CCHSG E-Newsletter

25 May 2022

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Executive Principal's Notes

This term, I am delighted to say that the school has been able to resume many of the community and social activities that we have so missed. The PTFA Quiz and Curry Night in April led by Mrs Agness O'Brien was a great success. We thank the brilliant quizmaster, Mr Julian Roper and all the PTFA volunteers who provided the delicious catering and organised the event.

In recent weeks, I was pleased to attend the Year 11 Celebration Tea and the Year 13 Leavers' Day, both of which were much enjoyed by all and are covered later in the newsletter. The Year 13 Final Assembly was a wonderful opportunity to acknowledge the contribution that all the students have made in so many different ways to the school and to recognise the resilience and commitment that they have shown during challenging times. We also thanked the Head Student Team for their outstanding work throughout the year. We were delighted to have Mrs Liz White, representing the Old Girls/Alumnae Association, and Dr Martin, on behalf of Mr and Mrs Bullen from the Bullen Foundation, to present awards. We are enormously proud of all the Year 13 students and wish them every happiness and success in the future.

The following quotation from Maya Angelou, which I included in the Year 13 Yearbook, seems to speak of the strength of character and perseverance that the past couple of years have demanded from us all:

You may write me down in history
With your bitter, twisted lies,
You may trod me in the very dirt
But still, like dust, I'll rise.

Just like moons and like suns,
With the certainty of tides,
Just like hopes springing high,
Still I'll rise.

On these occasions we celebrate all that has been achieved and the friendships and happy memories that have been made. As a school, we now value even more the personal contact and face-to-face interaction that is so fundamental to the happiness and wellbeing of both staff and students.



It is pleasing to see such a high number of Sixth Form applications from both internal and external students this year and to know that we will see the vast majority of Year 11 continuing their educational journey with us in Year 12.

I join all the staff at CCHSG in wishing the Year 10, 11 and 13 students all the best in their examinations. We thank the students for the effort and commitment that they have shown over the past year and also, as always, thank their parents and families for all the support that they have provided.

Mrs Gillian Marshall MSc NPQH
Executive Principal & CEO



DofE Updates

It has been a busy half term for our DofE students. Our Gold participants completed their practice expedition in Derbyshire in the Easter Holidays. The weather wasn't very kind to us but all four groups did very well to keep morale high (most of the time) and students even managed to successfully navigate a field of very inquisitive cows. They have since been completing their planning for their Qualifying expedition in the Yorkshire Dales which will take place in July and we wish them all the best for a successful expedition.

All four of our Bronze groups completed their training days in school and have now completed planning their qualifying expedition which will take place in Colchester through June and July. The DofE team would like to congratulate Nainika Poornesh and Adaya Izekor-Moses for being the first of our Bronze DofE participants to complete their volunteering, physical and skills sections leaving only their qualifying expedition to complete. We would also like to extend our thanks to all staff, volunteers and parents who have supported our participants so far this year.

Mr Embleton and Miss Barrett were lucky enough to be invited to attend the Gold Award Celebration at Buckingham Palace Garden on 16 May. 16 of our former students were recognised on the day. The young adults and their guests enjoyed speeches from HRH The Earl of Wessex, Felix Daglish (a DofE Youth Ambassador) and Johannes Radebe. They were also able to hear from DofE alumni such as Ben Fogle, Nina Wadia OBE, Tim Campbell MBE, Emma Sinclair MBE, Alistair Humphries and Corbin Mackin. They were also entertained by The Royal Airforce Squadronaires and The Band of the Coldstream Guards whilst enjoying the gardens of Buckingham Palace with a cup of tea and a delicious cupcake. Miss Barrett and Mr Embleton particularly enjoyed catching up with previous students and hearing about their university adventures and future plans and we look forward to attending similar events in the future.











Latin Department Awards

This year Latin students in Years 11 and 13 took part in the ECCL Euroclassica Latin examination which is open to students across Europe. All students performed really well, especially the following who were awarded certificates at their appropriate level:

Vestibulum [GCSE] :

BRONZE AWARD : Sallie Page, Elise Ando, Maia da Silva, Olawale Olokodana, Rahmina Zackaria, Lily Dickie, Heidi Moore, Vithika Muli, Gaby Ngah Ateba

SILVER AWARD : Alexia Ando, Eva Black, Isabelle Burridge, Olivia Gravatt, Inika Prakash

GOLD AWARD : Tara Duffy

Ianua [A Level]

SILVER AWARD : Sarah Altikriti, Ruby Driscoll, Claudia Jones, Flora McMichael, Phoebe Townsend

GOLD AWARD : Isabella Thompson, Rhiannon Webber


ECCL EUROCLASSICA
LATIN EXAMINATION

The Candidate

of

passed the ECCL EUROCLASSICA 2017 VESTIBULUM examination at GOLD level according to the rules for the European Latin Examination

John Babut, President of EUROCLASSICA

Colchester Rotary Music Festival

Congratulations to CCHSG students Calista Lechner, Celeste Bell and Charissa Cheung who took part in the Colchester Rotary Festival along with students from CRGS and CSF. They were awarded the Ensemble of the Year trophy for their performance of the second movement of Beethoven's piano quartet in C major. They had been working very hard, meeting every weekend to be coached at Play Strings Academy.

The award ceremony will be held on 21 May in Castle Park at the 100 Voices Concert.

Student Fundraiser for Ukraine

Congratulations to Maddie Allen, Kaela Swaine and Amelia Green who devised a charity fundraiser in support of the DEC Ukraine Humanitarian Appeal.

