need to submit an electronic entry form found on the HA website: https://www.history.org.uk/secondary/categories/531/news/3451/write-your-own-historical-fiction-competition-2021 and send to olivia.dent@history.org.uk

Wellbeing Workout – Helen Keller

Flex your character muscles and build mental strength through our stories and fun daily activities

Before you start, explore her Amazing story at:
www.amazingpeopleschools.com

Optimism – Helen Keller was deaf and blind by the age of two, following an illness. She became a passionate educator for people with disabilities. She said *"When one door of happiness closes, another opens; but often we look so long at the closed door that we do not see the one which has been opened for us"*. Practise looking for the silver lining in situations; finding positives amidst difficulties.



Optimism



Tolerance – learning about disabilities is an important step to recognising our own tolerance levels. One way to do this is by discovering stories and reading about a wide variety of people. For example: *Don't Call Me Special* –Pat Thomas; *A Different Little Doggy* – Heather Whittaker; *The Pirate of Kindergarten* – George Ella Lyon; *Thank You, Mr Falker* – Patricia Polacco; *Love Your Body* – Jessica Sanders; *The Curious Incident of the Dog in the Night* – Mark Haddon; *Wonder* – R.J. Palacio (film too).



Enthusiasm

Enthusiasm – Keller travelled the world, giving talks and meeting different people. Her enthusiasm for life is a lesson to us all. She said, *"Life is either a daring adventure, or nothing"*. Create a travel poster of all the places you would like to visit and the things you would like to see.

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Collaboration – Keller became an advocate for improving the environment for people with disabilities. She didn't work alone though, but with a companion. She said, *"Alone we can do so little; together we can do so much"*. Work with a friend on something you could do to improve your classroom, street, or local area.



Collaboration

Perseverance – she said, *"We can do anything we want to if we stick to it long enough"*. Choose one of the barriers you identified (left) and decide on what you can do to help resolve the problem. For example, write to your local council? Tell the newspaper? Make a social media campaign?

Tolerance – Keller spent her life campaigning for the rights of those with disabilities, urging tolerance in the workplace, and encouraging active participation in all aspects of life. *"The highest result of education is tolerance."* Work with a friend to walk around your neighbourhood and school and see how many barriers you would face if you were disabled.





Perseverance

Creativity – Keller was brought up in Alabama in the southern United States. She would have enjoyed food such as 'grits' and 'buttermilk biscuits'. Find a simple recipe for these and have a go at making them!

For FREE access to ALL our stories and teaching resources please visit:
www.amazingpeopleschools.com

@Amazing_Schs @AmazingPeopleSchools

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The Children's Society

Online Activities

Something for everyone... Children and young people 8+ & Parents/carers

1st to 26th March via Microsoft Teams

You can access Microsoft Teams via the internet or download the app

Tuesday mornings throughout March @ 10am
Mindfulness and Relaxation
Parents and families



Wednesday mornings throughout March @ 10am
Advice and Support
Parents



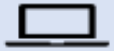
Thursday mornings throughout March @ 10am
Life after lockdown
Parents and families



Tuesday afternoons throughout March @ 4pm
Creative Creations
CYP Mixed ages



Wednesday afternoons throughout March @ 4pm
Risky behaviours (inc online safety)
CYP Mixed ages



Thursday afternoons throughout March @ 4pm
Connect – Post 16 advice
CYP 14 +



To book your place, please contact us at Essexreferrals@childrenssociety.org.uk

Safe in Essex Advice Line 10am – 2pm: 07725 639571 (if unanswered, leave a message and someone will contact you)

Note: By booking a place, you are giving your consent to share any interactions you use during the online session with other participants, eg. Video streaming and audio content.
Participants are required to use their camera and use headphones during the cyp virtual session.

Professional Learning Network

INTERNSHIPS

Are you an undergraduate on a Maths, Science, or related course?

Have you considered working in education?

Are you looking for a paid internship for June/July 2021?

You could earn £1,200 over four weeks!



For an application pack, or for more information, please contact:
Mrs Verity Boreham
Lyons Hall Primary School, Dearleep Way
Braintree, Essex, CM7 9FH
07833472639
vboreham@lyonshall.org.uk

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Professional Learning Network

MATHS OR PHYSICS INTERNSHIP - JOB DESCRIPTION

Overall Responsibilities:

To gain experience working in a teaching environment within a school.

To develop knowledge, skills and understanding which will support an application into initial teacher training, leading to a career in teaching.

Main Duties include:

- Observing and supporting teachers during lessons
- Leading 1:1 tuition and small group work with students
- Carrying out a research project.
- Attending relevant in house training
- Completing a reflective log
- Presentation of learning to Partnership Headteachers, senior leaders and peers
- Physics interns will also carry out laboratory work, including supporting science technicians
- Support of extra-curricular trips, visits and enhancements as appropriate

Internship Dates and Times:

Induction day on Monday 21st June 2021, followed by four weeks in school up to Friday 16th July. This will include weekly professional study days delivered by Initial Teacher Training providers.

Most interns will work 8.30am – 4.00pm

Pay: £300 a week for four weeks

Knowledge/Experience/Skills required:

- Currently at University studying for a Maths, Physics or related degree eg: Engineering; Accountancy and/or Maths or Physics 'A' level (Grade B or above) or equivalent
- A desire to teach and work with students
- The ability to work both independently and as part of a team

For an application pack or for more information, please contact:

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Tel: 07833472639 | Email: *vboreham@lyonshall.org.uk*

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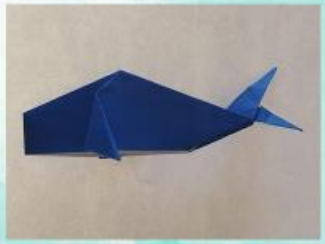
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