Over a weekend they ran 4 km every 4 hours for 48 hours.This was a total of 48 km. Over £1,600 has been raised through sponsorship.



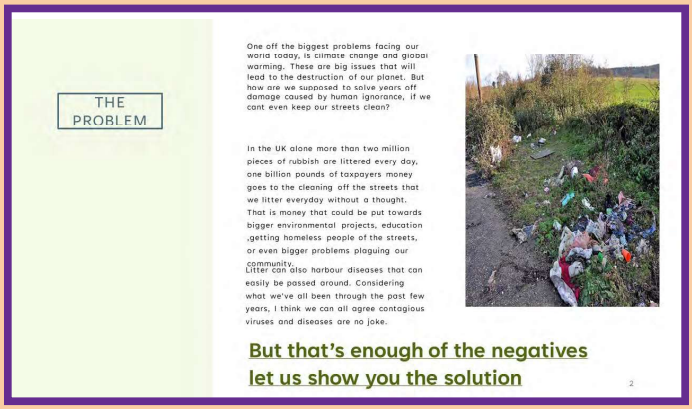
https://www.justgiving.com/fundraising/amelia-green-7



For daily news updates follow CCHSG on Facebook @colchestergirls or Twitter @CCHSG

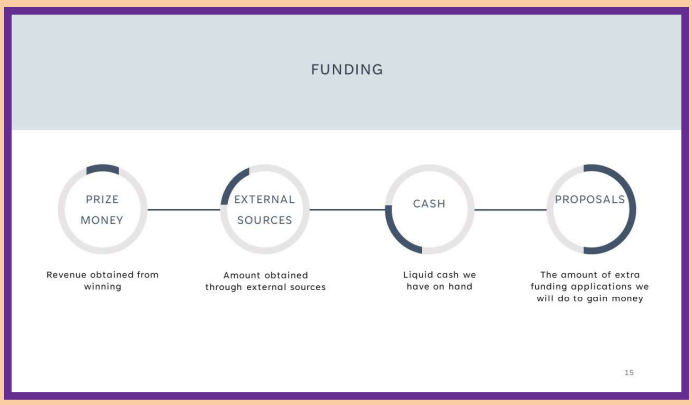
Amber Atherton Enterprise Award













A female entrepreneur has launched a pioneering new enterprise award at CCHSG. Amber Atherton, perhaps best known for "Made in Chelsea", founded her online jewellery business while still at school. Having relocated to Silicon Valley with her next software venture, Zyper (recently acquired by tech giant Discord) Amber is now hoping to inspire the next generation of female entrepreneurs in the UK. The Atherton Award offers a cash prize of £100 and mentoring to support the development of a new student-led enterprise.

Miss Atherton said: "I founded my first company at 16 in the computer room of my all-girls school. Now almost 13 years later, I'd like to encourage all students to be brave, ambitious and curious. The spirit of enterprise is hugely important to me and the country. If we are to achieve the UN's goal of gender equality we need more young women in business."

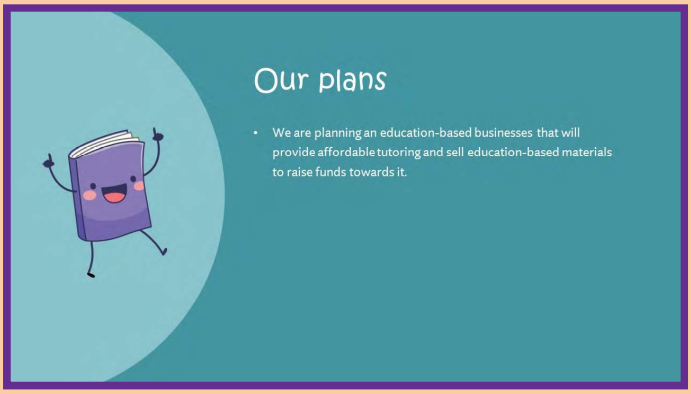
CCHSG students from Years 7-9 were provided with the opportunity to independently develop an idea for a social enterprise business project and enter a 'Dragon's Den' style competition. The projects proposed by the groups chosen as finalists included: gifts made from recycled products, a soup kitchen to support the homeless, a charitable digital marketing company, a Youtube channel and app to promote positive mindset specifically for teenagers and a tutor service to support students in reconnecting after Covid 19.

Winning team "Ecofriends Company", with CCHSG students Morenike Okubanjo, Iman Nofall and Sisi Chi, plan to launch an app which promotes active student engagement in local eco projects and clean-ups.

The competition was judged by Ashleigh Seymour-Rutherford, Chief Executive of Colbea, a local not-for-profit enterprise and business support agency, Karen Turnbull, Economic Officer from Colchester Borough Council and CCHSG Governor Andy Bird. The judges commented that "It was a great pleasure to meet such a group of impressive and inspiring young women."

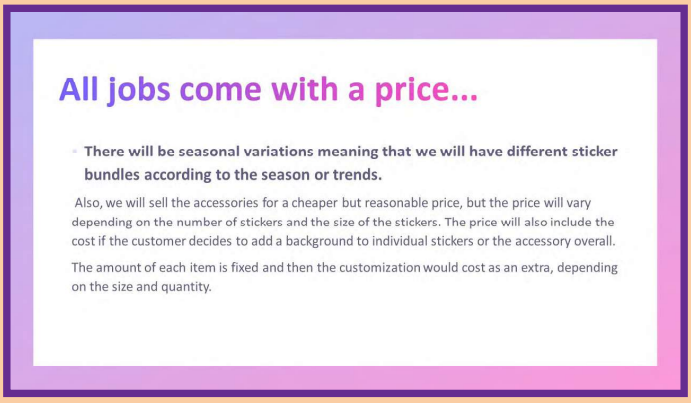
Mrs Marshall said: "We would like to thank the visiting judges, our Economics Department and Amber Atherton for supporting this exciting award. CCHSG has been educating aspirational young women for over 100 years and as our motto says we are both proud and privileged to be "Developing the leaders of tomorrow". Creative and innovative opportunities like this competition provide students with an excellent forum to develop the skills which will equip them for future success."











First place: Ecofriends Company - Year 8 students Morenike Okubanjo, Iman Nofall and Sisi Chi: a company encouraging students to set up online communities to clean up their local environment.

Second place: Love 2 Learn - Year 9 students Ranita Ariyibi, Cecelia Taiwo and Anjola Agunbiade: a tutor service to support students in reconnecting and the educational gap caused by Covid 19.

Third place: Hope - Year 7 students Esther Godwin, Saanvi Srivastava, Prisha Brijwani and Lauren Wong: a Soup Kitchen to support the homeless.

Judges Award: Team Green – Grace Ajani, Joshika Rangineni and Abigail Gooday: recycled gift ideas, highly commended for best presentation.

Judges Award: KALM - Aarya Kolpyakwar, Arishaa Aravinthan, Scarlett Liu and Rahkelle Mbouala. Highly commended for best concept, for an app to support positive mindset.



First place: Ecofriends Company



Judges Award: Team Green



Judges Award: KALM

PTFA Quiz & Curry Night







The PTFA Quiz and Curry Night was a great success, enjoyed by staff, students and parents. The restaurant quality food was prepared by Mrs Agness O'Brien and the PTFA team and the quiz master was the brilliant Mr Julian Roper who is a CCHSG parent. In addition to the excellent social event, almost £1,000 was raised. Congratulations to the team of teachers 'Geeky Blinders' headed by Mr Snow that won the trophy this time. Huge thanks to the PTFA team and to Mr Julian Roper.



PTFA Year 7 Welcome Party

The PTFA is very grateful to the parents, staff and the Sixth Form student volunteers who helped to make the Year 7 Welcome Party such a huge success.

It was a lovely social occasion and thoroughly enjoyed by all. It was great to see so many students and parents attending and the food was amazing. The brilliant disco for the students was provided by DJ Mr Michael Staines. Thanks also to the Year 7 tutors and Miss Seager for their support.







PTFA Fundraising

We are delighted that the PTFA fundraising activities, supported by the school community, have enabled the purchase of a significant number of additional resources for student use. In just the past 2 years, responding to requests from the school's Senior Leadership Team, the PTFA have funded the purchase of:

- microphones for use in school productions
- document visualisers for use in all departments across the school
- benches for the school grounds
- books to support the 'Reading Challenge' scheme in the Library/English Department
- £5,000 towards PE equipment for the new Sports Hall
- keyboards for the Music Department
- anatomical models and exhibition boards for the Art Department

Most recently, the PTFA have been able to donate £16,000 towards the purchase of a new school minibus, which is due to be in use from September.



Additional benches, picnic tables and patio furniture encourage students to make more use of the school grounds.





Students in the Music Department now have access to new electronic keyboards.



Visualisers allow paper documents and students' work to be projected on the whiteboard for discussion by the whole group or viewed remotely during online teaching.

Raise FREE donations for CCHSG PTFA via Easyfundraising & AmazonSmile

CCHSG PTFA is registered with easyfundraising and AmazonSmile so you can help us raise funds simply by doing your everyday online shopping! We've already raised over £5,200 with 194 supporters since April 2016. Every time you shop, we receive a small donation to say 'thank you!'

It's completely free to join. Use the link below or scan the QR-code.



AmazonSmile is a way for customers to support their favourite charity every time they shop with Amazon. Amazon will donate a portion of the price of eligible purchases to the charity of your choice.

amazonsmile
You shop. Amazon gives.

Signing up is easy - here's how!

1. Visit smile.amazon.com
2. Sign in with your Amazon.com credentials
3. Select Colchester County High School for Girls PTFA as your charitable organisation to receive donations & start shopping!
5. Add a bookmark for smile.amazon.com to make it even easier to return and start your shopping at AmazonSmile

https://www.easyfundraising.org.uk/causes/colchestercountygirlspta/

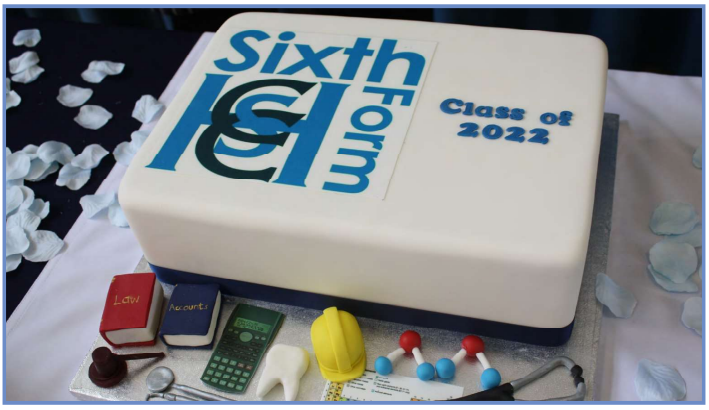
Year 13 Leavers' Dress Up Day

Year 13 departed for study leave in style with the return of our traditional "dress-up day". Mrs Marshall, Mrs Hughes, subject teachers and tutors gathered to wish them all the very best in the upcoming exam weeks.

There was a particular thank you to Mr Gosling and his catering team, who provided a delicious buffet lunch, and students also enjoyed a Sixth Form themed chocolate cake, presented by Mrs Agness O'Brien, with best wishes from the PTFA. Students thanked Mrs Tarrier and their tutors and presented them with gifts.

Huge thanks to Mrs Hughes and Mrs Tarrier for organising the event, and to Diti Gupta for producing the Year Book.




























CHEERS
CHEERS
CHEERS





Year 13 Leavers' Assembly

The Year 13 Leaver's Assembly provided an opportunity for Mrs Marshall and the Senior Team to thank all Year 13 for the brilliant contribution they have made to the school, and to wish them well for the future. Members of the Head Student Team shared memories of their time in school and thanked everyone for the enormous sense of community and support that they have enjoyed. Two annual awards were also presented:

The Catherine Bullen Foundation Award



This is awarded to a student going into the healthcare profession. The science department decided that Vivien Wong should receive this in recognition for all her work with Medsoc. She lead several suturing sessions for Medsoc and then extended this to Vetsoc, using her own equipment and had students of all years suturing bananas! She has helped run Medsoc all year, organising sessions, always with enthusiasm This is in addition to her volunteering outside school as a patient advocate for COVID vaccinations and working with St John's ambulance. Dr Martin presented the award on behalf of Mr and Mrs Bullen who are currently in Namibia. Vivien progresses on to study Medicine.



The Old Girls'/Alumnae Association Award

The OGA annually recognises a student nominated by the school who has demonstrated qualities of merit outside their academic studies by presenting them with an award. Poppy Sudgen was chosen to be this year's recipient in acknowledgement of her many contributions to the school community, such as her frequent starring roles in the annual school productions, her role in the organisation of Form Prefects; her active participation in the Head Student Team and her role, via Student Voice, in anti-bullying week. Poppy was also commended for her unwavering positivity in supporting those around her. We were delighted that Mrs Liz White was able to present the award on behalf of the OGA.

The OGA produce a bi-annual newsletter and arrange various social events for members to attend throughout the year, including coffee mornings, lunches and garden parties.



For further Information about the OGA/Alumnae Association see: Facebook @CchsAlumnae
CCHS_OGA@yahoo.com
Website: https://cchsoga5.wixsite.com
CCHSG alumni also have page on LinkedIn at "CCHSG Connect".

Catherine Bullen Foundation

The Catherine Bullen Foundation Appeal for Cakes!



Catherine Bullen was a student at CCHSG who went on to study medicine, but tragically dies, while on her elective in Namibia. The Catherine Bullen Foundation was set up by her parents, Roger and Linda Bullen and it supports education and health projects in rural Namibia. As a school we frequently fundraise for the charity, run from West Mersea. Details of their work can be found at : https://www.namibia-aid.org.uk/





The foundation has a homemade cake stall at the West Mersea Jubilee Street Fair on 3 June and they are appealing for donations of cakes - any contributions would be welcome! You can contact the Bullens to arrange collection or drop-off . Alternatively go along to Mersea and buy some of their cakes on 3 June. Their fundraising has been severely hit due to the pandemic and this normally raises close to £1000. If you are to help/bake please email the Bullens: rogerbullen409@btinternet.com



STEM - Visiting Speakers

Robotic Surgery at the forefront of surgical innovation



On Wednesday 4 May, MedSoc had the pleasure of receiving a presentation from Mr Vasudevan, a local colorectal surgeon, on his experience in robotic surgery using the da Vinci system. Beginning with the history of surgery, he took us on a fascinating journey through medicine over time, describing how the chaotic early stages of surgery conducted without the administration of anaesthesia has evolved into the sophisticated era of modern-day medicine where now even robotic surgery is made possible!

In the field of robotic surgery, Mr Vasudevan makes headlines as one of the few surgeons in the UK to be an expert in the use of the da Vinci surgical system. The da Vinci surgical system is a cutting-edge instrument designed to perform minimally invasive surgery. Seated at the console, the surgeon is able to remotely manipulate this robot with access to a clear 3D view of the operating field and controls to manoeuvre the four robotic arms of the machine. With this state-of-the-art technology, Mr Vasudevan has successfully completed various surgeries including the removal of a stomach cancer. The members of MedSoc were fascinated to see a video from the BBC TV series 'Your Body Uncovered' of Mr Vasudevan removing a foot of the patient's colon using the da Vinci system and were left amazed at Mr Vasudevan's skilful manipulation of the system and the robot's ability to manage the intricacies of surgery with such precision. The programme can be viewed on iplayer in the series "Your body uncovered" with Kate Garraway, episode 6.

Having over 20 years of surgical experience performing laparoscopies as well as robotic surgery, Mr Vasudevan provided MedSoc with an insightful comparison of traditional surgical methods and modern robotic surgical methods. He described the increasing preference for robotic surgery compared to open surgery due to the benefits it brings to the patient and surgeon such as the reduced recovery period for the patient and improved ergonomics for surgeons. We are very grateful to Mr Vasudevan for his informative presentation. The members of MedSoc were able to appreciate the significance of the da Vinci system and how robotic surgery is pioneering the world of medicine, paving the way for potential surgical advancements in the future. **Jaysri Govindarajan**

VetSoc Speaker

VetSoc had the pleasure of inviting Chris Hobson, from the Royal Veterinary College (RVC), London, to give a talk on the veterinary medicine course at the RVC. He came to share his experience of what it takes to become a vet and focus on why RVC is a good place for this and the specifics of their course. Chris gave an entertaining and interesting presentation that was well attended by all Year Groups. Chris explained the particulars of each module and how the course is structured and what is achieved throughout each year. It was an insightful presentation and we were fortunate to be able to ask so many questions that ranged from how lectures and teaching had changed since the pandemic, to his advice on the type of work experience required to support veterinary applications. We are very grateful that he took the time to come and visit us and share his professional expertise.



Erin Barbrook & Lotti Talbot

Anatomical Dissection





Throughout May, Year 12 biologists have had the option to dissect preserved rats after school as an enrichment opportunity. This allowed us to gain insight into human anatomy due to the similarity between rats and humans, that being we are both mammals and endotherms.

We began by making an incision into the abdomen and removing the skin, muscle and layer of fat that maintains insulation, we then removed the liver and spleen. This revealed the kidneys, once an incision was made we were able to see the cortex, medulla and renal pelvis in detail. Once the intestines were unravelled, they measured over a metre long - human intestines measure around 8 metres! After all the internal organs were removed, we were able to see the spinal cord and the nerves. We then moved onto the thorax and were able to see the multiple lobes of the lungs, and once we cut open the heart, the atria of the heart. The empty thorax cavity showed the symmetry of the ribs and intercostal muscles, which was pretty amazing! We had the exciting opportunity to remove the brain, which was a difficult and delicate task. Once the brain had been removed and cut in half we were able to see the corpus callosum, the thalamus and the cerebral cortex. Overall, we enjoyed studying a mammal's anatomy and improving our dissection and identification skills. **Louisa Wood & Allyson Yong**

Language, Culture & Diversity Week



Language, Culture and Diversity Week

28 March – 1 April 2022

Join the MFL Department to celebrate some of the different languages and cultures of our CCHSG Community.

Form Time	Assembly on Teams, The Big MFL Quiz, Short Film on Diversity
MFL lessons	Cross-Curricular activities with Maths, English, History, Art and Music Depts. Games, quizzes, songs, dance etc…
Canteen	Italian, Chinese, German, Indian and French specialities on the menu!
Activities At Lunchtime	
French	Monday: Making Paper Fish, 'poisson d'avril '; Traditional pastries, G22
South Asian Society	Monday: Garba/Dandiya workshop, Hall
Japanese	Tuesday: Origami, the Art of Paper Folding, G7
German	Tuesday: Making Schultüte, 'school cone'; Traditional pastries, G22
Spanish	Tuesday: Singing No se habla de Bruno' ; Making Papier-mâché figurines, Art Block
Chinese	Wednesday: Chinese Calligraphy, T10
Korean	Thursday: Live Music singing *Fake Love* and *Tamed-Dashed*, Hall
Tamil	A Bharatnatyam (Indian Classical Dance) performance acompanied by Carnatic Music, Hall
Italian	Decorating masks inspired by the Venice Carnival, T11

In 2002, the UN General Assembly declared May 21 to be the World Day for Cultural Diversity for Dialogue and Development.

According to UNESCO, three-quarters of the world's major conflicts have a cultural dimension. Bridging the gap between cultures is urgent and necessary for peace, stability and development.

Young people who learn about diversity and cultural awareness have better social skills, increased confidence and are often more accepting of people who are different from themselves.

At CCHSG we are proud to have students speaking over 30 languages such as Bengali, Punjabi, Yoruba, Tamil, Hindi, Cantonese, Urdu, Telugu, Afrikaans, Malayalam, Igbo, Akan, Farsi, Ashanti, Polish, Gujrati, Russian, Uzbek, Swedish, Spanish, Hungarian, Dutch, Italian, Greek, Turkish, Kurdish, Mauritian Creole, Burmese, Vietnamese, Hong Kong Chinese, Mandarin, Korean, Japanese, and Chichewa. In order to celebrate this linguistic and cultural diversity, we have launched several clubs this year to promote some of the languages.

CANTEEN

Check the Canteen Menu this week and enjoy some delicious traditional food!

Day	Menu
Italian Monday	Spaghetti Bolognese, Sweetcorn Mediterranean Pasta, Salad Tiramisu
Chinese Tuesday	Sticky Chinese Chicken with Rice Vegetarian stir fry, Salad Salad Toffee & Banana Pudding, Custard
German Wednesday	Breaded Pork Schnitzel with Chips Vegetarian Pasta Apple Strudel
Indian Thursday	Chicken Tikka Massala with Rice, Sweet Potato Dhal, Salad Indian Rice Pudding
French Friday	Cod in Tomato Sauce with New Potatoes and Vegetables Ratatouille with Cheesy Bread Tarte Tatin









FRENCH CLUB

Run by our French Assistant, Laura Bouteiller on Monday lunchtime in T13. So far, we have looked at:

- French cuisine, Celebrities
- The education system, Music & Cinema
- Festivals and celebrations (Halloween, Noël, Épiphanie, Mardi Gras, Saint-Valentin, la Chandeleur and the Carnaval de Nice)
- French Values and Politics (Freedom of expression, the presidential elections, secularism)
- Women's International Day, Expressions and idioms,
- Differences between French and English culture.



JAPANESE CLUB

Run by Elsbeth,Yr 12, on Tuesday lunchtime in G7. So far we have looked at

- The Alphabet (writing names)
- Common greetings and phrases
- Life at High Schools
- Music and Folklore
- Animated films
- Origami (Paper butterflies and cranes)



SPECIAL ACTIVITY THIS TUESDAY IN G7

This Tuesday we will be making origami paper cranes and butterfly decorations so please come along!





MORE TO COME

- Time and months
- Seasons
- Ilango Adigal's Arangetram excerpt from the *Silapathikaram*, one of the Five Great Epics of Tamil literature.
- Popular Sports









Korean pop music was a huge hit with the audience









MP Will Quince Visits CCHSG

CCHSG was delighted to host local MP Will Quince this month. Mr Quince is MP for Colchester and he was also appointed as a Parliamentary Under Secretary of State at the Department for Education last September. He has a particular interest in special educational needs, disadvantaged and vulnerable children, school food including free school meals and children and young people's mental health.



Mrs Marshall was pleased to have the opportunity to show Mr Quince a number of new school facilities such as the swimming pool and sports hall. He was particularly impressed with the new library.







Mr Quince led an assembly for Year 9, answering questions from students on the theme of leadership and representing the views of others. He also met with Student Voice and was interviewed by members of "The Kilt" team on topics as varied as tackling homelessness, how he maintains work/life balance and what the government is doing to improve mental health and wellbeing support for young people.

We are very grateful to Mr Quince for providing such an interesting and valuable insight into the role of a political leader.

Art Workshop with Primary Teaching Colleagues

A Level Art students, working with Mrs Saunders, were delighted to be able to share some of their ideas and techniques in a workshop for primary teaching colleagues.

The focus was on ideas for techniques which younger students could master and which would not require significant specialist facilities or equipment. Students demonstrated photo stencil, fabric printing and screen printing techniques.



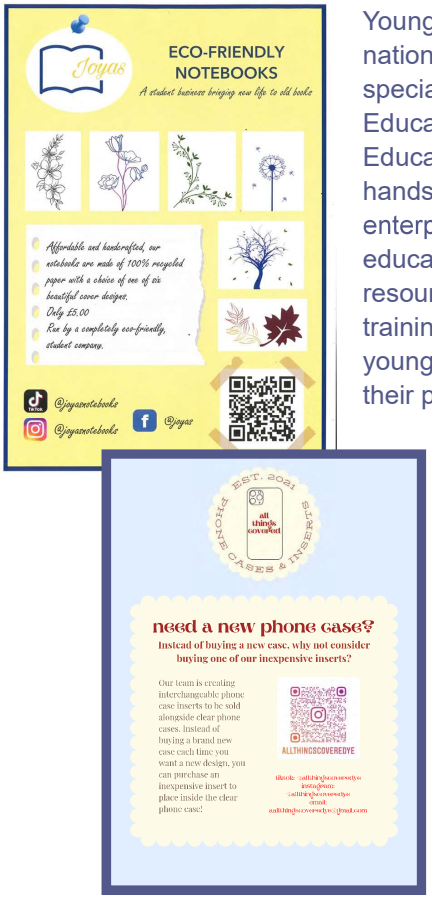








Young Enterprise Regional Final



Young Enterprise is a national charity who specialise in Enterprise Education and Financial Education. Through their hands-on employability, enterprise and financial education programmes, resources and teacher training, they aim to help young people realise their potential beyond education and empower a generation to learn, to work, and to live. CCHSG has two Young Enterprise companies operating this year.

The Enterprise and Economics department are delighted to announce that 'All Thing Covered' were runners up and "Joyas" won the best teamwork award in the Regional Finals.

"All Things Covered" designed eco-friendly phone insert case designs and have secured orders from a wedding events business. They also recently sold their products at the Chelmsford trade fair. The students (Edith Bresgall, Tina Chan, Alice Dempsey, Maisy Ekins- Malcolm, Amelia Green, Erin Handley, Elsbeth Mclauchlen, Ruby Morris, Olivia Secker, Milly Tambelyn, Isabelle Townsend) performed really well at the Regional Young Enterprise final in their interview and presentation.

"Joyas" another CCHSG team were highly commended for best teamwork and customer service at the events held this year. The team (Amber Clare, Lucy Cottis, Sanjivani Dash, Hanna Davidson, Ruby Hassler, Evangeline Innasi, Molly Jones, Leah levett, Alex Oakden, Katelyn Parfitt, Grace Puckey, Megan Rees, Ananya Upadhyay, Tazeen Zaidi) created a recycled eco-friendly note book from scrap paper from various sources and sold out of their notebooks at a recent trade fair.

Olga Latypova - Chess Success

Olga Latypova in Year 8, may only be 13, but she's already leaving titled chess players in her wake. She was interviewed by Lorin D'Costa, leader of the "She Plays To Win" (SPTW). This UK Girls Chess Project which aims to encourage more girls to participate and learn chess in a fun environment. One of the many aims of SPTW is to nurture, encourage and develop our top female talent here in the UK over the coming years. October 2021 saw Olga perform excellently at the British Championships in Hull, where she defeated FM Laurence Webb with the black pieces.

Did you enjoy playing in the British Championship in Hull?

"Playing in the British was a great experience for me as I had never really played people at the GM level before, and I had to compete for a period of about a week continuously with high-ranked players. In tournaments with weaker players, I usually begin to relax and show worse results, while the British kept my guard up. Also, it was an amazing opportunity to experience firsthand the level of these players and develop my game learning from these."

Were you happy to score 3/6?

"I think I did the best that I could. My performance surprised me a lot. I sometimes got lucky in the British: for example, with the openings that were played against me. In the game with FM Lawrence Webb I hadn't prepared a line, but luckily, he chose one that I had analysed quite deeply before."





23...♘xd5!

I give back the knight, opening the line for the queen. If 24 ♘xd5 ♕xb2+ 25 ♔d1 ♖xe6 is possible, chasing the white queen away from the protection of the king.

24 ♕xd5? ♕xb2+ 25 ♔d1 ♗b7

There is no good way to save the bishop on g2.

26 ♕xb7 ♖xd7 27 f5 ♖b8 28 ♗e4 ♖d8 29 ♘d5 c3 30 ♗c1 ♕xa2 0-1

Year 11 Celebration Tea

Year 11 have been working incredibly hard in the last few weeks of school and we wish them every success in the exams. Staff joined the Year Group for a celebratory tea to pass on their good wishes. Thanks to Mr Gosling and his team for the lovely catering, and to Mrs Daniels and Mrs Ward for organising the celebration and putting together the commemorative Year Book.

The photo slide show of the Class of 2022 during their time at CCHSG caused much hilarity - particularly the Year 7 photographs.

We all wish Year 11 every success in the examinations and look forward to seeing them at the Celebration Evening at Stoke by Nayland Golf Club on 6 July.















Careers Education - Work Experience

Work experience is a great opportunity to learn about a job or an area of work. Students use skills that they might not even know they have and develop new skills that will help them work better with other people now and in the future.

Many students are unsure which career pathway they will chose. Here are some examples of how different subjects can help with different jobs:

- English – newspapers, magazines, publishing, writing, libraries, teaching
- Maths – accountancy, banking, engineering, computer programming, finance
- Geography – green charities, local borough town planning, environmental sciences
- Science – vets, pharmacies, zoos, laboratory work, hospitals, teaching

If students are unable to think of an area of work where they want to find a placement, or to decide which subject they like best, answering the following questions might help:

- What am I good at?
- What are my interests and hobbies?
- What jobs have I seen other people do that I think look interesting?

Alternatively, students could just go for something different, or for a job that they know little about. Work experience is all about giving an insight into the world of work. It doesn't have to be in a career that you would choose in the future. Students can also talk to family, friends, teachers and careers adviser for some ideas.

Work experience is also now possible virtually. Speakers for Schools offer virtual placements for 14-19 year olds, more information can be found on their website which can be accessed at https://www.speakersforschools.org/experience-2/vwex/

We encourage all students to undertake work experience and if they would like help and advice regarding how to find and apply for placements they should speak to their Form Tutor.





Work Experience: Alana Coyle in Y12

My work experience was with the bank HSBC, and it was for one week during the summer of 2021. I found out about this possibility through the school's Weekly Bulletin and completed a three-stage application process. I firstly submitted my details and CV through a forum, then completed a psychometric analysis quiz which they sent me, and finally attended a telephone interview with a member of the HSBC team. The experience was meant to happen in London, but ended up being done over Zoom due to Covid-19. I attended several sessions where the world of banking was explained, as well as seminars on personal branding and finance, before completing a mock interview which I received feedback on. The experience was really beneficial in terms of pushing me towards a decision on my career plan and developing my understanding of the world of business. HSBC runs the programme every year and I'd really recommend applying if you're interested in business or finance!

What is Virtual Work Experience?

Virtual Work Experience (VWEX) is an online work experience placement offered by an employer to give students and young people the opportunity to experience the world of work remotely without having to travel to the employer's office or base.

- **Experience the world of work first-hand**
- **Gain an insight into different roles across a wide range of industries**
- **Find out about the various career paths available**
- **Build on your skills and improve your self-confidence**
- **Get evidence of extra-curricular activities for your personal statement or CV**
- **Meet senior professionals from leading UK organisations**
- **Expand your network to include potential employers**

https://www.speakersforschools.org/experience-2/vwex/

News from the PE Department

Lee Valley Outdoor Schools Cup

The athletics season is well and truly up and running with both our U14 and U16 teams have started the season in spectacular fashion! We kicked off the season at the Lee Valley Outdoor Schools Cup where, out of over 20 schools, both CCHSG teams placed third.

On behalf of the PE department and everyone at CCHSG, a big well done to our U14 team: Lyla Belshaw, Lily Tyler, Tilly Hewitt, Jadesola Fawehinmi, Debbie Ajayi, Janet Oshoja, Lily Krajewska, Naomi Sandercock, and Dabe Okoli. As well as our U16 team: Tami Barimoh, Amy Cheah, Zofia Krajewska, Ayenoya Alegeh, Daisy Rea, Amy Milburn, Carys Sergeant, Georgia Denham and Anna Prince. We also had two school records broken, as well as a new Lee Valley track record set! Well done in particular to Lyla who ran the 1500m in 04:46:14, and Tilly who threw Shot Put 10.32m.



Colchester Athletics Success

At the Colchester Schools Athletics Competition on 12 May, 30 students were taken to the Garrison to represent CCHSG, competing against all schools in Colchester (16 in total!). This competition has been cancelled the past two years due to the pandemic, so it was great to finally see our students compete and to have the meet back in action. CCHSG ended up winning all age categories (Year 7, Year 8/9 and Year 10/11), winning a whopping 13 gold medals, 12 silver medals, and 3 bronzes.

Well done to all students who competed – a strong start to the season!

A special mention to the students who won their event:

Georgia Banyard (Year 7) – 100m and Javelin
Grace Cooper (Year 7) – Shot Put
Isobel Hinde (Year 7) – High Jump
Jadesola Fawehinmi (Year 8) – 100m and Shot Put
Tilly Hewitt (Year 8) – Discus
Beatrice Sivyer (Year 9) – 1500m
Amelie Taylor (Year 9) – 200m
Gabby Goldsmith (Year 9) – Long Jump
Zofia Krajewska (Year 10) – 200m
Amy Cheah (Year 10) – Long Jump
Ayenoya Alegeh (Year 10) – Shot Put



Colchester District 7 A-side Football



Over the course of two consecutive nights in April our Year 7s participated in the annual Colchester District 7 a side Football Competition.

The team consisted of Georgia Banyard, Ella Hudson, Emily Tien, Isobel Madison, Rosie Candler, Calli Boyles, Ruhani Sandhu and Portia Fortes Mayer. Despite the girls having never played together before, the team gelled as soon as the first ball was kicked.

Through some excellent teamwork and many superb individual performances, the team was able to win the majority of their games, meaning they were crowned as overall champions. This is the first time one of our teams has won the tournament, so the team should be exceptionally proud of making CCHSG history. Here's to retaining the title next year, when we will no doubt be even stronger!

RSC Top of the Bench Competition – National Winners!

Huge congratulations go to Tanya Parackal and Rayna Lahiri (Year 9), Isabelle Wallace (Year 10) and Isadora Drew (Year 11) for winning the national final of the Royal Society of Chemistry Top of the Bench Competition. Through 4 different rounds, the team have worked together and displayed their outstanding chemistry knowledge. Round 1 in November involved online test questions in school, where the team were placed within the top 9 of 35 Essex schools. A zoom round then led them to the final of the Essex Chemistry Mastermind at KEGS in December where the team found themselves head-to-head with CRGS.

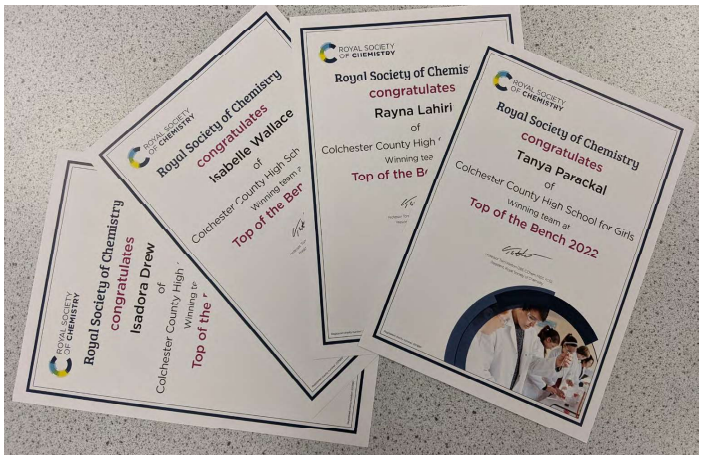
As winners of the Essex section, the national final in Loughborough was next. Due to rising Covid cases this was moved carried out remotely and following a stressful wait for the delivery of the competition kit, the team completed further paper based individual tests as well as a team practical analytical task. This year's theme was "sustainability" and a total of 112 students from 28 schools took part representing Local Sections from the UK and Belgium. A nail biting 4 days later while results sheets were marked, and the girls were declared the winners of the national final.

Colin Ward, Honorary Treasure of the RSC Essex Section said 'Our winners of last year's Chemistry Mastermind competition, Colchester County High School for Girls, proved themselves worthy winners as they have successfully gone on to win the RSC's Top of the Bench competition. This is the first time a school from Essex has won the TOTB competition for several years now.'

As our 21-22 Team retire, we wish them all the best in their future scientific endeavours and we will be looking to recruit our Top of the Bench 2022-23 team in the Autumn Team. Finally, many thanks go to Miss Neacsu for lunchtime training sessions and Miss Barrett for transportation. Without their support this would not have been possible.
Dr van Mierlo



Winners of the RSC Essex Chemistry Mastermind



PTFA

PTFA CONTACTS:

Chair: Agness O'Brien
cchsgptfa@gmail.com
Registered Charity No. 110464

Summer & Autumn Term Dates for Your Diary

PTFA Meeting:

Monday 13 June 2022, 19.30-2100 at CCHSG Cafeteria

Summer Term Nearly New Uniform and Books Sale:

Thursday 7 July 2022
16.00-17.00 – current Years 7-10
17.00-20.00 – new Year 7 students (September 2022 intake) only

Please continue to support us with donations of uniform and revision books from 11 Plus, SATs, GCSE & A-level. Please ask students to deposit items in the wheelie bins outside the reception.

Annual PTFA Christmas Market:

Saturday 26 November 2022, 12.00-15.00
Invitation to stallholders
Bookings are now open for stalls at this very popular annual event, open to the school community and general public.

Cost: Single stall £25, Double stalls £40.
For further details and a copy of the booking form please email cchsgptfa@gmail.com

Everest Base Camp Challenge fundraiser by CCHSG Parent – over £1,700 raised in sponsorship!

We are delighted to announce that Mr Gowrishankar Jegadeeswaran, parent of a Year 8 student from CCHSG, has completed the huge challenge of trekking to Everest Base Camp in the Himalayas in Nepal. We congratulate Mr Gowrishankar on completing the challenge and thank him for choosing to raise funds in support of CCHSG PTFA. Many thanks also to all the generous donors.



Beresfords Estate Agent's Advertising Boards to Promote the PTFA Christmas Market

CCHSG PTFA is very grateful to Beresfords Estate Agents who have once again agreed to promote our Christmas Market, which will be held on Saturday 26 November. We will be back in touch with all those parents, grandparents and friends who previously registered their addresses, to confirm that they are happy to host a board again this year. If you own a property in Colchester or Chelmsford which is in a prominent location with public access or visibility and would like to volunteer your address, please let us know. Family and friends can also volunteer. Contact: Agness O'Brien on Classlist or email cchsgptfa@gmail.com



